



October 2023

# MESSENGER

## Good Fencing Makes Good Neighbors

See page 12



### INSIDE THIS MONTH'S MESSENGER

L5P Halloween  
Parade  
**PAGE 8**

Bylaw Committee  
wants your input!  
**PAGE 4**

Mary Lin PTA  
Boosterthon  
**PAGE 14**

Paideia5K  
**PAGE 17**



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# Calling All Animal Lovers!

## Tell Our County Commissioners to Do the Right Thing

By Dawn Aura

*If you care about cats and dogs in Dekalb County, please write to our two commissioners(emails below) to show your support for the proposed new and/or expanded Dekalb Animal Services Facility, and urge them to expedite the needed funding. I just learned that Fulton County is getting a new facility for their massive overload of dogs, so it is time to focus on our Dekalb facility. Both are run by Lifeline Animal Project. Here is a revised version of the letter I sent.*



Elise Golla with her FOUR foster kittens.



Ethan Golla and his foster kitten, "Black Panther".

Thank you so much for passing the resolution to provide more humane housing for the increasing number of dogs and cats coming into Dekalb County Animal Services. I've been involved in pet rescue for 30 years in Dekalb County, getting every animal I could find spayed and neutered at Lifeline. It is a losing battle as each dog or cat can have a couple dozen young ones a year. Lifeline has been trying to be "no-kill" for obvious humane reasons, and so got very overloaded, and has now begun euthanizing dogs.

Part of the problem is that there is almost no affordable housing in Dekalb, full stop. Second is that some landlords/management are gouging folks with a \$300-\$700 non-refundable pet deposit, per pet. Then there's the \$30 monthly pet rent, and the fact that vets are so expensive. Many people have no choice but to surrender their animals. Another big issue is that too many folks don't understand the suffering that an overpopulation of cats and dogs creates, so they do not spay and neuter. This deserves an intensive sustained educational campaign. For those who understand the need, spaying and neutering should be easy, tax subsidized and very easily available. These expenditures would not only prevent a lot of suffering and many needless deaths but would actually save the County the cost of having to house, care for, treat, and put down these innocent friends.

And so I watch, each one a knife in my heart, as Lifeline has started to put down perfectly adoptable dogs because of lack of space. They are at double capacity. There are 40 dogs living in kennels made for cats and others in crates in the halls for days and weeks. I could say a lot more but I won't take your time. Please give whatever funding is needed for a new facility -- but not one of stacked cages -- as soon as you possibly can. The folks at Lifeline work tirelessly, including many volunteers like me, and it pains us all mightily to see man's and woman's best friends suffer and die needlessly. Thank you so much for doing the right thing so far, but please make this resolution come to fruition right away. We don't need a repeat of the years it took to get the Chamblee facility. If you need motivation, go see for yourself what is going on there. They are drowning in dogs and releasing perfectly tame kitties into feral colonies because of insufficient funding for everything needed to help our cats and dogs. Lives are at stake. email Ted Terry: ted@dekalbcountyga.gov and Larry Johnson: larryjohnson@dekalbcountyga.gov



**CONTACT US TODAY**  
**770-623-6220**  
**info@frontporchatlanta.com**

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The mission of the Candler Park Neighborhood Organization is to promote the common good and general welfare in the neighborhood known as Candler Park in the city of Atlanta.

## BOARD of DIRECTORS

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Find a complete list of CPNO committee chairs, representatives and other contacts at [www.candlerpark.org](http://www.candlerpark.org).

## MEETINGS

CPNO Members Meetings are held every third Monday via Zoom.

All CPNO meetings are open to the public. Only registered members are eligible to vote at monthly Members Meetings. Membership applications must be received by Membership Officer by the first day of the month of meeting.

Committee meetings typically take place at The Neighborhood Church, 1561 McLendon Ave., unless otherwise announced. Check online calendar or with committee chair for changes.

Find specific meeting information on page 4 and up-to-date meeting and event information at [www.candlerpark.org](http://www.candlerpark.org).

## MEMBERSHIP

CPNO membership is free to Candler Park residents, property owners and businesses. Membership must be renewed annually.

Sign up at [www.candlerpark.org](http://www.candlerpark.org) or mail name, address, and email to

**CPNO Membership**  
**PO Box 5418, Atlanta, GA 31107**

## DATES TO REMEMBER

### OCTOBER

- 01** Fall Fest!
- 16** CPNO Membership Meeting, 7-9 pm, Zoom and in-person at First Existentialist Church
- 18** Deadline to submit content for November Messenger!
- 24** Yoga in Candler Park with Lee Lindsey. <https://candlerpark.org/sunsetyoga>

### NOVEMBER

- 05** Adult Kickball Tournament, Candler Park v. Lake Claire
- 09** Little Five Points Llama Pub Crawl
- 18** Deadline to submit content for December Messenger!
- 20** CPNO Membership Meeting, 7-9 pm, Zoom and in-person at First Existentialist Church



Please check CPNO's Upcoming Events list at [candlerpark.org](https://candlerpark.org) and watch for membership email notices for location and cancellation information. All CPNO meetings are open to the public.

## CPNO Bylaw Revision Committee Preliminary Report

Last July the CPNO Board established a special committee to consider bylaws revisions. The committee met earlier this month and decided, as a first step, to ask members to respond to a survey. The link for this survey is <https://candlerpark.org/bylaws-survey> and was sent to all members. If you have not yet filled out your survey, we urge you to respond. The better the response, the more confidence we can have in the results.

An historical note. Our current bylaws were last revised in 2015. They were a revision on an earlier set of bylaws revised in 2007. We don't have copies of any earlier bylaws. If anyone does, maybe in a box in the attic, please let us know. It would be nice to fill in the historical record.

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## THE MESSENGER

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The Messenger is the monthly newsletter of the Candler Park Neighborhood Organization. Articles reflect the opinions of authors, and not necessarily those of CPNO, the CPNO Board of Directors, the Messenger or the editor.

