



TM

March 2019

# MESSENGER

## The Creation of Mulberry Fields

See page 9

Photo credit: Margaret Rose

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DISCOVER COLLEGE LIFE



# Candler Park's Memory Making Traditions

By Dana Fowle, [president@candlerpark.org](mailto:president@candlerpark.org)



A neighborhood is more than a collection of homes. It's where family and friends make memories.

Oh, we've all listened to our parents relish trips down memory lane by repeating a childhood story again and again. Predictably, the kids eye roll until they too start to create their own traditions.

This is why CPNO continues to keep legacy events alive. Fall Fest, Candler Park Movie Night and the annual Easter Egg Hunt are memory makers.

So this is a great time to remind everyone to put the 13th annual Easter Egg Hunt on your calendars.

The date is set: Sunday, April 14th at 2 p.m. We understand that no time is best for everyone, but we do what we can to accommodate as many people as possible while tiptoeing around other events.

Children 11 and under are invited to hunt in Candler Park near the pavilion for 3,500 eggs filled with delicious candies. And there will be a few "golden eggs" holding special prizes, too.

I think it's important to highlight the volunteers who pull off these events: Natalie

## PRESIDENTIAL BRIEFING

Anderson, Chris Fitzgerald, Sonya Jacobs, Amy Jensen, Blaire MacLane, Kate and Jay Sandhaus, and Andee Schroeder. Thank you.

Also, good2grow has agreed to set up a tent for free post-hunt drinks. And, in years past, our friends at Candler Park Market generously donate candy. They are such good community partners. Again, thanks.

And, truly, we walk away with fun stories each year after the parent egg-stuffing party that Kate and Jay throw. If you want in, drop them a note for details: [kate@katesandhaus.com](mailto:kate@katesandhaus.com).

We're still firming up dates for the Candler Park Movie Night, but we are trying to lock down two movies for spring and two for fall. Keep an eye out here for more details. And we are grateful for neighbor Ann Marra for stepping in to make this happen.

Fall Fest is on the calendar so mark this down: October 5th and 6th. It'll be here before you know it.

Now, let's go make some more memories.

The mission of the Candler Park Neighborhood Organization is to promote the common good and general welfare in the neighborhood known as Candler Park in the city of Atlanta.

## BOARD of DIRECTORS

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Find a complete list of CPNO committee chairs, representatives and other contacts at [www.candlerpark.org](http://www.candlerpark.org).

## MEETINGS

CPNO Members Meetings are held every third Monday at First Existentialist Congregation, 470 Candler Park Drive.

Committee meetings take place at The Neighborhood Church, 1561 McLendon Ave., unless otherwise announced (enter from the street level door and ring the bell if you're late).

All are welcome. Only registered members are eligible to vote at monthly meetings. Membership applications must be received by Membership Officer by the first day of the month of meeting.

Find specific meeting information on page 6 and a complete list of CPNO meetings at [www.candlerpark.org](http://www.candlerpark.org).

## MEMBERSHIP

CPNO membership is free to Candler Park residents, property owners and businesses. Membership must be renewed annually.

Sign up at [www.candlerpark.org](http://www.candlerpark.org) or mail name, address, and email to

**CPNO membership,  
PO Box 5418, Atlanta, GA 31107**

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## Thanks to Savage Pizza!

Thanks to Savage Pizza for sponsoring the February CPNO membership meeting and providing a variety of pizzas for all to enjoy. Please visit Savage Pizza in Little Five Points and enjoy build-your-own pizzas and calzones, subs and salads. Established in 1990, Savage Pizza prides itself on its honesty of ingredients made fresh, from scratch every day. Delivery is available on orders of \$12 or more.



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## THE MESSENGER

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The Messenger is the monthly newsletter of the Candler Park Neighborhood Organization. Articles reflect the opinions of authors, and not necessarily those of CPNO, the CPNO Board of Directors, the Messenger or the editor.

Articles must be signed and submitted via email to [editor@candlerpark.org](mailto:editor@candlerpark.org) by the 18th of the month prior to publication.

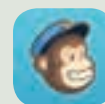
If you have a news tip or story idea, please email relevant information including contacts to [editor@candlerpark.org](mailto:editor@candlerpark.org) or call the editor.

If you live in CP or own a business in CP, and aren't receiving the Messenger by mail, be sure to notify us! Send your name and address to [editor@candlerpark.org](mailto:editor@candlerpark.org). Place the words "Messenger Delivery" in the subject line.

## CP ONLINE

For the most up-to-date information on Candler Park events and news, check us out on the Web at [candlerpark.org](http://candlerpark.org).

### JOIN CPNO TO GET EMAIL BLASTS



To receive informative email blasts, sign up online to become a CPNO member. We don't spam!

### MESSAGES & CRIME ON NEXTDOOR



Join the Candler Park group at [candlerpark.nextdoor.com](http://candlerpark.nextdoor.com) to keep up on crime reports and other messages.

### LIKE US ON FACEBOOK



You'll get the latest news and will be able to interact with 500 of your neighbors at [facebook.com/CandlerPark](https://facebook.com/CandlerPark).

