## The Messenger

September 2009

News for Candler Park

Your In Town Hometown

#### **Meetings and Events**

## CPNO general meeting September 21<sup>st</sup> 7:00 pm (social period @ 6:30 pm)

CPNO general meetings are held every third Monday at First Existentialist Congregation, 470 Candler Park Drive; committee meetings are held at Epworth United Methodist Church, 1561 McLendon Avenue, 2<sup>nd</sup> Fl. (or as shown)

All are welcome - only registered members are eligible to vote at monthly meetings.

Membership applications must be received by first of month of meeting.

#### **September General Meeting Agenda:**

- Welcoming remarks, approval of agenda and August 2009 minutes
- Officer and Committee Reports
- Land Use Matters
- New Business
- Announcements and Open Forum Submit October agenda items to any CPNO officer by September 26<sup>th</sup>, 2009

#### **Events Calendar (open to all)**

Wednesday September 2<sup>nd</sup> @ 7pm CPNO Zoning Committee - Epworth

Saturday September 12<sup>th</sup> @ 9:00 am
Friends of Candler Park – Vol Workday

Monday September 14<sup>th</sup> @ 7pm CPNO Board of Directors - Epworth

Monday September 21<sup>st</sup> @ 7 pm CPNO General Meeting - First Existentialist Congregation

Tuesday September 22<sup>nd</sup> @ 7 pm CPNO FallFest Committee – Epworth UMC, James Dobbins Hall (front entr.)

Wednesday September 23<sup>rd</sup> @ 7pm CPNO Historic District Committee -Epworth United Methodist, 2<sup>nd</sup> Floor

Thursday September 24<sup>th</sup> @ 7pm NPU-N - L5P Community Center

Wednesday October 7<sup>th</sup> @ 7pm CPNO Zoning Committee - Epworth



#### Celebrating Danny's Birthday at Fall Fest From a Press Release

The 2009 Candler Park Fall Fest is proud to welcome FODFEST (Friends of Daniel Pearl Festival) – a series of concerts honoring the life of *Wall Street Journal* reporter Daniel Pearl, a former Atlanta musician/journalist who was murdered by terrorists in Pakistan in 2002. FODfest will be hosted at Candler Park Fall Fest on Saturday, October 10 at 3pm on what would have been Danny's 45<sup>th</sup> birthday.

Musicians of all ages, backgrounds, and musical genres are invited to join together at FODfest concerts, some often meeting for the first time on stage. The tour is organized by musician, songwriter, and producer Todd Mack, a former band mate and close friend of Pearl's, to honor his friend with a legacy that reflects the ideals by which he lived rather than the tragic way in which he died. Interested musicians are invited to go to www.fodfest.org for information about performing.

FODfest is a featured event of <u>Daniel Pearl World Music Days</u> organized by the <u>Daniel Pearl Foundation</u>, and to date has toured to 20 cities with more than 350 participating musicians from across the country and the globe.

#### Fest Quest Seeks Adventurers

From a Press Release

A new tradition is being launched for the 2009 Candler Park Fall Fest – Fest Quest, a scavenger hunt and adventure race that challenges runners to solve puzzles, find objects and create an amazing journey in your own backyard. Teams of 2 or more adventurers ages 14 and older\* compete at all levels to win the \$100 cash prize. Entry fees are \$20 per person if you register before September 30<sup>th</sup>, \$25 from then through race day.

The fun takes place on Saturday, October 10<sup>th</sup>. Preregistration begins at 9:30, with the race starting at 10:30. You can register on line and find out about other prizes at the Fest Quest page at <a href="www.sage-rush.com">www.sage-rush.com</a>, or email questions to .SageRushRace@gmail.com

\*Under 14 free with team registration of 2 or more and a signed waiver.

## Volunteer Fall Fest

By Leslie Kipling

Come one, come all. Candler Park Fall Festival October 10 and 11<sup>th</sup> we are looking for volunteers! This is a fun and easy way to support your neighborhood. You will receive a fashionable t-shirt with the wonderful "100 Year Anniversary" logo.

We will also have a volunteer pizza party prior to the big event at the Existentialist Congregation 470 Candler Park Drive at 6:00 October 1<sup>st</sup>.

There are many fun opportunities both Saturday and Sunday. To sign up just go to the website at <a href="https://www.candlerparkfallfest.org">www.candlerparkfallfest.org</a> and click on the Volunteers link.

More Fall Fest Information inside!

## The Messenger

<u>The Messenger</u> is published monthly by Candler Park Neighborhood Organization, Inc. Articles should be signed and submitted by layout deadline (26th of the month prior to publication) via email to editor at: <a href="mailto:cpmessenger@candlerpark.org">cpmessenger@candlerpark.org</a>. Articles published reflect opinions of authors, not necessarily CPNO or <u>The Messenger</u>.

#### Ad Rates, Specifications, Payment

Classified Ads .........\$4 per line
One line = approximately 35 characters /
spaces. First line is bold and capitalized.

#### Display Ads . . . . \$14 per column inch

Ad cost = # of columns x inches of length x \$14. 1 column = 2.5" wide; 1.5 columns = 3.75" wide; 2 columns = 5" wide; max. 3 columns = 7.5" wide. Lengths vary from 1" to 10", in half-inch intervals. Please forward publication-ready ads (no editing required) in MS Word-compatible file formats (.bmp, .tif, .jpg or .pdf) via email to: cpmessenger@candlerpark.org (include your name, address, phone, order period)

Ad layout deadline is the 26<sup>th</sup> of month prior to publication. Payment is due to **CPNO**, **Attn:** *Messenger*, **P.O. Box 5418**, **Atlanta GA 31107** upon receipt of confirmation of reserved ad space (invoices available on request). Ad orders not paid in full prior to publication are subject to cancellation.