Articles must be signed and submitted via email to [editor@candlerpark.org](mailto:editor@candlerpark.org) by the 18th of the month prior to publication.

If you have a news tip or story idea, please email relevant information including contacts to [editor@candlerpark.org](mailto:editor@candlerpark.org) or call the editor.

If you live in CP or own a business in CP, and aren't receiving the Messenger by mail, be sure to notify us! Send your name and address to [editor@candlerpark.org](mailto:editor@candlerpark.org). Place the words "Messenger Delivery" in the subject line.

## CP ONLINE

For the most up-to-date information on Candler Park events and news, check us out on the Web at [candlerpark.org](http://candlerpark.org).

## JOIN CPNO TO GET EMAIL BLASTS

To receive informative email blasts, sign up online to become a CPNO member. We don't spam!

## MESSAGES &amp; CRIME ON NEXTDOOR



Join the Candler Park group at [candlerpark.nextdoor.com](http://candlerpark.nextdoor.com) to keep up on crime reports and other messages.

## LIKE US ON FACEBOOK



You'll get the latest news and will be able to interact with 500 of your neighbors at [facebook.com/CandlerPark](https://facebook.com/CandlerPark).

## FOLLOW US ON INSTAGRAM



See what we're sharing at [Instagram.com/candler\\_park/](https://Instagram.com/candler_park/)

# THANK YOU

## Welcome and Thanks!

By Roger Bakeman, [membership@candlerpark.org](mailto:membership@candlerpark.org)

### CPNO welcomes new members:

- Stacy McClendon and Baron Chandler
- Dillon Thompson
- Gary Yates
- welcome back JoAnna Sigl
- welcome back Jennifer and Allen Welty-Green
- ... and 10 others who wished to remain anonymous.

### CPNO thanks members for their donation:

- Elliott Albers
- Jennifer and Allen Welty-Green
- ... and 2 others who wished to remain anonymous.

# Historic Designation Community Meeting #1 - Q&A

By the Historic Designation Committee

The Historic Designation Committee hosted the first of 4 meetings on Thursday September 7, at First Existentialist Church and on Zoom. The meeting covered some general Historic District education topics, a brief overview of Candler Park's development, and explanations of what our zoning regulations currently cover. Below is synopsis of questions and answers that came up during the meeting. *A long version of this Q&A is posted on [HistoricCandlerPark.org/updates](https://HistoricCandlerPark.org/updates).*

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## HISTORIC DISTRICTS and PROCESS

**Q What is the relationship between a National Register Historic District and a Local Historic District?**

**A** Candler Park is listed as a National Register Historic District. Listing on the National Register is a primarily recognition/documentation of the historic value of a place and offers no protection on its own. Protection for historic properties through regulations comes at the local (city) level through the designation of local Historic Districts. Local Historic Districts are both documentary and regulatory, used as planning tools to preserve the historic identity of a place.

**Q If the building is technically old, but looks modern from the street would it be Contributing or Non-Contributing?**

**A** A house that has been significantly altered so that it does not to appear as it would have historically, would be considered Non-Contributing.

**Q When is the earliest to expect a vote on a potential district?**

**A** May 2024 is the earliest.

**Q If historic district regulations supersede the current/underlying zoning, how does that work? For an extreme example, what if we adopted "no setbacks"?**

**A** Assuming that were possible and desirable, then the underlying zoning regulation for R-4 of "35 foot front yard setbacks" would be essentially overwritten and all new construction would have to have a "zero-foot setback." This example would apply only to new construction as existing buildings that do not conform to a regulation, whether Contributing or Non-Contributing, do not have to be altered to suit the regulations. The neighborhood

will need to work with City Historic Preservation and Office of Design staff on what is possible and allowed according to building and fire codes.

**Q If 1/4 to 1/2 of a Contributing structure burns down, do you have to keep it?**

**A** In the City of Atlanta if more than 50% of the value of your home is lost, you can rebuild the whole house.

**Q What is the actual goal of establishing a historic district? Is the whole thing to maintain an aesthetic identity for the neighborhood?**

**A** Based on the Community Survey put out in the spring of 2022, we saw many neighbors said that the historic character of the neighborhood is a quality that they'd like to see retained. This is both aesthetic and architectural. Another concern that caused the group to be formed initially was that outside developers are able to demolish homes and max out new construction with no consideration of the neighborhood. The group was interested in how we can make new development fit our neighborhood better and also how we could prevent houses from being so easily demolished.

**Q What can we do to ensure that homes are changing with the times? For example, the modern need for more electric outlets.**

**A** One of the newer approaches to becoming a historic district will limit the size of the area that even needs to be regulated. Historic districts can directly address water reclamation, solar power, etc. As a reminder, interior alterations are not subject to regulations or review.

---

## (MOSTLY) ZONING DISCUSSION

**Q I know that in many places, planning departments are actually getting rid of single-family zoning. Does the city have the power to get rid of single family and duplex zoning? Does an overlay allow them to make a change? What power does the city have, versus what power the neighborhood has?**

**A** The city has the authority to change zoning, legally, however only the neighborhood can change historic district regulations. Politically, the city and city council members will usually respond

to what a neighborhood wants when it comes to zoning changes. Additionally, a historic district overlay means that items not covered by the overlay would change as zoning changes are made. For example, if the rules we adopt don't address lot coverage, usage, density, this would default to the zoning regulations.

**Q It seems like what the City decides will have more of an impact if we go with an overlay approach. Who decides what is R-4 and R-5?**

**A** The current zoning map was established probably in 1982. Rezoning requests for individual lots go through the neighborhood for a vote. The city also has a Comprehensive Development Plan (CDP) and that plan has a land use map that works in tandem with the zoning map. You can't rezone a piece of property to something that the land use map does not allow.

**Q I want to challenge the idea that a historic district could help increase density. Won't we run into situations where a 1,200 square foot house couldn't be demolished?**

**A** Yes, but a 1,200 square foot house can be added to, ADUs can be added to the lot, etc. The intent is to address size and scale a bit more.

