



July 2019

# MESSENGER

## Our Neighborhood Gardens

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Photo by Silvia Medrano-Edelstein

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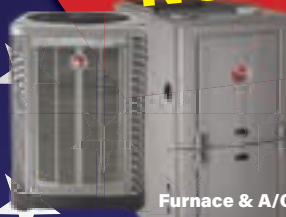
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## Calling All Candidates

By Dana Fowle, [president@candlerpark.org](mailto:president@candlerpark.org)

Yes, I'm talking to you. You, the smart, hardworking mom who sits at the dinner table after work and riffs about great ideas for the neighborhood. And, you too, dad. Your expertise, whether it be in accounting, graphics or bartending, is important to the community. Hey, singles, don't duck. We need you. Your energy and independence are valuable to us.

We need you to join the Candler Park Neighborhood Organization volunteer board. All positions are open, but a few will be vacated for the upcoming year.

I know, I hear it all of the time, 'I'm too busy.' I get it; I really do. We're all busy, but we draw on the support of each other to get the work of the neighborhood done. I promise you that it's doable. And fun.

Many of the good things in this neighborhood have come from our volunteer board and committee members. Fall Fest is run by a lot of volunteers. It provides a weekend of family fun, but it also fuels our bank account which allows us to contribute to school and police funds. CPNO's financial contributions help Mulberry Fields, the Little 5 Points Alliance, and Candler Park Conservancy to thrive.

CPNO makes sure we have Candler Park Movie Night, the Easter Egg Hunt and Porch Parties. Heck, the neighborhood was literally saved from a highway nearly 30 years ago by folks you see today at membership meetings.

But without fresh, new faces these things that make us a special neighborhood can't continue. Ahead of us we have important issues that I'm sure

## PRESIDENTIAL BRIEFING

you care about: sidewalk repair, DeKalb Avenue complete streets, pedestrian street safety, Hulsey Yard plans, and Candler Park updates.

None of those pique your interest? Well, let's talk about why many of you moved here – for the schools. Here's the first paragraph in a recent article in The Atlanta Journal Constitution, "Atlanta Public Schools will spend \$900,000 developing a facilities master plan to guide decisions about consolidating and building schools and changing attendance zone boundaries."

Without CPNO's input, Candler Park could easily be moved out of the Grady Cluster. Don't have kids in the system? Well, consider how your home values might shift with a change in where your neighbors' children go to school.

So, here's what you do next. Reach out to current board members about meet and greets and gatherings to chat about what role you can play in helping Candler Park stay on this progressive trajectory. We'd love to talk your ear off.

## Board Vacancies

President,

Membership

Communications Zoning

Fundraising

The mission of the **Candler Park Neighborhood Organization** is to promote the common good and general welfare in the neighborhood known as Candler Park in the city of Atlanta.

## BOARD of DIRECTORS

<b>PRESIDENT</b> <a href="mailto:president@candlerpark.org">president@candlerpark.org</a>	<b>Dana Fowle</b>
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<b>TREASURER</b> <a href="mailto:treasurer@candlerpark.org">treasurer@candlerpark.org</a>	<b>Rohini Kukreja</b>
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Find a complete list of CPNO committee chairs, representatives and other contacts at [www.candlerpark.org](http://www.candlerpark.org).

## MEETINGS

CPNO Members Meetings are held every third Monday at First Existentialist Congregation, 470 Candler Park Drive.

Committee meetings take place at The Neighborhood Church, 1561 McLendon Ave., unless otherwise announced (enter from the street level door and ring the bell if you're late).

All are welcome. Only registered members are eligible to vote at monthly meetings. Membership applications must be received by Membership Officer by the first day of the month of meeting.

Find specific meeting information on page 6 and a complete list of CPNO meetings at [www.candlerpark.org](http://www.candlerpark.org).

## MEMBERSHIP

CPNO membership is free to Candler Park residents, property owners and businesses. Membership must be renewed annually.