### FOLLOW US ON TWITTER



Our handle is your handle: [twitter.com/CandlerParkATL](https://twitter.com/CandlerParkATL)

## DATES TO REMEMBER

### MARCH

- 11** CPNO Board Meeting, 7 pm, The Neighborhood Church
- 13, 16** BiRacial History Tours (reservations required)
- 15** Deadline to submit content for April Messenger!
- 18** CPNO Members Meeting, 7 pm, 1st Existentialist Church

### APRIL

- 1-5** APS Spring break
- 8** CPNO Board Meeting, 7 pm, The Neighborhood Church
- 14** Easter Egg Hunt, 2 pm, Candler Park
- 15** Deadline to submit content for May Messenger!
- 22** CPNO Members Meeting, 7 pm, 1st Existentialist Church

*In case of cancellations or changes, check CPNO's online Events at [candlerpark.org](http://candlerpark.org). For meetings at Epworth, knock on door at street level to get in. All CPNO meetings are open to the public.*



## BiRacial History Project Free Walking and Bike Tours in Candler Park on March 13th & 16th

*By Edith Kelman, Candler Park Resident*

The Early Edgewood-Candler Park BiRacial History Project is partnering again this March with the Atlanta Preservation Center to offer free Walking & Bike Tours during the Phoenix Flies month-long celebration of Atlanta's historic sites.

Our guided tours visit 1870s – 1980s African American legacy sites in Candler Park. Reservations are required; call 404-577-2553 (limited to 20 guests).

Walking Tours are scheduled for Wednesday March 13, 11am-12:30pm and Saturday March 16, 1pm-2:23pm.

Bike Tours with Civil Bikes are on Wednesday March 13, 12:30pm-2pm and Saturday March 16, 12:30pm-2pm. Bring your own bike.

All tours begin at the Old Stone Church/

First Existentialist Congregation at 470 Candler Park Drive NE, Atlanta GA 30307. Free parking is available on Candler Park Drive. Tours are appropriate for children 10 and older; but we regret, not universally accessible due to rough terrain. Tours will be cancelled during inclement weather.

Our mission supports community-based education and restorative justice work in the Early Edgewood-Candler Park neighborhood, respectfully reconnecting descendent stakeholders and today's citizens with this historic African American community.

[www.biracialhistoryproject.org](http://www.biracialhistoryproject.org)

[www.civilbikes.com](http://www.civilbikes.com)

## CPNO Welcomes New Members!

*By Roger Bakeman, [membership@candlerpark.org](mailto:membership@candlerpark.org)*

### CPNO welcomes new members

Ann Marra  
Hester ("Lee") Furey  
Jennie Berman  
Katherine and Andy Maddux  
Mike and Sheila Vinciguerra

### CPNO thanks members for their contributions:

Lexa King  
Carole and Robert Craig  
Donna Church  
Terry & Pat Moy  
Cliff and Linda Green  
Alessandra Divell  
...and others who wished to remain anonymous



# Purchase a Paver, Promote Yourself and Support Findley Plaza Redesign

By Susan Rose, [editor@candlerpark.org](mailto:editor@candlerpark.org)

To raise money for the redesign and sustainability of Findley Plaza, the Little 5 Points Alliance is selling granite pavers that will be installed as part of the newly renovated Findley Plaza. With a donation of \$1,000 or more, you can receive a 10 x 16 inch granite tile with up to 40 spaces for your personal message to honor/remember a love one, a favorite neighbor, a group or even yourself. But, you need to act fast as the deadline is March 31, 2019!

Is \$1,000 beyond your budget? Candler Park neighbors may want to join together to divide up the cost. If a block of twenty households got together, for example, each household would contribute \$50 to the total donation. On the granite tile, you could honor your street name and the date. Or you could mention an event or name that makes your block great, such as the Page Ave Halloween party or the Oakdale Dead End's. Get creative, coordinate a donation, and make a positive impact on L5P beautification efforts.

To learn more and pay for your paver, visit <https://l5pa.com/donate-1/>



## Grady Students Organize for Safe and Complete Streets

By Susan Rose, [editor@candlerpark.org](mailto:editor@candlerpark.org)

In remembering a beloved classmate, Grady students have organized for action to demand safe and complete streets around schools with an initial focus on Monroe Drive and 10th Street. Three years ago, freshman Alexia Hyneman was struck by a car and killed while crossing that intersection on her bicycle. The Grady Pedestrian Safety Coalition (GPSC), a student-led group, hosted a Rally 4 Safe Streets on February 12 in the Grady auditorium. Speaking at the rally were Thomas Hyneman, Alexia's father, and Councilmember Jennifer Ide (District 6).

"There are 10th and Monroe's all over Atlanta," said Hyneman at the rally. "Eight percent of all streets in Atlanta are responsible for 88% of fatalities and over 50% of injuries.... Crashes and collisions are preventable. My daughter's death was 100% preventable."