#### CPNO Officers 2009

#### **President and NPU-N Representative**

Amy Stout . . . . . . . . . . . . 404-371-0505 president@candlerpark.org

#### Vice-President

Donna Palmer, ...... 404-377-2700 vicepresident@candlerpark.org

#### **Recording Secretary**

Maureen Wilce . . . . . . . 404-523-7421 secretary@candlerpark.org

#### **Environmental Officer**

#### **Treasurer**

Alonzo Church . . . . . . 404-577-5617 treasurer@candlerpark.org

#### **Public Safety Officer**

Doug Wetzel . . . . . . 678-472-7589 safety@candlerpark.org

#### **Membership Secretary**

Deb Milbrath ...... 404-658-9404 membership@candlerpark.org

#### **Special Projects Officer**

Mark Clement . . . . . . 404-808-3635 projects@candlerpark.org

#### **Zoning Officer**

James Johnson......404-525-4835 zoning@candlerpark.org

#### Why Bother Indeed?

By Donna Palmer

A few days ago, CPNO President Amy Stout forwarded the following email to me:

Today, August 13th, I received my copy of August Messenger. There are no less than four events listed that are no longer relevant. My delivery person is prompt. Why is it not possible to receive the August issue before August 1? Otherwise, why bother?

XXX XXXXXX XXX Sterling Street, NE

My initial knee jerk reaction was to jerk something that is permanently attached to Mr. X\*, but then I remembered 16 years ago when I bought this house and moved back to Candler Park. I remember slogging home from work one evening and finding a copy of the Messenger lying on my doorstep—the day before the general meeting. I was mightily ticked off. I thought if they can't do any better than this then I'm not even going to go to their stupid old meeting.

But then I met Dr. Amy Stout. Amy asked me to come to a neighborhood meeting. "No way" I whined. "I'm not going to sit around eating cookies and drinking punch just to listen to boring stuff like zoning." "Its not like that anymore," said Amy. "Now we serve cookies and beer!" Well, okay then.

So, I started showing up. At first I didn't know who was who or what role they played. But, after a while, the strangers became acquaintances and in some instances, the acquaintances have become friends. I also learned that only a handful of people do the heavy lifting in this neighborhood. For instance, did you know that Walt Weimar handles all of the ads sales for the Messenger, does the initial layout each month and makes sure the 2000 copies of the newsletter gets delivered to the 70 or so distribution points so that volunteers can hand deliver a fresh copy to your doorstep. I've even seen Walt working with Jo Jo Ross at the Friends of Candler Park Saturday clean-ups and he goes to Zoning Committee meetings.

\* Not his real name.

Continued on page 3



#### Why Bother...

Continued from page 2

Amy is serving a third term as el presidente – a job that requires a tremendous amount of work. She also represents Candler Park at the Neighborhood Planning Unit meetings, proofreads the Messenger, deals with the printer *and* she goes to Zoning Committee meetings.

I'm so very proud to be friends and colleagues with Walt and Amy. I'm also very glad that they and a handful of others bother to do the many things they do for Candler Park.

And, as for Mr. X's problem – the deadline for submission of articles and advertisements for the Messenger is the 26<sup>th</sup> of the preceding month. That gives us 4-5 days to edit, write, paste-up and review the 16 to 24 page newsletter and have 2000 copies printed and distributed. Not a lot of time for a group of volunteers.

However, a new procedure has been proposed in which members of the CPNO will receive an email each month letting them know when the current Messenger has been posted on the website...more often than not on the first day of the month. AND, our beautiful and talented web guru Kate Sandhaus has set up an events calendar on the CPNO website (<a href="https://www.candlerpark.org">www.candlerpark.org</a>) for your viewing and scheduling pleasure.

So, keep those cards and letters coming or better yet, come to the meetings and see what you can do to help!

#### **Candler Park Cares**

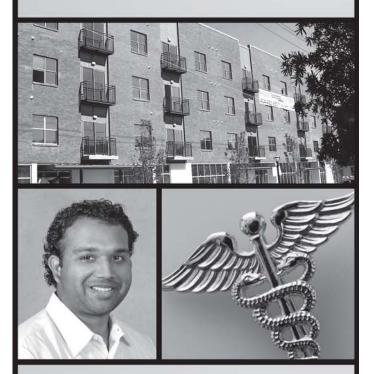
By Kiersten Derby

As a second year medical student who grew up in Candler Park, I am increasingly aware that health issues impact not just the individual, but the community as a whole. Twice a year, a non-profit group called Emory Medishare sends a team to Haiti to assist local healthcare providers in setting up clinics, training local healthcare workers and assisting in the improvement of the healthcare infrastructure. The area we visit is one of the most rural and impoverished parts of Haiti with a maternal mortality ratio of over 680 deaths per 100,000 live births (compared to 11 per 100,000 in the U.S.).

The Candler Park Fall Festival Committee has been instrumental in promoting our cause by graciously allowing us to set up a booth and sell photographs of last year's trip. I love the Candler Park Fall Festival because it helps me appreciate the vibrant community in which we live. The diversity of vendors, artists, and non-profits participating in the Festival demonstrates that our community is one that cares both locally and globally.

Please visit <a href="http://www.emorymedishare.org/home/">http://www.emorymedishare.org/home/</a> for more information on our project.