Sign up at [www.candlerpark.org](http://www.candlerpark.org) or mail name, address, and email to

**CPNO Membership**  
**PO Box 5418, Atlanta, GA 31107**



## DATES TO REMEMBER

### JULY

**8** CPNO Board Meeting,  
7 pm, Neighborhood  
Church

**15** Deadline to submit  
content for August  
Messenger!

**15** CPNO Members  
Meeting, 7 pm, 1st  
Existentialist Church

### AUGUST

**12** First day of School,  
Atlanta Public Schools

**12** CPNO Board Meeting, 7  
pm, The Neighborhood  
Church

**15** Deadline to submit  
content for September  
Messenger!

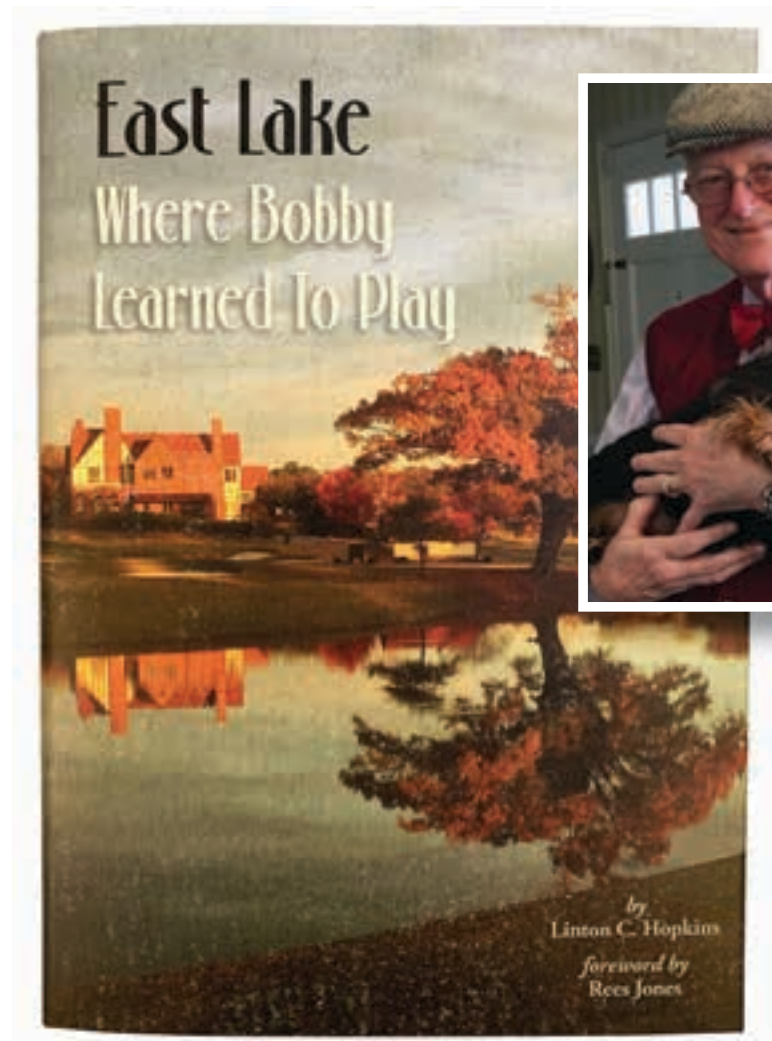
**19** CPNO Members  
Meeting, 7 pm, 1st  
Existentialist Church

*In case of cancellations or changes,  
check CPNO's Upcoming Events list at  
[candlerpark.org](http://candlerpark.org). All CPNO meetings are  
open to the public.*



## Special Edition Lunch & Learn Author Event: Bobby Jones' East Lake

*Source: DeKalb History Center Press Release*



The DeKalb History Center's July Lunch & Learn will be presented by Linton C. Hopkins.

Exploring the history of East Lake Golf Club along with the story of Bobby Jones, Alexa Stirling, and other amateur golfers, *East Lake – Where Bobby Learned to Play* is unlike most books about golf. Told from a dynamic perspective, this book recounts stories from the time Bobby Jones was learning how to play golf and the journey that turned him into one of the greatest amateur golfers of all time.