According to the Atlanta Bicycle Campaign, "From 2014 to 2016, 75 people died and 872 were severely injured in crashes on Atlanta's streets. The majority of severe injuries and fatal crashes occurred on only a handful of city streets known as the High-Injury Network. It doesn't have to be this way."

Meanwhile, Renew Atlanta has \$80 million and 26 miles worth of projects of Complete Streets projects, including Monroe Drive, Boulevard, Cascade Road, and Howell Mill Road. Missing from the most recent list is DeKalb Avenue.



If you are concerned about the DeKalb Avenue project being absent from the list of Renew Atlanta/TSPLOST priorities, attend the final round of public meetings for the Northeast section being held at Grady High School on March 7 from 6:30 –

9:00.

To see a short video highlighting the Rally 4 Safe Streets, visit <https://vimeo.com/317136496>.





# City in the Forest Urges Residents to Contact City Council Members on Tree Ordinance Changes

*Source: City in the Forest press release*

“Jerry Seinfeld once quipped that, “Atlanta is nothing but traffic and trees.” He’s right - we’ve got plenty of both, but not for long if we don’t fix our Tree Ordinance.

No matter where you live in Atlanta, you’ve witnessed more and more trees being cut for development.

## Atlanta is Unique

No other major American city has the urban forest Atlanta has, but unlike other cities less than 5% of our canopy is protected in parks and nearly 80% of our canopy is located in single-family residential zoning. This is why a strong Tree Ordinance is critical if we want to preserve our famous canopy. Our current ordinance permits most or all trees to be cut on redeveloped lots. If we keep cutting neighborhood trees at the current rate, we will no longer live in a City in the Forest.

## Our Trees Are Beloved

A wise man once said, if you’re living in Atlanta just for a job, you’re not living here for the right reasons. Atlanta is growing rapidly, and its trees are a part of what make it a place where people want to live. Jason Brady, a film professional, says he moved here for film and stayed for the trees. “When I first flew in, I was surprised by how green the city was,” Brady says. “Now, at home in East Atlanta, we have 15 mature trees on less than a quarter acre.”

## The New Atlanta Tree Ordinance - A fleeting opportunity

Between now and this summer, the City is revising the Tree Ordinance. The updated ordinance will either protect our canopy, or Atlanta will become an unbearable place to live with catastrophic stormwater costs, falling property values, and broken communities. The ordinance will not be revised again for at

least another decade and the city is poised to double or triple its population in the next 30 years...so it is now or never.

City in the Forest ([CityintheForest.org](http://CityintheForest.org)), CITF, is a non-profit coalition of residents from metro-Atlanta neighborhoods who are building support for better tree protection. CITF is urging residents write their Council person and Tim Keane today. Ask that they use the power of their office to support changes that protect more trees, our best trees, and our highest value urban forest.

## Key Contacts for Candler Park residents:

Commissioner of City Planning: Tim Keane, 404-330-6037, [tkeane@atlantaga.gov](mailto:tkeane@atlantaga.gov)

Atlanta City Council President: Felicia Moore, 404-330-6052, [fmoore@atlantaga.gov](mailto:fmoore@atlantaga.gov)

District 2: Amir R. Farokhi, 404-330-6038, [arfarokhi@atlantaga.gov](mailto:arfarokhi@atlantaga.gov)

## Demand changes to our Tree Ordinance that:

1. SAVE MORE TREES: by planning for trees at the beginning of the development process
2. PRESERVE OUR BEST TREES
3. REDUCE GRADING AND IMPERVIOUS SURFACE
4. EFFECTIVE ENFORCEMENT

If we properly strengthen our Tree Ordinance and grow wisely we CAN preserve what makes our City special. In a world that is being overcome by rampant urbanization, Atlanta has the opportunity to create a global model for smart growth and sustaining a healthy urban forest.

Sources: 1. <https://www.tripsavvy.com/great-things-about-atlanta-253628>





Jesse with her dog Sophie enjoy the company of neighbors during one of the many community events that have been held at Mulberry Fields garden.

## Jesse Bathrick, the Woman behind Mulberry Fields Garden

*By Stephanie Van Parys, Executive Director, Wylde Center*

Mulberry Fields garden is celebrating its 20th birthday this year. To celebrate, we will be sharing a piece of its story in this publication each month. For March, we are highlighting, Jesse Bathrick, the founder of Mulberry Field Gardens.

### Let's get started!

Every community garden starts with a seed of an idea. "What if we turned this open lot into a garden for the community?" In order for that idea to become a reality, you need a driving force, a person who is willing to give all of her extra time to making the community garden happen. For Mulberry Fields garden that person was Jesse Bathrick who in 1992 wanted to save the beautiful open lot behind her house from being developed into condos.

Jesse and Richard Bathrick moved to Iverson Street in 1979. All of the houses on their block backed up to an open field that in the late 1800's was a dairy farm with the original farm house sitting on Candler Street. The open field was owned by Jack Talbot who grew up on the property in the early 1900's. He allowed the neighbors to enjoy the open space.