**Q What are your thoughts about affordable density? My issue with the giant duplexes is they knocked down a \$450,000 house and put up two million-dollar houses. As we move forward is not only density, but affordability in your thoughts?**

**A** It is hard to buy a property, tear it down, and provide something new that is as affordable as the house that was torn down. Adding an ADU or adding onto an existing house for a greater number of units is usually a much more cost-effective way to add density. The larger apartment complexes provide naturally occurring affordability within the neighborhood. If those large properties could be redeveloped they would not be nearly as affordable. We will discuss density and affordability in more detail in future meetings.

**Q Are garages that face the street allowed under current zoning?**



**A** Front-facing garages are allowed as long as they are set back 10 feet from the front facade.

**Q** If you had a contributing structure and you wanted to make alterations to it, is there some consideration like the appeals process?

**A** If you get a decision on your application that you don't like, you can appeal that decision to the Urban Design Commission (UDC).

**Q** When in the process are we getting together to discuss what we want density to look like?

**A** There is a question on the survey today about density, but we are planning to get more into that in our discussion of overall district regulation in the 4th meeting (November 9).

## IF YOU DID NOT GET TO ATTEND THE MEETING

If you weren't able to attend, please visit [HistoricCandlerPark.org](http://HistoricCandlerPark.org)

For meeting materials (video, transcript, slides) and a short Companion Survey that is designed to get you thinking about where you live and what is on a lot.

# Historic Designation COMMUNITY MEETINGS

Upcoming "deep dive" Community Meetings will focus on essential topics covered by the draft regulations for a *potential* Candler Park Historic District. **MEETING #1 was RESCHEDULED.**  
**JOIN US!**

**Thursday, September 7, 7 pm**

1. How it works: Zoning and Historic District Rules

**Thursday, October 5, 7 pm**

2. What Does it Mean for Me? Residential Options I  
(Lots, Massing and Scale)

**Thursday, October 19, 7 pm**

3. What Does it Mean for Me? Residential Options II  
(Design and Details)

**Date tbd**

4. Districtwide Options (Density, Parking, etc)

In-Person:

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<< Via Zoom:

Scan to Register (once for all meetings) and receive a confirmation email with information for joining the meetings.

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# Prepare for a Weekend of Halloween Magic at the 2023-D Little 5 Points Halloween Festival and Parade

## *Presented by the Little 5 Points Business Association*

It's that time of the year again when Atlanta's most eccentric neighborhood, Little 5 Points, transforms into a Halloween TerrorTown! The highly anticipated 2023-D Little 5 Points Halloween Festival and Parade returns on October 21 and 22, 2023, from noon to 8ish, promising two days of spine-tingling thrills and fun.

### 3D HAUNTED HOUSE

**SAT AND SUN NOON TO DARK**

The spine-chilling centerpiece of this year's celebration emerges as the bewitching 3D Haunted House, hosted at the L5P Community Center, 1083 Austin Ave, NE, designed by none other than Shane Morton's Silver Scream FX Lab. Get ready to step into a world of terror and wonder, where 3D effects bring horror to life like never before.

### SKATE RAMP, LIVE MUSIC, GAMES

**SAT AND SUN NOON TO DARK:**

But the L5P Community Center has even more to offer! Live music will keep the atmosphere electric, and thrill-seekers can test their skills at the skate ramp. It's the perfect spot to soak in the festival's lively energy. Bands will be at the Star Bar, the Little 5 Points Community Center and Findley and Davis Plazas. Bands performing: Los Gargoyles, the Pierres, Psychic Death, Downgrade, Mongo, Catfight, El Capitan, Saddam Death Cave, Josie, Nadia Vaeh, Divi.jpg, W8ing4ufo's and more!

### ARTISTS, FOOD VENDORS

**SAT AND SUN NOON TO 6PM:**

Art enthusiasts will be enchanted by the artistic treasures scattered throughout Little 5 Points. From handcrafted halloween paintings to captivating taxidermy, our talented art vendors have something for every taste. Amidst the moonlit shadows and eerie fog, the sinister food trucks at the Halloween festival beckon with their tantalizing yet macabre offerings, each dish a sinister delight awaiting unsuspecting taste buds

### MONSTER STICKER HUNT

**SAT NOON TO 6PM:**

But wait, there's more! On Saturday, visitors of all ages are invited to participate in the Monster Sticker Hunt. Receive a reusable sticker book and embark on a hunt to collect monster stickers from participating stores all over L5P. It's a fun and engaging activity for everyone..



### SPOOKY MOVIE

**SATURDAY AT 7PM AT FINDLEY PLAZA**

As night descends, prepare for an eerie cinematic experience with W8ingforUFO's performance at 7 pm, accompanying the silent movie "Hexen." This unique fusion of live music and classic horror promises to send shivers down your spine.

### L5P GHOST TOURS

**WEEKENDS SEPT 29 TO NOV 5:**

For those who crave more spine-tingling experiences, our L5P Ghost Tours begin in the last week of September and continue through the beginning of November. This year, we're introducing a "Booooozy Ghost Pub Crawl" on Thursdays, where you can enjoy haunted tales with a drink in hand.

### HALLOWEEN PHOTO WALK

**THROUGHOUT THE ENTIRE MONTH OF OCTOBER,**

Don't miss our Self-Guided Halloween Photo Walk. Local photographers' captivating images will be enlarged and displayed in L5P store windows, creating a unique and immersive visual experience for all.

### L5P HALLOWEEN PARADE

**SUN 2PM:**

But the excitement doesn't end there! The grand finale is the L5P Parade, taking place on Sunday at 2 pm. This thrilling procession is the focal point of the entire weekend, building up to a crescendo of excitement and Halloween magic. Be prepared for breathtaking floats, dazzling costumes, and a spectacle you'll never forget.