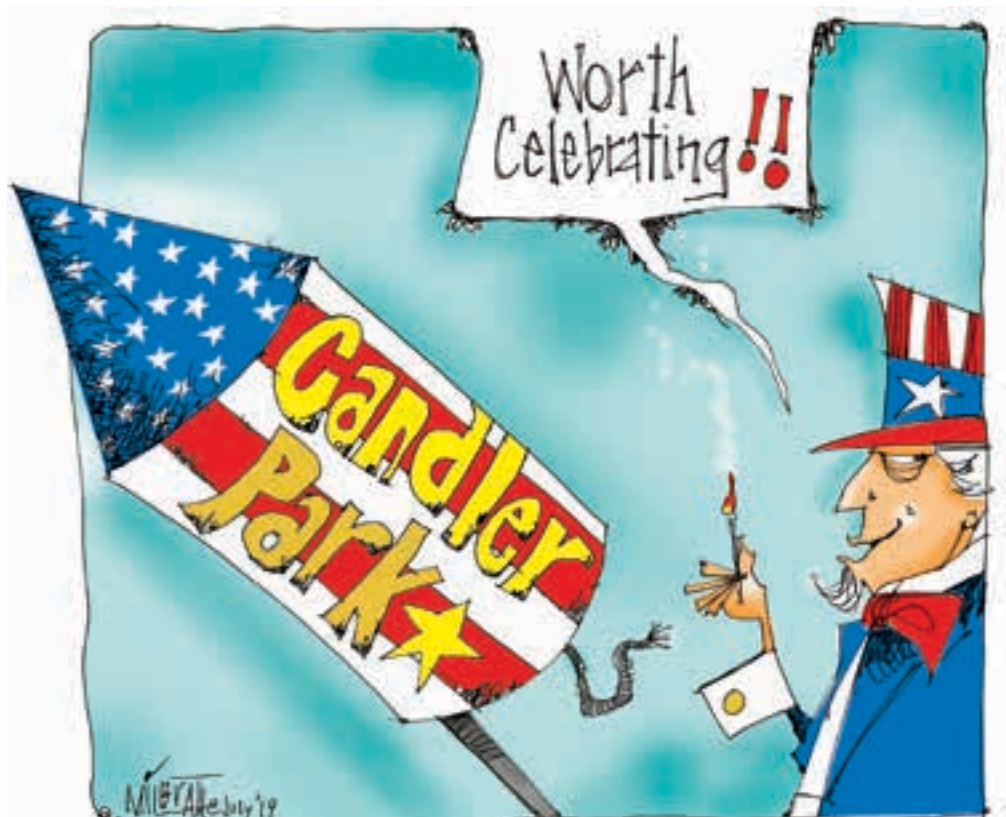
Linton C. Hopkins is a retired neurologist from Emory University, a long-time member of East Lake Golf Club, and a native of Atlanta. Taking inspiration from his patients, Hopkins became enthralled with the history of Bobby Jones, East Lake, and the countless stories that were widely untold until now.

**FREE!**  
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**Tuesday, July 16, 2019, Noon – 1:00 p.m.**

**Historic DeKalb Courthouse, 101 E. Court Square**

**Decatur GA 30030, Second Floor**



## Thanks to Brewhouse Cafe!

Thanks to Brewhouse Café for sponsoring the June CPNO membership meeting with a variety of pizza! Located in the heart of Little Five Points, the Brewhouse Café calls itself “Atlanta’s premiere soccer bar” and shows all Atlanta United soccer games. As an independent, locally-owned business since 1997, the Brewhouse serves traditional breakfast for early morning matches and stays open until 2 am serving starters, sandwiches, burgers, wings and pizza. Go to the Brewhouse Café and enjoy soccer “with Atlanta’s most passionate soccer fans!”



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The Messenger is the monthly newsletter of the Candler Park Neighborhood Organization. Articles reflect the opinions of authors, and not necessarily those of CPNO, the CPNO Board of Directors, the Messenger or the editor.

Articles must be signed and submitted via email to [editor@candlerpark.org](mailto:editor@candlerpark.org) by the 18th of the month prior to publication.