Children, including the Bathrick's son Sam and his friends, would use the field as their play space. Jesse, with Mr. Talbot's permission, started growing vegetable and flowers at the edge of the field. It was in 1992 that Mr. Talbot announced he was selling his land to developers to convert the big open

sunny space into condos. Realizing the impact of the decision on their lives, their neighbors, and the many children who made this space their play area, Jesse went into action. How could they save this greenspace?

Ultimately, the Bathricks and their neighbors, the Abrams/Crowther family invested their own money to save the property. Mr. Talbot agreed to sell, and Jesse agreed to take the charge in turning this open garden into a space for the community.

### Let's find community garden plot holders!

In 1999, it was time to find neighbors who wanted to grow their own vegetables in their own plots at Mulberry Fields. Jesse distributed flyers around the neighborhood sharing news about this new effort and how people could get involved. Fred Conrad with the Atlanta Community Food Bank found a grant that provided funds for the first six plots to be built. Jesse and Richard brought in the first goats Alice and Iris, to clear the area of the kudzu, privet and blackberry tangle. Chickens soon followed.

Managing a community garden is no small feat. Jesse Bathrick has always been a gardener and in her lifetime has built many gardens. It was a natural progression for her to build Mulberry Fields. For almost twenty years, she handled the day-to-day management of the garden. She

managed the plot. She solved the water access issues, paid the property taxes, planned fundraisers, invited neighbors to enjoy the space, handled the marketing, and made sure the property was protected by a conservation easement. Richard, her husband made sure it was mowed and the trees were trimmed. Richard added the rope swing and the basketball court. A team formed to care for the goats and chickens.

Yes, that is what it takes to have a community garden!

### Heroes among us

Mulberry Fields is celebrating its 20th birthday this year. Twenty years is a long time for a neighborhood. Good friends move in while others move away. A story can get lost if allowed and new folks may say, "I wonder how this garden got started?" Jesse Bathrick is the answer. Through her efforts, we have Mulberry Fields today, a neighborhood treasure. We will be celebrating her contribution on September 7th at our annual party and fundraiser. Save the date!

Meanwhile, be sure to come visit Mulberry Fields. It is located next to 1303 Iverson Street, Atlanta, GA 30307. You may walk or bike to it, or park on Iverson and walk down the unpaved alley. We have beautiful garden plots, a fabulous swing, chickens AND goats! If you see Jesse, be sure to say "thank you!"

# Dr. Bombay's and the Learning Tea Launches Female Scholar to Full-time Employment

By Susan Rose, [editor@candlerpark.org](mailto:editor@candlerpark.org)

Every time you make a purchase at Dr. Bombay's Underwater Tea Party in Candler Park a portion of the proceeds supports the Learning Tea education project in Darjeeling, India. This scholarship program for impoverished young women entails much more than just buying books and pencils. As described in an email from the Learning Tea, scholar Lakmit's story demonstrates the remarkable impact of your support.

Living in a state where the unemployment rate is more than 50% and the population is 90 million people, Lakmit recently accepted a full-time position as a financial planner and loan officer at a Government bank after completing four interviews and being selected among more than 500 applicants. This achievement was unimaginable when she was an orphan at 16 after her mother died. The options were limited and her life ahead looked scary in a city ridden with human trafficking, child labor, forced marriage, political violence, and disease.

Just before aging out of the orphanage, Lakmit became one of the original three students in the Learning Tea education project which paid all her expenses from 10th grade through graduating from high school, graduating with a four year degree and then being accepted into the Master's program.



Lakmit and Dr. Bombay owner and Learning Tea founder Katrell Christie.

Launched in 2010 by Dr. Bombay's Owner Katrell Christie, this "life" scholarship program fully supports up to 12 young women and covers all living, school, medical, educational and fun expenses. In addition, the scholars are provided a safe and stable dormitory living environment. The project boasts a 100% graduation and employment success rate.

According to the Learning Tea email on Lakmit's success, "She just completed her one week training, gotten her own desk and started her job with a humongous smile. Lakmit couldn't be prouder, and it's hard to describe the pride we're feeling for her. Because she has no family other than the Learning Tea, she will continue to live at the Learning Tea house in Darjeeling and help mentor the younger students until she is ready to move on."


To learn more about Dr. Bombay's Underwater Tea Party, including high tea service, visit [www.drbombays.com](http://www.drbombays.com). Also, consider attending a Learning

Tea fundraising dinner held the last Monday of the month at 7:00. For \$20, you get a 3-course vegetarian Indian meal and 100% of the proceeds support the Learning Tea scholarship program. For more info and to make reservations, visit [www.thelearningtea.com/taste-of-india-dinners](http://www.thelearningtea.com/taste-of-india-dinners).

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# #ThankATeacher Sums Up a Week of Gratitude at Mary Lin

*By Lynley Teras, Mary Lin PTA Co-President*

Teacher Appreciation Week came early this school year to Mary Lin. Between state mandated testing dates, May madness and the no-snow blues, the Mary Lin community had the opportunity to shower the teachers, staff, bus drivers and crossing guards with love during the first week of February. This week was a time for the Mary Lin community to show our gratitude to the educators and staff who nurture and develop students every day. It is a special time to pause and reflect on the educators and staff who make a unique imprint on our children's lives every day.