The 2023D Little 5 Points Halloween Festival and Parade is a cherished tradition that brings the community together to celebrate the spirit of Halloween. With new and exciting additions this year, it promises to be the most memorable yet.

For more information, including a detailed schedule of events, parking details, and COVID-19 safety measures, please visit our website at [www.L5PHalloween.com](http://www.L5PHalloween.com).

### About Little 5 Points Halloween Festival and Parade:

The Little 5 Points Halloween Festival and Parade, presented by the L5P Business Association, is an annual event that celebrates the spirit of Halloween in Atlanta's vibrant and eclectic Little 5 Points neighborhood. With a rich history of creative expression and community involvement, the festival has become a cherished tradition for locals and visitors alike.

**Press Contact: Kelly Stocks**



LITTLE 5 POINTS BUSINESS ASSOCIATION PRESENTS:

# 2023D L5P HALLOWEEN FESTIVAL & PARADE OCT 21 & 22

Sat only

MONSTER STICKER HUNT  
MOVIE W/BAND AT DARK

Sun only  
2PM PARADE

Both Days  
3D HAUNTED HOUSE  
BANDS, ART, FOOD  
SKATE RAMP

All Month L5P GHOST TOURS  
HALLOWEEN PHOTO WALK

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ALIGN  
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# Supporting Liver Function

*By Gail Turner-Cooper, Candler Park  
Resident and Founder, Align Health*

Liver health is an important aspect of your overall well-being. The liver is the ultimate hard-working multi-tasking organ providing a wide variety of functions for your system. Going back to ancient times, the liver was one of the primary organs needed to be treated for sick patients. Because the liver is assigned so many tasks, it is easy for it to get out of proper function. Luckily, the liver is a resilient organ and even when severely damaged it can regenerate fully when given the correct support.

## Liver Functions

The liver is the main organ in detoxification, recognizing toxic substances and converting them into harmless material that can then be flushed out of the body. The liver is always communicating with other organs, especially the digestive tract. The liver filters the blood from the digestive tract, helps metabolize proteins, breaks down excess hormones, stores vitamins and minerals, manages the conversion of fats from your diet, and manufactures cholesterol, and more and more and more.

Ensuring this vital organ can perform all these tasks is critical to your health.

## Symptoms of Liver Function

The first signs of a damaged liver usually include abdominal pain, digestive issues, and loss of appetite. As damage increases, symptoms such as edema, fatigue, skin changes, weakness, and cognitive decline increase. All these issues can be signs of liver disease which can have a variety of causes and solutions that will be discussed below. The good thing is when you improve your liver function, your energy increases, your skin clears, your immune system improves, your mood improves, less pain, and you have fewer digestive issues.

## Liver Damage Causes

Many of the common causes of liver damage are related to your lifestyle choices, including excess alcohol consumption, antibiotic use, high stress, hormonal imbalance, and exposure to toxins in your food and cosmetics. These causes can be mitigated and avoided by changing some habits and recognizing the importance of maintaining a healthy liver.

## Improve Your Liver Function Naturally

First, if you have liver issues limiting alcohol is critical. Alcohol is processed in the liver, so a single night of heavy drinking is a major load on your liver. Some medications are also hard

on your liver, so if you take medications and worry about your liver ask your doctor about alternatives.

Second, your diet has a drastic impact on your liver function. The liver performs many functions in the process of getting nutrients from food and waste out of the body. Eating real, whole foods is the biggest step to allowing your liver to do what it does best. Leafy greens and cruciferous vegetables (broccoli, kale, cabbage, and others) are two types of food that can boost your liver health. Garlic, artichokes, citrus, and beets have been shown to also be healing for the liver. Avoid heavily processed foods laden with sugar, refined vegetable oils, and artificial ingredients. Your liver has a hard time filtering and removing chemicals that do not naturally occur.

Last, there are supplements that can help your liver metabolize chemicals and help allow the liver to regenerate. These can include milk thistle, dandelion root, and others. Before you add these, consult a health professional to get an understanding of why your liver is suboptimal and make a plan to improve your health. Understanding the root cause of your liver condition is the first step in beginning the healing process.



# Little Candler

# Fall Fling

**November 4  
from 3-6:00 pm.**

There will be music including the Midtown Cluster Elementary Choruses, games, vendors, prizes, and most of all.. art!

Gilded Angel  
The Studio at Candler  
Studio A  
Candler Park Flowers  
Sean's Candler Park  
Marie Marie Salon  
Bibliothech  
Youngblood



**CANDLER PARK vs. LAKE CLAIRE  
ADULT KICKBALL GAME**

**SUNDAY, NOVEMBER 5  
2:00 @ IVERSON PARK**

**\$5 PER PERSON  
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**CP WEARS BLUE** **LC WEARS RED**

**CANDLER PARK  
PUB CRAWL**

**WHO:**  
Candler Park & Lake Claire neighbors.

**WHAT:**  
Neighborhood Pub Crawl.  
3 bars. 1 hour @ each bar.  
Llamas, Games, Neighbors.

**WHEN:**  
Thurs. November 9 at 7:30pm sharp.

**WHERE:**  
Start at Hudson Grill, then Brewhouse,  
then Euclid Avenue Yacht Club.

**WHY:**  
Fundraising/Friendraising for CPNO

**TICKETS:**  
Tickets are \$10 each for  
the first 50 tickets and  
\$15/ticket after. Ticket  
gets you a llama viewing,  
hang time with your  
neighbors, and drink  
specials at the bar.

**GET TICKETS AT:**  
[candlerpark.org/pubcrawl](http://candlerpark.org/pubcrawl)

**SPONSORED BY:**

# En Garde, on Candler Street

By John Fleming

In the land of football, baseball and basketball, the sport of fencing gets ... a little lost in the shuffle.

While we root for America's familiar big three as if they're blood sport, this one truly has bloodletting in its past (think of the Romans at their worst). Swordplay has been around for millennia, but fencing entered the modern scene as one of the nine original sports in the 1896 Olympic Games.