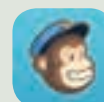
If you have a news tip or story idea, please email relevant information including contacts to [editor@candlerpark.org](mailto:editor@candlerpark.org) or call the editor.

If you live in CP or own a business in CP, and aren't receiving the Messenger by mail, be sure to notify us! Send your name and address to [editor@candlerpark.org](mailto:editor@candlerpark.org). Place the words "Messenger Delivery" in the subject line.

## CP ONLINE

For the most up-to-date information on Candler Park events and news, check us out on the Web at [candlerpark.org](http://candlerpark.org).

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To receive informative email blasts, sign up online to become a CPNO member. We don't spam!

### MESSAGES & CRIME ON NEXTDOOR



Join the Candler Park group at [candlerpark.nextdoor.com](http://candlerpark.nextdoor.com) to keep up on crime reports and other messages.

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Our handle is your handle: [twitter.com/CandlerParkATL](https://twitter.com/CandlerParkATL)



# Little 5 Points Mini-Precinct—It Works!

By Richard B. Shapiro, D.D.S., Little 5 Points Business Owner



We're beginning our annual Little 5 Points Mini-Precinct fundraising campaign later than usual.

The officer on duty was promoted and re-assigned, leaving Mini-Precinct vacant for several months. Zone 6 promised to do its best to re-staff it. But given the shortage of Atlanta Police officers, we did not feel it was fair to ask the community for donations to keep the Mini-Precinct running, until it was certain an officer would be assigned there.

This wound up being an unintended experiment.

The lack of a police presence became clear. The plazas and public areas in L5P became increasingly occupied with an assortment of ne'er-do-wells, train kids, urban campers, illegal vendors, professional panhandlers, a whole cast of dubious characters. They took over the space, bringing and leaving a lot of trash, preying on passerbys, surrounding themselves with loads of personal belongings, living on the sidewalks, engaging in various levels of criminal activity, blocking much of the pedestrian right-of-way, and on and on.

But recently, Officer Tom Gissler was assigned to fill the Mini-Precinct vacancy. He is an APD officer with an excellent background and skill set for the job. The positive changes after his arrival were rapid and profound--the area cleaned up, many less troublemakers were hanging around, behaviors improved...the area looks and feels, cleaner, safer, and more pleasant. A palpable, significant and welcome contrast to the preceding problems.

We're often asked if the Mini-Precinct's police presence makes a difference, well we just lived through a pretty impressive demonstration proving how much it does.

Our Mini-Precinct Satellite Police Station is now in its 21st year and continues to be a cornerstone in our community's approach to reduce

crime. Thus, the yearly appeal for individual donations.

This is a public/private partnership between the City of Atlanta and community. The officers, equipment, supplies, computers, electronic and video communication gear, etc., are funded by the Police Department. The community provided the funds to renovate the space and continues to pay for rent, repairs, utilities and other operating costs. That funding has come from L5P Business Association and its members; Neighborhood Organizations; and contributions from individual households in the area.

It's really a no-brainer -- having officers here protects people, possessions, and property values. Your financial support is particularly important to keep this valuable and truly vital facility open.

Please send your personal contribution now. Matching or increasing your last year's contribution, or sending \$75 or more, is suggested, but every dollar helps.

Donating is the right thing to do for your community, your neighbors and yourself.

Send your check (include your name, address and phone number) to:  
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# Project Safe Flight Atlanta Tallies Additional Bird Deaths During Spring Migration

Source: Atlanta Audubon Press Release

Building collisions continue to pose a threat for birds passing through Atlanta during spring and fall migration, according to Atlanta Audubon. Since Project Safe Flight Atlanta launched in fall 2015, volunteers have collected more than 1,400 birds of 105 different species. During the spring monitoring season that ended in late May, volunteers collected more than 30 species of birds, ranging from common birds like American Robin and Ruby-throated Hummingbird to more unusual species like Fox Sparrow and Virginia Rail.