Monday through Friday, our teachers and staff were spoiled by a Grab N Go breakfast (thanks Chick Fil A – Glenwood!), morning coffee (thanks San Francisco Coffee!), an amazing BBQ lunch (thanks Sweet Auburn BBQ!), refreshing smoothies (thanks Club After School!) and a daily gift card raffle. In addition, each classroom decorated their classroom door in the most

unique ways to celebrate the teachers. Through parent and student efforts, each teacher was showered with flowers, treats and homemade cards & notes. Fourth grade Reading/ELA teacher Ms. Tijerina said “My favorite part [of the week] has been the genuine, sincere appreciation from the students, families, and community. I was unaware of what was coming each day, so my desk overflowed with handwritten messages and enough individual flowers from families to fill multiple vases forming an amazing cohesive display of gratitude, symbolizing the close community within the classroom.”

There is quite a village of people who work to better the lives of the Mary Lin children every day. Their work and impact extends far beyond the boundaries of the classroom. This week was a great time to show the appreciation from Mary Lin parents and students to the educators and staff of Mary Lin. So THANK YOU!



# Boomwhackers

By Annsley Klehr, Lake Claire Neighbors Education Chair and Educator

What do you do in high school when you have an idea? I decided to interview Cate Crutcher, a Lake Claire resident and a Junior at Grady High School, to find out.

Cate Crutcher was surfing YouTube one day and found a video of Harvard THUD, its percussion club, playing “Don’t Stop Believin” on Boomwhackers. It totally excited her, but she did not think anything of it until she was sharing about Boomwhackers back in the fall in math class, and her friend, (and technical co-founder), Daniel came up with the idea to start a club. By January, after mulling it over for a few months, Cate was ready to take action.

The question still remains: What are Boomwhackers?!

Boomwhackers are percussive instruments made out of different length plastic tubes. Each tube produces a different note. Similar to handbells, each person in the group plays them in turn.

Cate’s explains her impetus for finally being ready to take action:

Most teenagers are familiar with the “mid-High School crisis.” It’s a realization that:

1. your time in K-12 public education is almost up
2. you still aren’t friends with the people you always wanted to be friends with
3. it’s too late to become valedictorian
4. you took all the wrong classes as a freshman
5. you still don’t know what you want to do

when your graduate

6. if you don’t take the correct steps you’ll be an unhappy adult

Basically, “mid-High School Crisis” is a fear of being out of control of your own life. The good news is that that fear is not reality— in reality, you are in control of your life. “Starting the Boomwhacker club was a way for me to exert my own will,” said Cate.

Cate needed a teacher to sponsor the club, so she approached Mr. Hill, the chorus and AP music theory teacher. Not only was Mr. Hill willing to be a sponsor, but he was also able to source Boomwhackers both from Inman Middle School and his wife. With a sponsor and instruments ready, Cate made some “awesome” posters and set the meeting for January 28th. About 30 students attended the first meeting!

In that meeting, not only did Cate make brownies, but the Boomwhackers group also learned how to play its first few songs by looking up YouTube play-along videos for Boomwhackers. They played some hit songs like, “How Far I’ll Go” from Moana and “The Banana Boat Song”. One of the debate students proclaimed that Boomwhackers was “objectively better than policy debate.” The club’s official title is Alternative Instruments, because the group is interested in exploring alternate ways of creating music.

Cate says that they are currently practicing “All Star” for the Spring Sing on April 25th. And at the suggestion of her friend, Benjamin, the club is using a music-displaying app to help

teach the melody of “All Star.” There are currently about eighteen students in the Boomwhackers club, “all of whom are passionate about the team, even if they don’t read music,” says Cate. She point out that the best part of Boomwhackers is that “you don’t need to know how to play a music to play them.” She admits that she (and the club) do not entirely know what they are doing, but that this is new territory for everyone, and they are learning together.

*I love that I’m doing something to make Grady a fun and unique place. The people are really what make it such a creative community, and I’m glad to be a part of that.*

- Cate Crutcher, 2020

If you want to catch the Alternative Instruments in action, a.k.a. The Boomwhackers Club, they are planning to perform at Coffeehouse on April 11th , which is Grady’s quarterly variety show held in our black box theater. The dates can also be found on the Grady website: [www.atlantapublicschools.us/Page/14413#calendar17238/20190413/month](http://www.atlantapublicschools.us/Page/14413#calendar17238/20190413/month)

You can follow Alternative Instruments on [Instagram@alternativeinstruments](https://www.instagram.com/alternativeinstruments)

If you want your own set of Boomwhackers, check out:

<http://Boomwhackers.com>

***Special thanks goes to Cate Crutcher for taking the time to be interviewed and sharing her inspiring ideas!***





# News Briefs from Grady High School

By Susan Rose, [editor@candlerpark.org](mailto:editor@candlerpark.org)

Grady High School and its students have received recognition recently for its academics, clubs and athletics. Here are a few highlights.