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#### Who Was that Masked Man?

By Donna Palmer

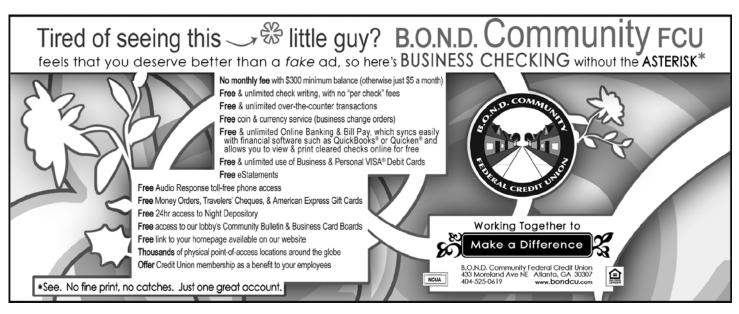
The second annual Candler Park Fall Masquerade Ball will be held on Friday, October 9<sup>th</sup> at 7PM at the First Existentialist Congregation located at 470 Candler Park Drive. Advanced tickets are on sale now – \$10 for neighborhood volunteers, \$15 for everyone else and **\$20** if you wait until the night of the dance.

Your ticket entitles you to a tasty BBQ dinner and hours of dancing to the world famous and much beloved ExPand Band. Be sure to bring your favorite adult beverages and leave the kids at home.

There is no theme for this year's dinner/dance so pull out your fancy duds or your favorite costume and join us for a night of merriment and romance.

To get your tickets, please fill out the Candler Park Fall Masquerade Ball Ticket Request Form, place it in an envelope along with your check or money order and run it over to the Boardman/Edison house at 353 Elmira Place before October 6th. Please make the check out to the Candler Park Neighborhood Organization and write "Fall Masquerade Ball" in the space provided. If you have questions, send me an email vicepresident@candlerpark.org. Be sure to type Fall Masquerade Ball in the email subject line.

Candler Park Fall Masquerade Ball Ticket Request Form					
Your Name					
Address					
Phone					
Email					
# of \$10 Volunteer Tickets					
# of \$15 Regular Tickets					
Total \$ amount					



## Free Seminars on Green Remodeling

From a Press Release

This fall, the Decatur Library will host a series of free seminars focusing on green remodeling. Local green experts Peter Michelson, CEO of Decatur's Renewal Design-Build, and Joe Thomas, certified Home Performance Consultant for Renewal System Solutions, are featured speakers for the following:

- Tuesday, September 8, 7:00PM: The Homeowner's Guide to Green Remodeling Thinking of going green but don't know where to begin? This seminar will discuss the typical Decatur home's inefficiencies, some possible solutions, and how incorporating "green" into your home will benefit your wallet, health, and peace of mind.
- ☼ Saturday, October 17, 10:00AM: Show Me the Money:Why Green Makes Sense for Your Wallet - This seminar will discuss how certain green improvements to your home will increase energy efficiency and save you money. In addition, you will learn how the most recent green tax credits and rebates will put even more money in your pocket.
- ☼ Saturday, November 14, 10:00AM: Creating a Healthy Home - Recent EPA studies have shown that the air in your home may be even more harmful than the air outside. In this seminar, you'll learn how to improve the indoor air quality of your home and protect your family from indoor air pollutants like gases, chemicals, pests, radon, and carbon monoxide.

For more information, call 404.378.6962 or visit the Decatur Library's website at <a href="https://www.dekalblibrary.org/branches/decatur.html">www.dekalblibrary.org/branches/decatur.html</a>

#### **Harvesting Rainwater**

By Steve Williams

The 2009 ARCSA (American Rainwater Catchment Systems Association) National Conference will be held September 13-16 at the Holiday Inn, Decatur, GA. This is a rare opportunity for Atlanta to learn about the benefits of this renewable resource and see how many of our water issues can be solved with rainwater. For more information go to: http://www.ARCSA.org







#### Candler Park vs. Lake Claire - The Sequel

By Eric Dusenbury

Several years ago neighbors from Lake Claire and Candler Park squared off in a softball game for the ages. Lake Claire opened up a commanding early lead but Candler Park stormed back to claim victory. A great time was had by all (even the injured weekend warriors) and the two teams were invited to a happy hour after the game.

Folks on both sides have been calling for a rematch for a while and the time has come to answer those calls. On Saturday September 26 at 4:00 PM an event known only as "The Sequel" will be held in Iverson Park. To make this happen we need players and we need spectators. The team is open to males and females who are over the age of 18. Please contact me at 404-522-7130 or <a href="mailto:ericdusenbury@gmail.com">ericdusenbury@gmail.com</a> if you are interested in playing.

This softball game is in conjunction with Park Pride's 20th anniversary celebration so Park Pride will be providing refreshments (bottled water and Coke products) for the event. So if you are interested in being a spectator, put on some sunscreen, bring some Cracker Jacks plus a comfortable chair, and wander over to Iverson Park around game time. There are no age limits for spectators:-). We hope to see you there.

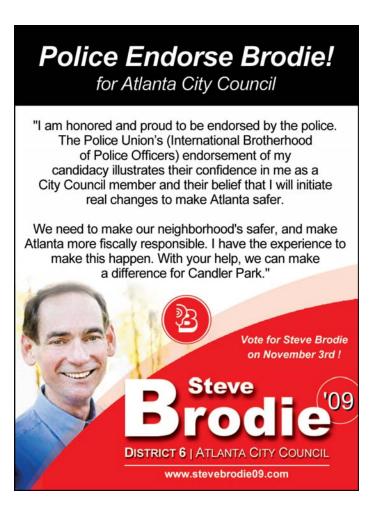
#### **Candler Park Sandlot Baseball for Kids**

By Courtenay Dusenbury

Kids: are you interested in playing baseball in a relaxed, fun setting? We're trying to get a group of kids and parents together to play ball on Friday evenings or Saturday mornings this fall.