“The purpose of Project Safe Flight Atlanta is to gain a better understanding of the bird-building collision problem in the metro area,” says Adam Betuel, Atlanta Audubon conservation director. “We are interested in learning what species are most likely to collide with buildings, how many birds are affected, and what parts of town are problematic. Our long-term goal is to establish partnerships with building managers, citizens, and other partners to make Atlanta a more bird safe city.”

Monitored sites included public sidewalks, private businesses, university campuses, and a government



building. Each year, Project Safe Flight Atlanta volunteers patrol pre-determined routes around the metro area collecting birds that have collided with buildings. Patrols run from late March through May each spring and again from mid-August to mid-November in the late summer and fall, covering peak migration months for many species.

Current research estimates that between 350 million and 1 billion birds perish each year from colliding with buildings in the U.S. Attracted by nighttime lights and confused by daytime reflections of habitat in shiny windows, many birds become disoriented and fly into the buildings, ending their journeys and their lives prematurely.

## YOU CAN HELP!

There are several ways the public can help. One of the easiest is to reduce nighttime lighting during peak migration periods. Atlanta Audubon has launched Lights Out Atlanta to encourage homeowners and commercial properties to turn off nighttime lights from midnight to 6 AM during peak migration. For more information or to sign up, please visit [www.atlantaaudubon.org/loa](http://www.atlantaaudubon.org/loa).

More information on how to make your home bird-safe and a reporting form for people who find dead birds are available on the Atlanta Audubon website at: <http://www.atlantaaudubon.org/project-safe-flight>.

About Atlanta Audubon: Atlanta Audubon is building places where birds and people thrive. We create bird-friendly communities through conservation, education, and advocacy.

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# Mulberry Fields Garden Chickens Have Been Named

*By Stephanie Van Parys, Executive Director, Wylde Center*

On May 18, members of the Candler Park neighborhood and the greater community gathered at Mulberry Fields to win a chance at naming the chickens. Participants purchased raffle tickets to have a chance of naming one of the 10 new chickens recently added to the rebuilt coop at Mulberry Fields. All raffle proceeds are being used for the renovation of the children's play area at Mulberry Fields.

And the names are (drumroll) Flapjack, Kristen, Fuzzy, Sylvia, Lazer, Gregory Peck, Cheetah, Cakey Pancake, and finally, Daenarys, Corn Fed, of the House Mulberry, First of her Name, the Unfried, Queen of the Goats & Hens, Khaleesi of the Great Cornfields, Hatcher of Eggs, Mother of Chickens.

Thank you to everyone who participated in the Name that Chicken raffle and who attended our event. We invite everyone to come see the new chickens. Mulberry Fields Garden is open every day during daylight hours and is located down the alley at 1301 Iverson Street, Atlanta, GA 30307. Children love the tree swing and visiting with the goats and chickens.



Chickens and cupcakes and children, oh my! Chicken themed treats were enjoyed by the children and their parents.



we drew on the drawing table,

## Mulberry Fields Garden Celebrates 20 years!

On September 7 from 5-11 p.m., we are having our Mulberry Fields Gone Wylde party to celebrate our 20th anniversary of the garden. We will have live music, face painting, food and drinks, and plenty of kid activities. We can't wait to see you! <http://wyldecenter.org/mulberry-fields-gone-wylde/>



Before we drew the names for the chickens, we played on the swing....



and we shoveled compost!





At last it is time to gather and watch to see who wins a chance at naming a chicken. What will their names be?



Happy faces! "I named a chicken!"



The children take turns drawing chicken names with the help from Wylde Center's very own Sara Hempen. Is she dressed as a chicken? Indeed, she is.



Don't look!



Richard Bathrick holds one of the new chickens.



Everyone who wins a chance at naming a chicken takes home a certificate.