## Grady Receives AP Honors Designations

Grady High School was among 230 schools named Advanced Placement (AP) Honor Schools for 2019 by the State School Superintendent. Grady received recognition for the following:

- **AP Merit School** (among 71 statewide) with at least 20% of the total student population taking AP exams and at least 50% of all AP exams earning scores of 3 or higher;
- **AP STEM Achievement School** (among 128 statewide) for students testing in at least two AP math courses and two AP science courses and at least 40% of AP math and AP science exams earning scores of 3 or higher;
- **AP Humanities School** (among 142 statewide) for students testing in at least one English course, two history/social science courses, one fine arts course and one world language course
- **AP STEP School** (among 200 statewide) for students testing in at least two AP math courses and two AP science courses.

## Mock Trial Champions

Grady Mock Trial won its Regional Championship for the 21st year in a row. During the Region, the Grady Team won every Room and every Ballot available. Also, of the 12 available individual awards for Outstanding Attorney and Outstanding Witness, Grady won all 12. Of the 12 competing students, 9 won individual awards, including Erin Taylor for Best Witness, Plaintiff; Kamryn Harty for Best Witness, Defense; Robert Mobley for Best Attorney, Plaintiff; and Aaliyah Rapping for Best Witness, Defense.



The Grady Mock Trial team.

## Grady Jesters Win 10th State Championship

Grady's Speech & Debate team (the Grady Jesters) won its 10th state championship in a row on February 23 in Valdosta. Grady won the Speech sweepstakes, the Debate sweepstakes, and the overall sweepstakes as well.

## Grady Swimmers Shine at State Championships

Both the Boys and Girls Swim Teams cracked the top 15 at the 2019 GHSA 1-5A State Swimming Championships February 8-9 at Georgia Tech's McAuley Aquatic Center. The girls finished 14th in the state, the boys finished 15th. The meet closes an extremely successful season for the Knights and the magnificent high school careers for five of the most highly decorated swimmers in Grady Swimming history – Storm Wright, Nell Kropp, Selena Kleber, Jack Labadia and Andrew Beamon.



The Jesters -- the Grady Debate team.

# Magic Root: 5 Surprising Health Benefits of Ginger

By Gail Turner-Cooper, Candler Park Resident and Certified Health Coach

We're sure you've already heard of ginger and you might even already know how delicious it is, but do you know about all its health benefits? Ginger is an incredible addition to any diet. Try adding this powerful root to your recipes and see the change today! Here are just a few of ginger's surprising health benefits.

1. **It's highly effective against nausea --** Whether you're under the weather, dealing with motion sickness, or just deal with an upset stomach on a regular basis, ginger is a powerful and natural way to ease nausea. Ginger has a long tradition of being used to treat sea-sickness in sailors and their ilk. It's also often suggested for patients undergoing chemotherapy who will feel nauseated regularly.
2. **Ginger has anti-inflammatory properties --** Because it's an anti-inflammatory, it's a great healer for sore joints or muscles. A ginger drink or ginger-infused meal after a workout will help your limbs feel better in no time. Ginger can also be great for those of us who deal with regular pain, whether it's from age, injuries, or an autoimmune issue.
3. **It can help with indigestion --** Chronic indigestion, or dyspepsia, is a problem many people live with but ginger might be able to help you. Because indigestion occurs when emptying of the stomach is delayed, ginger can help speed up the process of digestion. When this process is accelerated, stomach pains caused by dyspepsia are greatly alleviated. If you live with indigestion, consider consuming ginger before your next meal and see if it helps.
4. **Ginger can alleviate menstrual pain --** Because it's a powerful pain reliever, ginger is often suggested for women who deal



with painful periods. In one study, ginger managed to reduce menstrual pain as well as ibuprofen. Taken the first three days of your menstrual cycle, ginger can be an incredible way to handle aches and pains.

5. **It can protect you against diabetes--** Some evidence suggests that ginger can increase insulin sensitivity and therefore protect against diabetes, or ease diabetes symptoms. Studies show that daily ginger intake can help lower blood sugar and

improve key-markers for long-term blood sugar levels.

*Gail Turner-Cooper is a certified health coach and the founder of Align Health Coaching based in Atlanta. You can learn more about her and Align Health at [www.alignhealthcoaching.com](http://www.alignhealthcoaching.com)*

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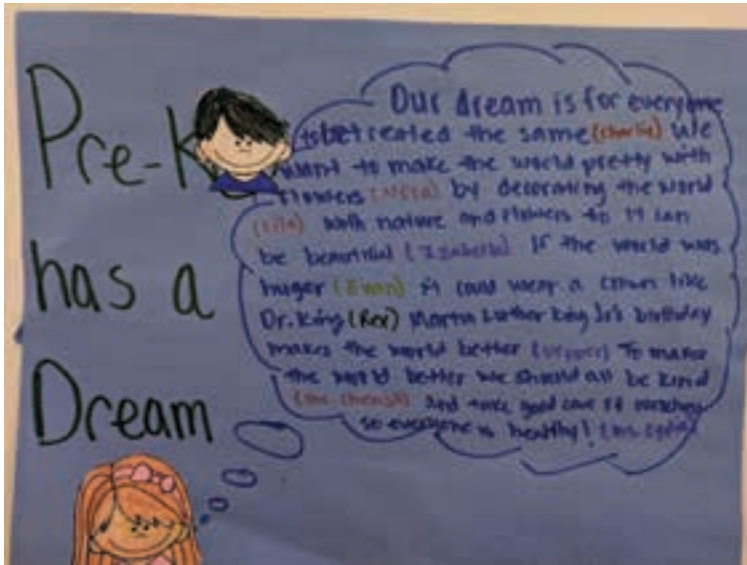
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## Candler Park Day School Flourishes in Renovated Neighborhood Church