Since then, it's grown in popularity — with the most interest in Europe, but also steady growth in the United States. Much of this is courtesy of The Fencing Authority, a website touted as a beginner's guide to the sport.

Obscure to Candler Park, you say? Well, not so fast. Right here in the middle of the neighborhood is a certified fencing coach with decades of experience. Meet Bill Murphy.

Coach Murphy began his fencing career at Georgia State University in 1982. In 1994 he received his Basic Foil Instructor certificate from Mt. Alex Beguinet at the U.S. Fencing Association Coaches College.

As an armorer, Bill served as the Sports Equipment Manager for the 1996 Atlanta Olympic Games fencing competition management team. At the 2000 Sydney Olympic Games, he served as a weapon control coordinator for the fencing competition management team.

In 1994, at the request of the Atlanta Paralympic Organizing Committee, Bill started the first wheelchair fencing program in America at Atlanta's Shepherd Center. Over the decades, he has attended numerous regional, national and international fencing tournaments in a technical role.

Bill is passionate about the sport of fencing, and in his retirement, he enjoys giving private fencing lessons and sharing his knowledge of the sport with members of the Atlanta International Fencing Foundation.

CPNO caught up with him recently to get a better idea of what this sport is all about.

**CPNO: Pret, Bill?**

*Bill Murphy: Allez!*

**CPNO: Can you give us some background on fencing, what its origins were and how widespread it is today?**

*Bill: The first known manual on the sport of fencing was written in the 1470s in Europe. Fencing was developed to train men in the skill of swordsmanship so that they could become proficient in dueling and sword fighting. The sport first arrived in America around 1800, starting out in New Orleans.*

Photo credit Christina Hodgen.



**CPNO: How did you get involved?**

*Bill: In 1982 I took a fencing class through the Recreation Department at Georgia State University. I was never any good with any of the ball sports, and I knew right away that I had found the sport that I wanted to participate in. I joined the Atlanta Fencers' Club in 1983 and began taking private lessons with Maestro Gene Gettler. At that time Gene was one of the very few fencing masters in the south.*

**CPNO: Tell us about your career.**

*Bill: From 1983 to 1988 I regularly competed in fencing tournaments around the southeast. After I stopped competing regularly I pursued a new role within the sport, the role of armorer — repairing and assuring the safety of the equipment used in fencing. In this capacity, I had the privilege of working at the 1996 and 2000 Olympic Games fencing events, as well as two Paralympics and a number of other international events. But, I missed the bladework aspect of the sport, which led me to coaching.*

**CPNO: The work you have done at the Shepherd Center sounds extraordinary. Can you elaborate?**

*Bill: Really it was a matter of being at the right place at the right time. I was chairman of the Georgia Division of the U.S. Fencing Association when I was contacted by the 1996 Atlanta Paralympic Organizing Committee asking me to organize a wheelchair fencing program at Atlanta's Shepherd Center. Wheelchair fencing was practiced in Europe and other parts of the world, but there were no wheelchair fencing programs in the United States.*

*So, together with Polish Maestro Leszek Stawicki, who later became the U.S. National Wheelchair Fencing Coach, I developed the 1996 U.S. Paralympic Wheelchair Fencing Team. Wheelchair fencing (now*

*called Para-fencing) is now a popular Paralympic sport in America. To say this was the experience of a lifetime is an understatement.*

**CPNO: And now you help teach young people about fencing. Tell us more about how you're spending your retirement.**

*Bill: After the Atlanta Fencer's Club closed, there was virtually no recreational fencing inside I-285, but the Atlanta Fencers Club Foundation created a new opportunity for young people to participate in what is the world's oldest modern sport. While I have mostly taught fencing to adults, I am now working with kids, too. I'm really enjoying it, and I think the kids are enjoying it too.*

**CPNO: The Atlanta Fencers Club Foundation has a goal of making fencing accessible no matter income, race, gender or age. How did you get involved?**

*Bill: The driving force behind fencing in Atlanta is Gene Gettler. Gene purchased the Atlanta Fencers' Club in 1977 and built a solid program that had both recreational and competitive fencing opportunities.*

Several years before the Atlanta Fencers' Club closed, Gene took an interest in a child by the name of Biaya Tia, who had taken up fencing. Gene taught Biaya how to fence and worked with him continuously to improve. Biaya became a dedicated fencer and it was his mother, Llandu, who did all of the work necessary to keep the Atlanta Fencers' Club going under a new name with an expanded mission, the Atlanta Fencers' Club Foundation. I became involved with this new organization because I believe in the mission of the organization and there are some wonderful people involved.





# ATLANTA International Fencing Foundation

Tuesdays and Thursdays 6:30-8:30 PM

## Fencing at the Little Five Points Community Center



Ages 5 and up



Register today!

[atlfencersfoundation.org](http://atlfencersfoundation.org)

For more information:  
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[info@atlfencersfoundation.org](mailto:info@atlfencersfoundation.org)  
Phone: (678) 561-5364



1083 Austin Ave.  
Atlanta, GA 30307

Phone: (404) 522-2926



## Maple-Roasted Carrot Salad

Submitted by **Kerry Hanson**

Fall is finally here, hooray! It's time to celebrate cooler temps and all the new vegetable varieties hitting our tables. In honor of the season, this Autumn inspired salad is a must try! And don't forget to save this recipe for the holidays. It would make a gorgeous addition to your Thanksgiving table!