Kids will bat and play; parents will fill in as fielders/pitchers as necessary. The "league" will be completely informal – no referees, no uniforms and no commitment to play. Just like the sandlot pick-up games your parents remember.

Boys and girls, ages 7-12 with all skill levels are welcome. Please contact me at <a href="mailto:cdusenb@emory.edu">cdusenb@emory.edu</a> if you're interested.



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## Little Five Points Atlanta's Halloween Headquarters

From a Press Release

What is Halloween in Atlanta without the annual Little 5 Points Halloween Festival & Parade? This annual event is fast becoming Atlanta's favorite Halloween tradition and returns this year with old festival favorites and new highlights.

The festival opens 5pm until 10pm, Friday, October 16, featuring live music, street entertainment, outdoor beverage vendors and Little 5 Points restaurant and retail promotions.

On Saturday, October 17, the festival opens at 12 noon until 10pm with live music and street entertainers in Findley Plaza, a children's area featuring pumpkin decorating, a Halloween costume contest, outdoor beverage vendors, and the festival highlight - the not-to-be-missed Halloween street parade, starting at 4pm.

The festival is free and open to the public and is located in and around Findley Plaza at the intersection of Moreland and Euclid Avenues. For more information call 404-577-4212 or visit www.L5Phalloween.com.

#### Calling all Parents!

By Christie Kuropatwa

Join our parent group and keep in touch with other Candler Park parents. Candler Park Parents Connection is a listserv that connects parents and parents-to-be in Candler Park and its immediate surrounding area. You must be invited or approved to join the group. All CP parents are welcome. Check out: candlerparkparentsconnection@yahoogroups.com





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### What makes our neighborhood **GREAT**?

- √ Neighbors
- √ Local Businesses
- ✓ MARY LIN ELEMENTARY SCHOOL!

Mary Lin Elementary is a vital part of our neighborhood. Anyone will tell you that a quality school system is a major draw for any neighborhood. Once considered an average school, Mary Lin is now recognized as one of the best elementary schools in the state, having received the Silver Award for Highest Performance on the Criterion-Referenced Competency Test (CRCT) in 2008 by the Governor's Office of Student Achievement and the Georgia Department of Education. An excellent school helps create a popular neighborhood, which leads to better businesses in our community and increased home values for everyone.

The Mary Lin Education Foundation, a 501(c)(3) non-profit, helps provide our school with instructional, physical and technological opportunities for the enrichment of all students. **WE NEED YOUR SUPPORT!** Your donations – even if you don't have a child at Mary Lin – helps build a stronger school that gets better every year. **OUR GOAL FOR THIS YEAR'S CAPITAL CAMPAIGN IS \$20,000**. Any amount you donate will make a difference.

With this money we will provide:

- PROMETHEAN ACTIVBOARD technology in the classrooms
   These interactive whiteboards bring the traditional blackboard of yesteryear to life!
- TEACHER TRAINING in current best educational practices

So why isn't this provided by the Atlanta Pubic School System (APS)? APS does aim for all schools to have the best, but that can be challenging due to budget constraints and time demands. We realize that education shouldn't wait when resources are available--improvements are most effective when implemented early. Shouldn't our goal as a community be to have all future Mary Lin students attend a high quality, progressive local school with great resources?

## Please visit <u>www.marylinfoundation.org</u> to support this campaign online or fill out and return the form below~

_ast Name:		First Name:		5- 8-8	
Street Address:		City:		State	Zip
Home ()	Email	Address:			
[ ]\$25	[ ]\$50	[]\$100	[ ] \$200	[ ] Other	
MATCHING CONTRIBUTION If yes, please enclose a signed N					

Please mail completed form and payment to:

Mary Lin Education Foundation • 586 Candler Park Drive • Atlanta, Georgia • 30307

For more information, please visit <a href="www.marylinfoundation.org">www.marylinfoundation.org</a> or send an email to <a href="foundation@marylinelementary.com">foundation@marylinelementary.com</a>

#### **Happy 100th Birthday Candler Park**

By Mark Clement

What better way to celebrate than to make a centennial class picture. Last year I wrote an article about my old friend Panorama Ray, and how we were going to use his turn of the century panoramic camera to do a Fall Fest picture.

Well, we did it - we got several hundreds of people to stand still long enough to make this tedious photo shot a reality. Thanks to Shawn McElroy (AKA Smack). The more than 6' panoramic picture is proudly displayed at the Mercantile and the Front Page News restaurant. It is regularly being viewed by people looking for their smiling faces.