*Submitted by Candler Park Day School*

Candler Park Day School (CPDS) has been in a flurry of activity this year. Construction on Neighborhood Church (which hosts the school) has surrounded them all the way until the winter holidays. When the school returned to the building in January, it was to a fully finished building, complete with new working spaces available to the community.

Finally being in a modern building has allowed CPDS to flourish as a school as the children continue to learn and grow in an exploration and play based environment. Each week, the students love learning Spanish with Ms. Mowry who has recently begun teaching them about famous Afro-Latinos and their influences in dance. The students spent some time then learning to salsa and cumbia and had a blast doing so. The students have also enjoyed the new Neighborhood Commons by learning new songs and dances, playing during poor weather, and learning special yoga moves.

For Black History Month, the school has been doing special lessons. The

Pre-K spent some time learning about diversity and studying Martin Luther King and his speeches. They wrote their own "I have a dream" speech about things they would like to see changed in our world. The 3 year old classes have been learning about famous African American inventors and heroes like Garrett Morgan (who invented the stop light) and Mae Jemison (the first African American woman in space).

Enrollment season for the 2019-2020 school year has finally begun and for the first time ever, CPDS is offering online enrollment through their website at [www.candlerparkdayschool.com](http://www.candlerparkdayschool.com). The school has continued to offer Drop-In days for all children in the area, hoping that they can support parents who need a break and give their children a chance to make friends in a safe and caring environment. For anyone interested in joining the CPDS family, come visit them on McLendon Ave at Neighborhood Church. Just look for the blue door!

# CPNO Officer and Committee Reports for February

*These reports were submitted by officer and committee chairs prior to the February members meeting*

## External Affairs Officer - Matt Kirk

The monthly NPU-N meeting occurred on Thursday, January 24, 2018.

### Notable Zoning votes:

1. Lazy Betty alcohol license passed with unanimous approval
2. Paideia Field Day support passed with unanimous approval

### Notices:

1. *Design Awards:* Nominations due March 1 for the Atlanta Design Awards. Available at <https://www.atlantaga.gov/government/departments/city-planning/office-of-design/urban-design-commission/design-awards>

(a) Awards of Excellence – physical projects, programs, etc. that improve the city's physical character

(b) Community Design Awards – projects, programs, or people who have worked to make the city to neighborhood a better place to live. NPUs determine these

1. *Urban Ecology Framework:* The updated tree ordinance as it is commonly known is likely submitting its final report in March. Contact the Project Manager Heather Alhadeff with questions and comment at [halhadeff@atlantaga.gov](mailto:halhadeff@atlantaga.gov) or 404-330-6439.
1. *Beltline TAD:* Atlanta Planning and Advisory Board has 5 appointments available, contact Amy Stout [akstout@emory.edu](mailto:akstout@emory.edu)
1. *New Police Captain:* Zone 6 has a new captain, can be contacted at [abclay@atlantaga.gov](mailto:abclay@atlantaga.gov)

### Other:

1. The city provided a \$4,000 grant to NPU-N, which will be used towards the master plan for the development of Hulsey Yard. Adjacent neighborhoods are contributing substantial sums too. Poncey-Highland has received approval for a Historic District Designation, but only for a small corridor of Somerset/Bonaventure, so only a couple blocks in total. The CoA encourages these smaller Historic Districts as they are much easier to push through.

## Zoning - Bill Morris

The February 6, 2019 Zoning Committee meeting was held at the Wondershop with four members in attendance. Also attending were the applicant and

attorney for the Gato Restaurant alcohol license application and three members of the CPNO Development Committee. Items on the agenda for committee votes included the alcohol license application for the Gato Restaurant and a variance application for 339 Brooks Avenue.