### INGREDIENTS

- 2 pounds carrots, preferably with tops
- extra virgin olive oil
- Kosher salt and freshly ground black pepper
- ¼ cup pure Grade A maple syrup
- ⅔ cup dried cranberries
- ⅔ cup freshly squeezed orange juice (about 2 oranges)
- 3 tablespoons sherry wine vinegar
- 2 garlic cloves, grated on a Microplane or finely minced
- 6 ounces baby arugula
- 6 ounces goat cheese, or substitute feta if you prefer
- ⅔ cup roasted, salted Marcona almonds

### INSTRUCTIONS

Preheat the oven to 425 degrees. Scrub the carrots and trim off the tops. If the carrots are more than 1 inch in diameter, cut them in half lengthwise. Cut the carrots in large diagonal slices 1 inch wide x 2 inches long (they will shrink when they roast) and place in a medium bowl with ¼ cup of olive oil, 1 teaspoon salt, and ½ teaspoon pepper. Toss well and transfer to two sheet pans. (If you use just one, they'll steam instead of roasting.) Roast for 20 minutes, tossing once, until the carrots are tender. Transfer all the carrots to one of the sheet pans, add the maple syrup, toss, and roast for 10 to 15 minutes, until the edges are caramelized. Watch them carefully! When finished toss again and set aside for 10 minutes. Meanwhile, combine the cranberries and orange juice in a small saucepan, bring to a simmer, then set aside for 10 minutes. In a small bowl, combine the vinegar, garlic, and ½ teaspoon salt. Whisk in 3 tablespoons of olive oil. Place the arugula in a large bowl and add the carrots, cranberries (with their liquid), goat cheese, almonds, and the vinaigrette. Toss together, sprinkle with salt, and serve at room temperature.

## Mary Lin PTA holds Boosterthon

By *Shari Golla*

On Wednesday, September 13, Mary Lin students descended upon Candler Park for the 2nd annual PTA Boosterthon. The kids had a great time and met the PTA's goal of over \$35,000 raised.



*Local parents (and Mary Lin Education Foundation Board Members) cheered on their kids.*



*Mary Lin principal Sharyn Briscoe waves to spectators.*



*2nd graders having fun*



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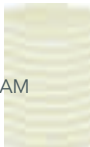
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Professional dance instruction is included with your admission fee of \$10, and your first dance is free. **We meet on the first Sunday afternoon of every month at 2:30 at The Existentialist Church, 470 Candler Park Drive, Atlanta GA 30307.**

More info is at [waltzplay.org](http://waltzplay.org).

## COMMUNITY CALENDAR LISTING: *FIDDLER'S GREEN*

Fiddler's Green Coffeehouse presents a full concert by Sparky and Rhonda Rucker Saturday, October 21, 7:00 pm, at First Existentialist Congregation of Atlanta, 470 Candler Park Dr. NE. Sparky and Rhonda Rucker perform throughout the U.S. as well as overseas, singing songs and telling stories from the American folk tradition. They are internationally recognized as leading musicians, authors, and storytellers. They accompany themselves with fingerstyle picking and bottleneck blues guitar, blues harmonica, old-time banjo, piano, spoons, and bones. The Ruckers are sure to deliver an uplifting presentation of toe-tapping music spiced with humor, history, and tall tales. They have performed at the Kennedy Center in Washington D.C. and the Smithsonian Folklife Festival as well as NPR's All Things Considered, Prairie Home Companion, Mountain Stage, and Morning Edition. Their recording "Treasures & Tears" was nominated for a W.C. Handy Award, and their music is also included on the Grammy-nominated anthology "Singing Through the Hard Times." Presented by Atlanta Area Friends of Folk Music (AAFFM). Minimum Admission: \$10 general, \$8 AAFFM and 1st E. Cong. members; additional contributions appreciated. Cash or check at door. Masks are encouraged. More information: [www.aaffm.org](http://www.aaffm.org) (go to AAFFM Events) or 404-444-2334.



(AAFFM is a non-profit organization.)



Sparky & Rhonda RuckerDuo  
Photo by Pam Zappardino

## Candler Park Congregation to Hold Banned Books Celebration

**What: A Celebration of Banned Books**

**Where: First Existentialist Congregation of Atlanta at 470 Candler Park Dr NE, Atlanta, GA 30307**

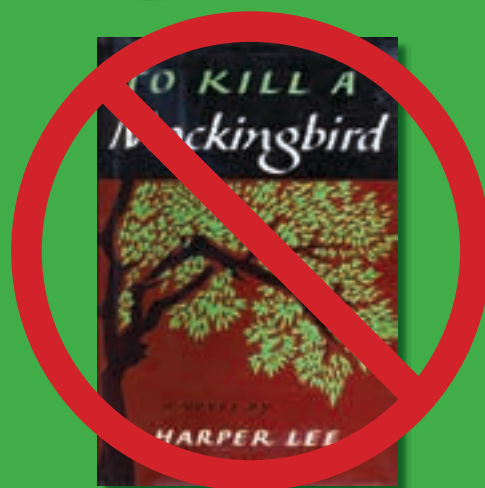
**When: Saturday, October 7th from 2 - 4 pm Eastern Time**

**Details: Free Event, Open to Public**

Join The First Existentialist Congregation of Atlanta to celebrate banned books during National Banned Books Week. Performers will read books aloud and play music that has been censored. To participate in a banned books exchange, bring a banned book to trade. Light refreshments will be served.

The First Existentialist Congregation of Atlanta is a spiritual community philosophically based on existentialist and feminist principles, dedicated to human liberation and protection of the natural world. We make our spiritual home in The Old Stone Church, which was hand-built by the African American Antioch East Baptist Church 100 years ago.

### FREE TO READ PARTY!



**An Event to Celebrate Banned Books!**

Readings! Book Swap!

Live Music & Refreshments!

**Saturday, October 7 • 2 – 4:00 PM**

First Existentialist Congregation  
470 Candler Park Dr., Atlanta 30307



# Paideia Slither 5K

By Mike Emery, CMAA

On Saturday, November 11, the Paideia Slither 5K will once again take place through the Candler Park neighborhood. The race will begin at 8:00 am and will conclude by 9:30 am.

Our 5K course will start/finish at the school and the course will follow along the streets south of the school. Please see the attached course map for affected streets. All affected streets will be temporarily blocked to allow runners to safely pass then quickly reopened to allow for traffic. We will have 11 APD officers around the course to direct traffic around the participants. Parent, faculty and student volunteers will be on the course as well. Cones will also be placed along the route to ensure runner safety.