Now that everyone gets it, what do you say we do it again for our 100 year anniversary??? Here is the plan: Get your smiling face to the park and be ready somewhere around the half -way point of the Kingsized set on Sunday evening, October 11th. Be ready to make history



#### CANDLER PARK FALL FEST LIVE ENTERTAINMENT



#### SATURDAY, OCTOBER 10

12:00	WEBSTER
1:30	THE SEVENTH RING OF SATURN
2:30	ZENTROPY
3:30	FRIENDS OF DANIEL PEARL
5:00	LEAGUE OF DECENCY
6:15	BATON BOB
6:50	SWIMMING POOL Q's



#### SUNDAY, OCTOBER 11

12:30	MELLOTRON
1:00	LB COLLECTIVE
2:00	TOMMY THOMPSON BAND
3:00	JEANNIE JOHNSON BAND
4:00	CAZANOVAS
5:00	COL. BRUCE HAMPTON AND THE QUIRK ALLIANCE
6:15	SEED & FEED MARCHING ABOMINABLES
6:25	KING SIZED

#### Fast Food from Your Home Kitchen

By The Food Freak

The other day, I was in major couch potato mode when I noticed this commercial for a big box store touting how much money your family could save by not eating breakfast from your favorite fast food drive-thru. The ad claimed that if you bought their microwaveable, over-packaged, over-salted, high fat/sugar breakfast items, you could feed your family and save hundreds of dollars.

Jeez-Louise, I thought. Why do that when for about \$1 per serving you can prepare a couple of hot and tasty bacon and egg sandwiches in about 4 minutes?

Here's what you'll need:

A microwave oven

Paper towels Small microwaveable bowl

2 eggs

2 teaspoons water

A toaster

Last week's newspaper

4 slices of bacon

4 slices of whole wheat bread

Salt and peppa

**45 seconds**: Arrange the 4 slices of bacon side-by-side on a paper towel. Make sure they are all facing in the same direction and that they are not touching. Place another paper towel over the bacon slices. Fold about 3 sheets of newspaper in half and place the bacon/towel package on top. Pop this in the microwave taking care that the newspaper is on the bottom. Nuke for 1 minute on high.

**10 seconds**: Pop two slices of whole wheat bread in the toaster and press the magic button.

Continued on page 13

It's time...

Epworth at Candler Park

## **SCREEN ON THE GREEN**

September 26th in Candler Park
Family flick, BIGGER door prizes, free hot dogs & popcorn
Food and fun begin at 6:00 pm, movie begins at dark

interested in sponsoring this event? email us at epworthSOG@gmail.com

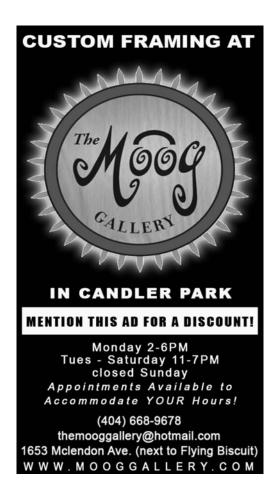
BUT BEFORE THE SHOW

#### Neighborhood Yard Sale - 10am to 4pm

Proceeds benefit Granmaw Gordon and Epworth's "Sacred Spaces" fund

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#### Remembering Betty Knox: A Good Neighbor

By David Godfrey

Betty Knox, the unofficial "Mayor of Page Avenue", passed away on July 7 after a long illness. She will be remembered by her many friends and neighbors as someone who quietly worked behind the scenes to make our community a better place to live. To those who knew her best, Betty frequently commented that "Page Avenue is the best street in Candler Park and Candler Park is the best neighborhood in Atlanta."

A transient childhood may have contributed to Betty's love of place later in life. Born in the Republic of Colombia, she spent her early years moving throughout Latin America following her father's many job changes. After returning to the U.S., Betty eventually got her teaching degree at Furman University. She moved to Atlanta working at Grove Park Elementary School. While at Grove Park, Betty ventured out on a blind date and met her husband-to-be Charles.



Betty and Charles Knox at a Caution Rally in Early 1980's

The couple relocated to Indiana where Charles completed his graduate studies in music. Following a brief tour at Mississippi College, they then returned to Atlanta when Charles received an appointment at Georgia State University. In January, 1968 they found a house on Page Avenue which became home for the next 41 years.

At that time, Candler Park was considered a "transitional" neighborhood. Economic uncertainty, crime, and the looming menace of "The Road" provided a backdrop for the quiet activism that became a major part of Betty's life. She joined others in putting together The BOND Community Star, which for its duration, was the oldest, continuously printed neighborhood newspaper in the city.

The Star was an all-volunteer effort serving Candler Park, Inman Park, Lake Claire, Little Five Points and Poncey-Highlands. Once a month, the Star staff met to prepare the paper for printing. This was a serious effort, but as Mary Alice Bray notes, it was a good mix of business and pleasure: "Every month the staff would meet to discuss and "paste up" the next edition. It was more like a party that we looked forward to every month. I still have fond memories of our "paste up" days and the fun times that we had."

In addition to serving as the Advertising Coordinator, making sure there was money to pay the bills, Betty helped with church distribution and served as the official judge for Star article titles. Over time a key part of "paste up" was creating clever titles for the various articles to be printed. Betty made sure that gems such as "Breaking Wind" (a story about very destructive storms) did not offend the sensitivities of her church distribution audience!

Another big contribution was Betty's involvement with her church, Druid Hills Presbyterian and its outreach ministries. She was instrumental in working with the Community Fellowship dinners for the homeless and provided years of service in assisting patrons of the Intown Community Assistance center. Her specialty was helping others get the help they needed and she did not mind doing whatever it took to make that happen.

Of course, at the end of the day, the place where Betty seemed most comfortable was sitting on her front porch, with Charles. If you happened to walk by, there was always an invitation to come in and sit. Once inside, you might immediately become engaged in a discussion about The Road, or a Star article title, or whether or not Betty should get a new cat. The subject did not matter as much as the fact that you could enjoy the company of someone who really loved being a part of our community. In other words, Betty, being a good neighbor.