1. Alcohol license application, Gato Restaurant (1660 McLendon Ave.), applicant Nicholas Stinson and his attorney for the license application process (Anita Serrato) attended the meeting to explain the plans for the restaurant to begin serving alcohol to complement the Mexican food menu of this restaurant. Mr. Stinson is the owner and operator spending approximately 60+ hours per week at the restaurant. Although he has not previously held an alcohol license application, Mr. Stinson has operated the Gato for over 6 years as the owner. Alcohol sales are expected to be less than 25% of restaurant revenues. The committee voted 4-0 to support the application with the condition that Mr. Stinson complete the TIPS alcohol training course prior to the neighborhood membership meeting (completed).
2. The application for 339 Brooks Avenue, V-19-10 – is for a variance to reduce front yard setback from 30 ft to 27.2 ft and the south side yard setback from 7 ft to 5.3 ft for the construction of a second story addition. The applicant did not appear at the meeting and the committee voted 4-0 in favor of a deferral to the March meeting. In applying for the application, the applicant was informed by City staff that the variance may not be required pending the final official adoption of the zoning code changes under the Phase II medium fixes updates. It's not clear if this is the case or whether the application will need to be included on the March agenda.
3. The zoning committee met with members of the Candler Park Development Committee in regard to concerns expressed recently regarding demolitions in the part of the neighborhood falling under R5 (duplexes) zoning and the potential to rezone this area (includes most of neighborhood south of McLendon Ave.) to R4 (single family) which would be consistent with the single family zoning for the rest of the Candler Park. In general, the consensus is that this type of broad rezoning proposal would be very difficult to achieve and potentially wouldn't result in

any greater protection of viable structures from being demolished for construction of much larger houses/duplexes. In addition, many recent zoning changes undertaken by the City have the goal of increasing density, housing affordability, etc. making such a down zoning to R4 potentially less likely to gain City support. In addition to the zoning issue, other topics discussed related to the Development Committee's ongoing efforts to explore potential benefits and drawbacks related to development of neighborhood design standards for Candler Park which would place protections on existing houses from being demolished for new construction unless the building was no longer economically or structurally viable. These types of neighborhood specific standards can be developed and adopted to preserve the most important neighborhood characteristics and are developed with substantial neighborhood input. In addition, standards can be developed which incorporate a good degree of flexibility in regard to architectural features, styles, etc. depending on preferences of the neighborhood. The Development Committee is currently preparing a questionnaire with which to collect neighborhood input in regard to the important neighborhood characteristics for Candler Park. The questionnaire should be available in the near future

## Development Committee - Emily Taff

Development Committee met with the CPNO Zoning Committee in regard to concerns expressed recently regarding demolitions in the part of the neighborhood falling under R5 (duplexes) zoning. We have been exploring potential benefits and drawbacks related to development of neighborhood design standards for Candler Park. The Development Committee is preparing a questionnaire with which to collect neighborhood input in regard to the important neighborhood characteristics for Candler Park. The questionnaire should be available in the near future.



# February 18 CPNO Members Meeting – draft minutes

*These minutes are presented for review. They may be amended before being considered for official adoption at the March CPNO members meeting.*

The meeting was called to order at 7:05 pm by Dana Fowle, President. Motion to adopt the agenda passed. Motion to approve the January minutes passed. Thank you to Savage Pizza for providing dinner.

## Guest Speakers:

- Sgt. Hines was available to answer questions. Zone 6 has been given more territory to cover. There is a new Captain-Captain A.B. Clay.

## Announcements:

- Jennifer Wilds, Membership Officer, requesting suggestions for new dinner sponsors.
- Lexa King will indefinitely continue to accept non-perishable can goods for the Food Bank. The Food Bank was very appreciative of our contribution.
- Joseph Hacker, CPNO Representative to Little Five Points Alliance announced that the Transportation Committee will meet February 27th @ 6:30 pm at the Wrecking Bar.
- Edie Kelman announced that the BiRacial History Project will participate in the Phoenix Flies event, March 13 and 16. Reservations are necessary for the walking tour.

## Discussion/Votes:

- City in the Forest- Motion to support “amendments to the Atlanta Tree Ordinance as presented by the City in the Forest (save more trees by planning at the beginning of development process; preserve Atlanta’s best trees; reduce grading and impervious surfaces; promote effective enforcement)” passed.
- Candler Park Music and Food Festival- The motion that CPNO “support the Candler Park Music and Food Festival with condition that the event producer meet with Park Design, Watershed, and Candler Park Conservancy prior to the festival to identify appropriate means of cleaning the field pallets, including possible monitoring of the stream before and after the cleaning of the pallets” failed. Motion to call the question passed. Motion that CPNO “support the applicant [2019 Candler Park Music and Food Festival] with the condition the producer be in compliance with an erosion control and stream protection plan created by the Commissioner of Parks” did not pass.
- NPU N- Matt Kirk, External Affairs Officer, announced that the Tree Ordinance will be completed by March. Poncey-Highland has applied for a historic district designation using two streets- Somerset/ Bonaventure.
- Zoning- Bill Morris  
Motion to support the alcohol license for the Gato Restaurant @ 1660 McLendon Ave passed.

The meeting was adjourned at 8:15 pm.

Submitted by Bonnie Palter, Secretary

February 18, 2019

## CPNO Membership Application

All who live in Candler Park, or own property or a business in Candler Park, are eligible to join. Mail this application or visit our website to join [www.candlerpark.org](http://www.candlerpark.org) register or renew. [www.candlerpark.org/renew](http://www.candlerpark.org/renew)

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### Optional contributions

Membership in CPNO is free, but we welcome optional contributions. To contribute, please visit our website [www.candlerpark.org/contribute](http://www.candlerpark.org/contribute) or mail a check with this application. Typical contributions range from \$10 to \$100.

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