We hope you will join us for a fun morning of running/walking through our beautiful neighborhood. We encourage our neighbors to register for the race using the link below.

<https://raceroster.com/events/2023/77261/the-paideia-slither-5k>



## Volunteers:

2 - Intersection of Oakdale and Fairview Rd. to direct outbound runners turn right on Oakdale and inbound runners to turn left on Fairview.

2 - Intersection of Oakdale and S Ponce to direct outbound runners to turn left on S Ponce/ inbound runners to go straight to finish line.

2 - Corner of Fairview and Springdale to direct outbound runners turn right on Fairview, inbound runners turn right on Springdale.

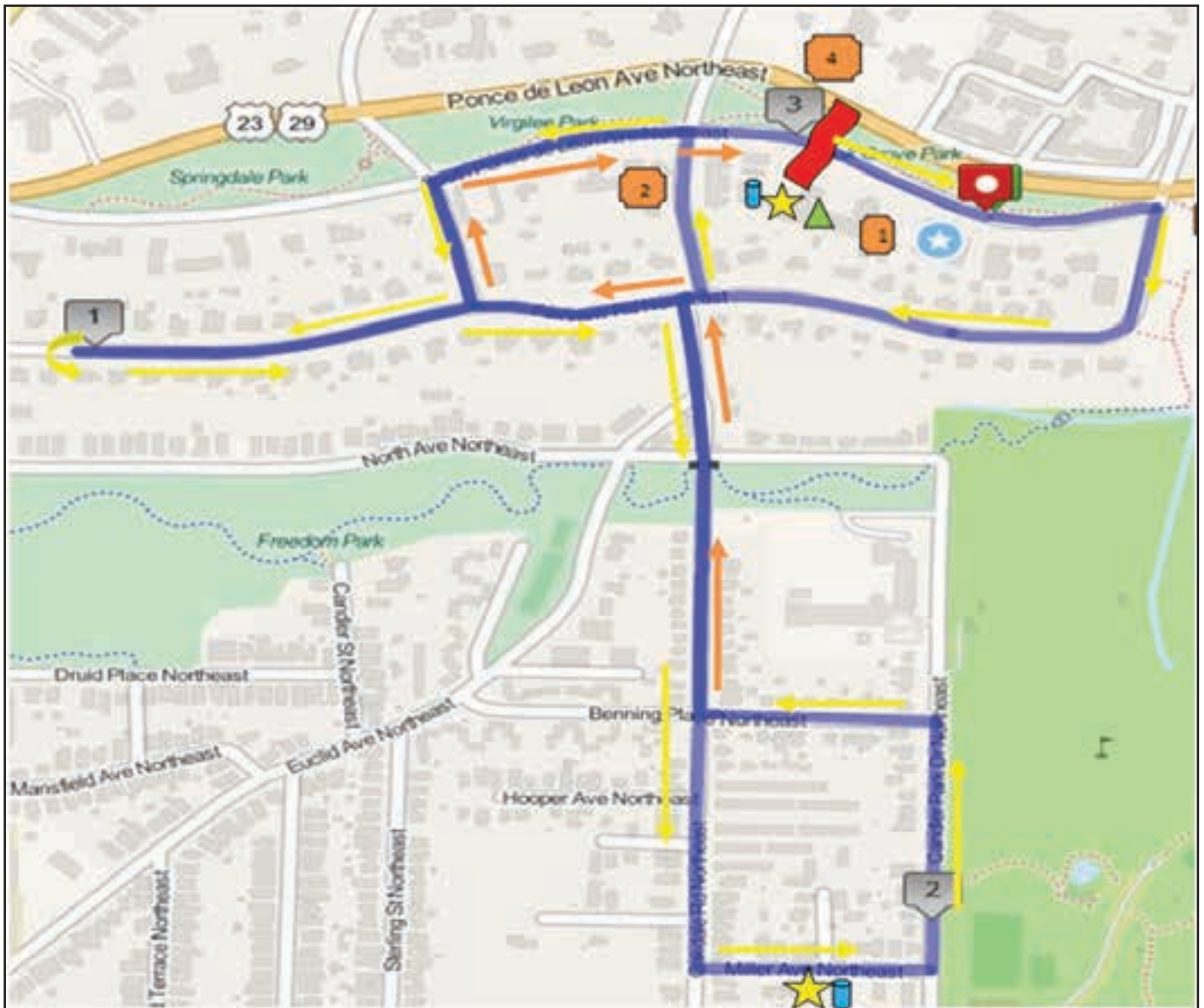
1 - 1220 Fairview to direct runners to turn around and stay right of the cones.

1 - Intersection of Fairview and Oakdale to turn outbound runners right onto Oakdale

1 - Intersection of Oakdale and Benning to direct inbound runners right off Benning onto Oakdale

Outbound - Yellow Arrows

Inbound - Orange Arrows





## Did you know that leaks through small cracks around your windows and doors are responsible for 30-40% of the heat that leaks out of your house?



Grab your hammer and join the show! In Atlanta, 404.872.0750 or 1.800.972.8255. Saturday mornings from 9:00 a.m. until 12:00 p.m., Dave Baker is WSB's resident household repair and home improvement expert! He provides a multitude of tips and advice on planning, building and fixing up around the house. Follow Dave on his Facebook page: [Facebook.com/thehomefixitpage](https://www.facebook.com/thehomefixitpage)

**It's time to give your house that once over for cracks and areas where the cooler air will seep in and more importantly, your heat will leak out.**

**Begin outside by looking at places where two different building materials meet and around every opening in your siding i.e. around water spigots, dryer vents, and places where telephone and TV cables enter the house.**

**Fill all openings and cracks with caulk or expanding insulating foam.**

### Once inside your home, look at the following:

- Check around electrical outlets. You can get inexpensive foam gaskets to seal every outlet. Make sure your pull down attic stairs are sealed as well.
- Measure the temperature in different parts of the house. Differences of a couple of degrees or more indicate that the room is poorly sealed or that air movement inside the house is poor. If some rooms are cooler than others, your favorite HVAC company can help you zone your house properly to even out the air flow.
- It's time to weather strip windows, doors, and garage doors. It's simple and inexpensive.
- Get your caulk gun back out and seal between baseboards and floors. Remove the base molding and fill in the gap between baseboards and floor. This will not only stop air leaks, but will help seal out insects as well.