#### 

From a Press Release

The All New Jimmy Carter Presidential Museum will host a gala re-opening ceremony on Thursday, October 1<sup>st</sup> at 10:30AM. It will be a very special day as we celebrate President Carter's 85<sup>th</sup> birthday and the brand new museum that honors his life and work.

The re-opening ceremony and ribbon-cutting will be in front of the Carter Presidential Museum and is open to the public. Join the Carters, members of the Carter Administration, and state and local officials for this exciting event. Then be among the first to see the all new, state-of-the-art Carter Presidential Museum.

The new museum features exhibits designed for the entire family, interactive displays that will fascinate as well as educate, historic items and state gifts which have not been previously displayed, and in a first for presidential museums, a major section devoted to the Carters' work after leaving the White House.

Visitors will experience what it is like to be President of the United States in a unique, extensive area called "A Day in the Life of the President." Here, you'll spend one entire day with President Carter, from his 5:30 am wake-up call, through all the issues and decisions he faces during the day, until he goes to bed that night.

For more information visit www.jimmycarterlibrary.org or call 404-865-7100.



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#### **Food Freak**

Continued from page 10

**30 seconds**: Now, crack the eggs into the small microwaveable bowl. Add the water, salt and peppa, and then use a fork to beat it like a rented mule. (I always wanted to say that in a food article...)

25 seconds: Carefully remove the bacon package and newspaper from the microwave. Peep inside the package to make sure the bacon is cooking evenly. Flip the paper towels and bacon, and then place the package back on top of the newspaper and nuke for another minute. If the bacon appears to be cooking too fast, cook on a lower power setting.

**10 seconds**: Pop the remaining 2 slices of bread in the toaster and press the magic button again.

**25 seconds**: Repeat the bacon flipping and cooking process until the slices are evenly brown and extra crispy.

**55 seconds**: Place a paper towel over the microwaveable bowl of eggs and pop into the microwave. Cook for 45 seconds on high. Carefully remove the bowl from the microwave and give the eggs a stir.

**30 seconds**: Return the eggs to the microwave and cook on high for 10 second intervals until the eggs are set.

**10 seconds**: Divide the eggs in half and assemble the sandwiches with the toast and bacon. Enjoy!

**Note**: This fast paced breakfast can be modified for the weekend...just deconstruct the sandwich, sprinkle shaved parmesan and capers over the eggs and call it brunch.





#### **Beat the Street for Little Feet**

by Christie Kuropatwa

Hi there neighbors! Oakhurst Cooperative Preschool will be holding its annual "Beat the Street for Little Feet" 5K, 1 mile run and FREE children's festival in Candler Park this year. The event will be held on October 31<sup>st</sup>! Yes - Halloween! We will have children's music, a costume contest, face painting, fun run, and loads of fun for the kids. Our race t-shirts have a new Pete the Cat image from James Dean each year. This year, Pete will be in costume!

The race will start at 9:00 AM and the Festival will be from 10:00 – 12:00 Noon. Come on out and cheer! We know that CP is famous for their spirit so we will hold a contest for the best cheering section by street. OCP will donate to the CPNO in your street's name! We will be posting the 5K route on our website as well as posting notices on neighborhood listservs and in businesses to be sure everyone that may be impacted is aware.

Come on out and join us!! Not a runner, but love Pete the Cat? Sign up to be a ghost runner and get your t-shirt. Check us out at: <a href="https://www.oakhurstcoop.com">www.oakhurstcoop.com</a> for more information.

Flu Season is here.

Be sure to wash your hands frequently and cover your mouth when you cough!





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#### **CPNO Meeting Minutes**

Compiled by Maureen Wilce

The regular monthly meeting of the Candler Park Neighborhood Organization, Inc. was held on Monday, August 17, 2009 in the fellowship hall of the First Existentialist Church, 470 Candler Park Church, with Amy Stout in the chair. Approximately 30 members were present. The meeting was called to order at 7:00 pm.

#### **Announcements:**

New neighbors, Trey and Jenny Long, and Ryan and Marla Johnson were introduced.

#### **Update from City Officials:**

Officer White reported that car break-ins are on the increase. Please don't leave valuables visible. Police will dust for fingerprints if the theft is reported. Also, if possible, provide serial numbers to the police for stolen goods. These numbers are reported to pawn shops and checks are made on e-bay merchandise to help return items.

Martha Porter Hall spoke about the Historic Fourth Ward Park, 30 acres south of City Hall East, along the Beltline. She urged folks to join the Conservancy, to have a voice early in the park planning. More information is available at <a href="https://www.h4wpc.org">www.h4wpc.org</a>. Randy Pimsler thanked Martha for her services on the Zoning Review Board

Liz Coyle announced she is running for City Council and invited all to contact her.

Kashi is hosting a Yogathon, silent auction, and a 5k in Candler Park on September 12<sup>th</sup>.

Steve Brodie thanked the group for past support and announced he running for City Council. His website notes endorsements and his history with public safety and finance. Please see SteveBrodie09.com. He also noted the Candler Park Water Ballet is a current topic in a blog at Creative Loafing.

Alonzo Church reported that the organization has \$80.005 in funds.

Regarding the \$5,000 donation for the Little Five Points Community Center, Randy Pimsler noted that they will request the check, if approved, when matching funds are identified. The motion to approve funds was unanimously approved contingent on a match.

Donna Palmer noted that the Fall Ball, a costume dance, will be held October 10. The planning group is requesting \$2,500 advance to cover expenses, and any revenue generated by the Ball will be returned to CPNO. The motion was approved unanimously.