One last thing to check – if you have windows in unused parts of the house, think about sealing them for the window with a shrink wrap. Once installed, shrink wrap is virtually invisible and easy to remove.

The best part of all of this work is that when it gets warm out again, all of these steps will help keep your cool air in (and insects out).





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# September 18, 2023 CPNO Members Meeting – Draft Minutes (Hybrid)

The meeting was called to order at 7:00 pm by Christina Hodgen, President. The agenda was adopted by unanimous consent. The August Minutes were approved by unanimous consent.

## Guest Speakers:

Sgt. Johnson, Zone 6, reported the crime statistics for past month. There was a request that the report include neighborhoods that surround Candler Park (Inman Park, Lake Claire, Little Five Points).

Kerry Dobson announced the house decorating contest to be judged by the children. Trees for Tuition will provide the monetary prizes for the winners.

Fall Fest events include Fall Ball September 23rd, Tour of Homes September 24th, and Fall Fest September 30th.

Golf Course Safety- Amir Farouki, Councilman, informed of the incident regarding a golf ball hitting someone who was using the pool. He will try to have netting placed to protect swimmers.

Bylaws Revision Committee- Roger Bakeman announced that a survey will be placed in The Messenger and sent to CPNO membership.

## Treasurer’s Report- Amy Wheeler, Treasurer

After all funds that have already been earmarked for the usual monthly output there will be adequate funds available for The Mulberry Fields(The Wylde Center) request for \$25,000 over the next two years based on FallFest income. The motion to support “the Mulberry Fields’ Capital Improvement project as follows: \$5,000 in initial funding, 30% of 2023 Fall Fest profits, up to \$10,000, by the end of calendar year 2023 and 30% of 2024 Fall Fest profits, up to \$10,000, by the end of calendar year 2024” passed. Infrastructure Committee Update- Naoya Wada, Chair

Naoya explained the three phase approach to projects: Stop Signs for Oakdale Road; Crosswalk Art for Candler Park Drive; Crosswalk Art for the intersection near Candler Park Market.

## Historic Designation Committee- Emily Taff,Chair

The Committee will be launching a survey for Candler Park residents. The following dates remain for meeting-Oct. 5, Oct. 19, and Nov. 9.

The motion to reaffirm the NPU N bylaws passed.

The meeting was adjourned at 8:05 pm.

Submitted by Bonnie Palter, Secretary

September 18, 2023

# CPNO Officer and Committee Report for September 18, 2023

## Membership- Roger Bakeman

Currently CPNO has 799 members. We already exceed last year’s 780 and chances are we’ll soon be over 800.

## Historic Designation Committee- Emily Taff

The Historic Designation Committee met Wednesday, August 23 via zoom.

Committee thoroughly reviewed the presentation for the August 24 Community Meeting with Aaron Fortner. Discussed revisions, questions for a companion survey, materials needed for meetings and publicity about the meetings.

The committee is working on raising matching funds from individuals in order to make sure we can fund this conversation.

Update: the August 24 Community Meeting was cancelled due to a family emergency, and Community Meeting dates have been shifted. The 1st Community Meeting was held on Sept 7, both in-person at First E and via Zoom, approximately 50 people attended across both platforms. Upcoming meetings will be on Thursdays at 7pm as well: Oct 5, Oct 19, and Nov 9.

## External Affairs- DJ Roedger

V-23-100 - variance request to reduce the southern side yard setback from 7’ to 3’ for the construction of an accessory structure for the single family home located at 451 Page Avenue NE. - NPU-N voted to support.

## Safety -Larry Compton

Great news - only 2 significant events occurred in Candler Park this reporting period

OCTOBER CRIME REPORT, CANDLER PARK				
Date	Day	Time	Location	Description
Stolen Vehicle	8/29/2023	Monday	0251	400 Block Candler Park Drive
Stolen Vehicle	8/30/2023	Tuesday	0848	400 Block Oakdale Road NE
<b>SIGNIFICANT ACTIVITY ROLLUP (11)</b> STOLEN VEHICLE – 2			<b>SAFETY OFFICER ASSESSMENT</b> <ul style="list-style-type: none"><li>This is a very good report with only two noteworthy incidents.</li><li>Consider a wheel lock for vulnerable vehicles</li></ul>	



## CPNO Membership Application

All who live in Candler Park, or own property or a business in Candler Park, are eligible to join. Mail this application or visit our website to join or renew [candlerpark.org](http://candlerpark.org)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Date: \_\_\_\_\_

### Business applicants

Name of business: \_\_\_\_\_

Address of business: \_\_\_\_\_

Name of designated agent: \_\_\_\_\_

Agent's Email: \_\_\_\_\_ Date: \_\_\_\_\_

### Optional contributions

Membership in CPNO is free, but we welcome optional contributions. To contribute, please visit our website [candlerpark.org/donate-to-cpno](http://candlerpark.org/donate-to-cpno) or mail a check with this application. Typical contributions range from \$10 to \$100.

**If sending by mail, please address to:**  
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## Water Heaters

Serv'all Plumbing-Water Heaters	770-917-1852
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## Window Replacement

Davis Window & Door	770-279-0905
EntryPoint Doors & Windows	770-904-0094
North Georgia Replacement Windows, Inc.	770-888-1604
Visionaire Windows	404-543-9306
Window Traditions of Georgia	678-672-1963





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