Edi Kelman showed the design and materials to be used for the BiRacial history markers. Funding to support the markers was previously approved conditionally on design approval by CPNO. A plan to address potential vandalism is being developed. Edi will monitor the markers' condition. A vote to approve the design was approved unanimously

The July meeting minutes were unanimously adopted.

Continued on page 18.





#### Simple Yoga for Late Summer

By Swami Jaya Devi Bhagavati, RYT500 Executive Director of Kashi Atlanta

As the heat accumulates on the earth and in our bodies over the summer months, yoga is a great way to help regulate your body's temperature and keep you cool.

Half Moon Pose (Ardha Chandrasana) is an easy pose to help keep you grounded and calm. This pose creates the image of a crescent moon and awakens cooling or yin energy. It opens and then strengthens each side of the body, gently stimulating the liver and the kidneys, which improves digestion and elimination. It also strengthens the lower back and the obliques, and can help relieve tension in the shoulders and neck.

#### **Technique**

Begin standing tall with both feet pressed into the earth, thighs pressed back and tailbone tucked under. Lengthen up through the torso, relaxing the shoulders down and leveling the chin.

Place the hands in Prayer Pose, looking straight ahead. Interlace the fingers with the index fingers pointing up, or keep the palms together in Prayer. Inhale and extend the arms overhead, pressing the arms toward the back of the ears, keeping the shoulders released, elbows straight.

Exhale, engaging into both feet, press the hips left while bowing the torso to the right.

Bow from the waist, taking care not to twist or turn into the posture. Extend through the fingers and keep the chin and eyes level.

To release, inhale and come back to center with arms overhead. Repeat on the other side.

#### **Modifications**

Lessen the impact on the lower back by doing Half Moon Pose with the feet hip width apart. With lower back injury or strain, bow into the pose very slightly, lengthening the entire spine and torso without putting any pressure into the back. It can also be modified by extending only the arm on the side that is stretching. For tight shoulders, bring the hands shoulder-width apart overhead.

(A demonstration of the Half Moon Pose is shown on page 17.



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Half Moon Pose (Ardha Chandrasana)



## **IMAGINE**

Build your dream house on this beautiful lot near the corner of Iverson and Candler Street. The houses,below, are built on similar sloping lots but you are only limited by your own imagination!

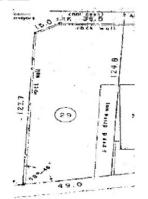




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#### **CPNO Minutes**

Continued from page 15

#### **CPNO Officer Reports:**

Mary Alice Bray updated that all was going well for Fall Fest and over \$15,500 in sponsorship has been received. The band line up is set. Eight houses are included for the Candler Park Tour of Homes. Volunteers are needed to assist with many tasks. Please see Fall Fest website to volunteer. Ken Edelstein noted the need for people to use social media to promote the event. He also is seeking photos from last year's Fest. An event regarding a proclamation for the 100 year anniversary of Candler Park from the mayoral candidates is planned. Please contact Ken@mygreenatl.com with photos and for more information.

Amy Stout announced no major events are planned for this month's NPU meeting.

A calendar of events is now available on the CPNO website (www.candlerpark.org).

Donna Palmer explained that a safety walk is being planned to determine possible need for additional street lighting. Please see *The Messenger*. Doug Wetzel continues to recruit for the neighborhood watch.

CPNO officially voted to support for Fall Fest's application for a special event. The motion was approved unanimously.

Amy Stout presented a request for variance for 347 Josephine. The Zoning Committee voted to approve. No trees will be affected. The motion was approved unanimously.

James Johnson noted that a temporary 60 foot cell tower for the Clear Wire Company behind Front Page News is out of compliance and is now in the permitting process for a permanent tower. James is following up with City Zoning.

A unanimous vote to support the Campaign for Atlanta was approved. Links will be posted at Candler Park's website.

Volunteers to serve as CPNO officers for the upcoming year are being sought. Members who attend 4 general meetings are eligible. The election will be held at the November meeting.

#### **New Business:**

Brian Sells noted that the bulb outs are not generally kept up. He proposed a paid maintenance crew be hired to care for them. A RFP was requested. Liability concerns must be considered.

The meeting adjourned at 8:30.

#### Crime Report

Compiled by David Bruce

**1200 block Euclid Ave** – Auto theft - 7/22 Wed Day. Someone stole the victim's vehicle parked in a lot.

**1400 block Iverson St** — Auto theft - 7/21 Tues Morn. Officer was looking for a robbery suspect in the area of Spring St when he noticed a vehicle traveling backwards through the parking lot on Richardson St. Several suspects were seen jumping from the vehicle and fled on foot. One of the suspects was located and taken into custody. Contact was made with the owner, who stated that the vehicle was stolen. Arrestee: B/M, 18. Suspect: 15.

**400 block Sterling St** – Burglary - 7/25 Sat Day. Someone entered the victim's home through a doggy door in the rear of the home and removed a Wii, \$1500 cash, 42" flat screen, and a lap top.

**400 block Sterling St** – Burglary - 7/25 Sat Day. Someone entered the victim's home through an unsecured back door and removed a lap top, I pod, digital camera, and a gold chain.

**400 block Moreland Ave** - Larceny from auto - 7/20 Mon Eve. Someone removed property from the victim's unsecured vehicle. The incident was caught by security cameras and a witness had also left contact information at the location. Taken: back pack, credit cars, food, thermos, water bottle, calendar and wallet.

**400 block Moreland Ave** – Assault - 8/1 Sat Eve. Victim works as a parking lot attendant and ran off a B/M who was trespassing. Then the suspect approached and started to punch the victim and also picked up a bike lock a struck the victim on the head. Suspect: W/M, 5'9", 165 lbs.

**300 block Candler Park Dr** – Auto theft - 8/1 Sat Morn. Someone stole the victim's vehicle while it was parked overnight.

**1400 block Iverson St** – Auto theft - 8/1 Sat Morn. While an Officer was in the area looking for a group of juveniles who had stolen other vehicles, the Officer observed the 4 males inside the vehicle. The males then attempted to hide as he approached and they all ran when ordered onto the ground. The arrestee was located on Brooks Ave and taken into custody. Arrestee: B/M, 17. Suspect: B/M, wearing a black shirt. Suspect: B/M, wearing a black shirt. Suspect: B/M, wearing a brown shirt and blue jeans.

**300 block Mell Ave** – Auto theft - 7/28 Tues Day. Someone stole the victim's vehicle.

**1200 block Euclid Ave** – Larceny from auto - 7/28 Tue Eve. Someone smashed the front passenger side window on the victim's vehicle and removed a GPS.

**400 block Moreland Ave** – Larceny from auto - 7/28 Tue Eve. Someone smashed a passenger side window on the victim's vehicle and removed a briefcase.

Continued on page 19

#### **Crime Report**

Continued from page 18

**200 block Josephine St** – Larceny from auto - 8/5 Wed Morn. Someone smashed a passenger side window on the victim's vehicle and removed some change.

**300 block Moreland Ave** – Larceny - 8/8 Sat Eve. Victim is the parking lot attendant and stated the suspects snatched money out of his hand after they asked for change. Taken: \$300 cash. Suspect: 2 B/M. Suspect vehicle: Black CHRY CRU.

**400 block Moreland Ave** – Larceny - 8/3 Mon Day. Suspect concealed knit stockings and a Cami top and attempted to leave the store. Arrestee: W/F, 29.

**300 block Josephine St** - Larceny - 8/3 Mon Day. Someone removed 3 cushions and 2 throw pillows from the victim's porch.

**300 block Candler St** – Burglary - 8/7 Fri Eve. Officer responded to an alarm call and discovered that someone had kicked in the victim's back door. Victim responded to the scene and reported a lap top missing.

**300 block Candler Park Dr** – Burglary - 8/2 Sun Morn. Victim came home to find a back window broken and the sliding glass door unlocked. As the victim entered he observed the suspect standing in the living room holding an object. As the victim backed up the suspect exited out the sliding glass door but did not take any items with him. Suspect: B/M, young in age, 5'9", 175 lbs, wearing black shirt and blue jeans, has dreads, and had on a black cap.

**500 block Candler Park Dr** – Larceny from auto - 8/8 to 8/10. 2 day time frame. Victim set his golf clubs down next to the building and returned to find they were gone, and returned to his vehicle to find his power drill and drill bits missing from the vehicle.

400 block Moreland Ave – Larceny from auto - 7/27 Mon Day. Suspects were caught by security cameras entering the victim's vehicle and removing property. Suspects jimmied the lock on the rear driver side door. Taken: lap top, Zune 120G, serve safe book, back pack, note book computer, Zune power cable, computer software, mouse, leather binder, camera, jump drive, power inverter, and HD head set. Suspect: B/M, 6'00", bald, blue shirt and blue jeans. Suspect: B/M. Suspect vehicle: White Pont GRA.

Continued on page 20



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- Deb Milbrath, CPNO Membership Secretary

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Home phone:	Mobile phone:				
Email:					
Minor Children (names and ages	s)				
Any information NOT to be published in CP neighborhood directory?					
Business applicants list name, ac	ddress, and phone # of designated agent:				
Name of business:					
Address of business:					
Option	al Contribution				
	to help CPNO continue serving the opportunity to make a contribution.				
Please indicate either: New Enr	rollment or Renewal				
I elect to contribute					
Membership In	volvement and Interests				
New neighbor welcome Historic Preservation 5K/Road Races Tour of Homes Fall Fest Social events	Newsletter/Messenger Candler Park/Environment Land Use / Zoning Flyer Distribution Parent/child groups Other (specify)				

Please mail application and enclose any optional contribution to

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#### **Crime Report**

Continued from page 19

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1100 block Euclid Ave – Larceny - 8/11 Tue Eve. Victim: W/F, 28. Victim: W/F, 31. Victims were sitting at an outside table when suspects asked for cigarettes and then snatched both the victim's purses. Suspect: B/M, 6'00", 155lbs, red white polo shirt, and white fisherman's hat. Suspect: B/M, 6'00", 155lbs, blue shirt. Suspect: B/M, 6'00", 155lbs.

1100 block Colquitt Ave -Pedestrian robbery - 8/9 Sun Morn. Victim: W/M, 25. Victim: W/F, 25. Victims were walking through the parking lot when the approached suspects commanded them to the ground. Female victim ran but was grabbed by the throat and thrown the ground. Male victim complied and stated an object was placed in his back as his property was taken. Suspects fled the area in a white Volvo. Suspect: 3 B/M.

1200 block Caroline St -Pedestrian robbery - 8/11 Tue W/F, 28. Eve. Victim: The suspects approached the victim while she was at an ATM. They pushed the victim to the ground, took her cell phone, \$100 cash, and demanded her Pin Number. Suspects fled on foot when a witness approached them. Suspects: 3 B/M, between 5'06" and 5'09".

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