# Candler Park Gardens



Callan Circle



Miller Avenue



Terrace Avenue



Oakdale Road



Oakdale Road



Primavera School, Candler Park Drive



Oakdale Road



Candler Street

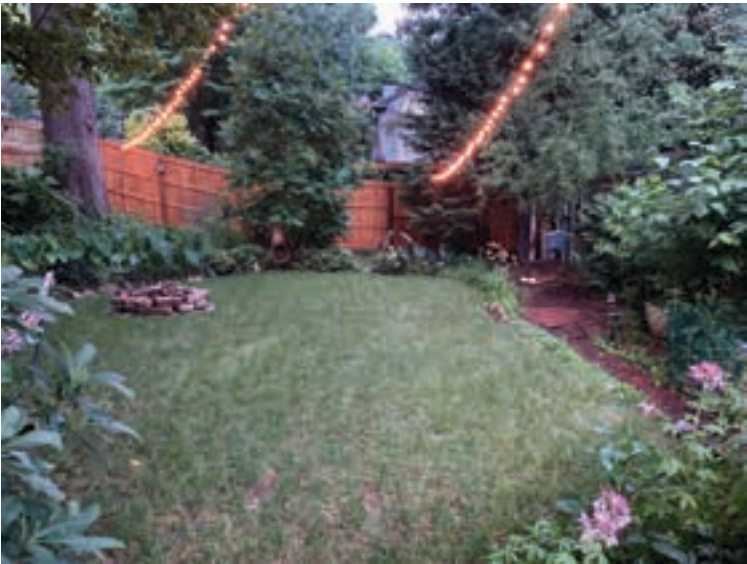




# Candler Park Gardens Continued



Page Avenue



Candler Park Drive



Euclid Avenue





# 1604 Dekalb Avenue: Your Total Wellness Destination

By Kristin Eber, Owner of Rosefinch Spa

1604 Dekalb Avenue was long a nondescript grey building at the corner of Glendale. What started as a plumbing supply company in the 1940's has worn many hats over the years; salons, lofts, a fresh fish supplier, but in 2015 the neighboring business (the Fellinis/La Fonda headquarters and owners Mike Nelson and Clay Harper) purchased the building with the goal of creating retail spaces for businesses that would support the community. And that is precisely what has happened.

Following an extensive renovation of the exterior, the first business to take up residency was The Rosefinch Spa. Owner Kristen Eber worked at nearby Salon Red for many years before amicably parting ways to create her dream spa (Some of her clients have been with her since 2002!). Her father designed the layout of the space but sadly this was to be his last design project as he passed away weeks before her doors opened. The spa has 4 treatment rooms and sunny relaxation areas full of antiques and curiosities. About a year after opening, the spa joined forces with Ashley



Bohanon of Boholistic Bodywork, a master of Thai Bodywork massage among so many other things. The spa also offers organic facials, waxing, lash services, massage and the neighborhood's only infrared sauna.

Second to move in was GRIT Studios, a personal training studio owned by Lianne Horne. A trainer for over 10 years, Lianne worked at the now defunct Core Body in Decatur. When their doors closed she found 1604 and knew it would be perfect for her vision of an intimate gym that could foster one-on-one relationships between trainer and client. One of their four trainers, Suzan, specializes in training adults over 50. They have a solid collection of equipment to meet a variety of fitness needs. On sunny days don't be surprised if the parking lot is full of folks sweating their tails off.



Last to open and in the upstairs suite is The Lemontree Salon, owned by business partners Amy Jones and Monique Simon (Lynn



Simon's wife! Lynn is your favorite local UPS driver extraordinaire!). Amy and Monique are old friends who also once worked at nearby Salon Red (and also old friends of Kristen's from The Rosefinch Spa - Monique is her son's godmother!). Along with their team of stylists, you can be sure to receive excellent styles ranging from wild vivid colors to perfect balayage and layers. As many of their long time clients (some of whom have followed them for twenty years) will tell you, these are very talented ladies. The salon has an open, airy feeling. The space is beautifully designed and manages to be luxurious and incredibly inviting at the same time.

What all three of these businesses have in common is that they are places anyone can feel welcome. No one is too old, too out of shape, too uncool or too... anything! They all love being part of the Candler Park community and enjoy taking part in events and donating regularly to schools and other local projects. For more history, information and photos, check out their websites, FB pages and Instagrams.

[www.TheRosefinchSpa.com](http://www.TheRosefinchSpa.com)

[www.LemontreeSalon.net](http://www.LemontreeSalon.net)

[www.GritStudios.net](http://www.GritStudios.net)

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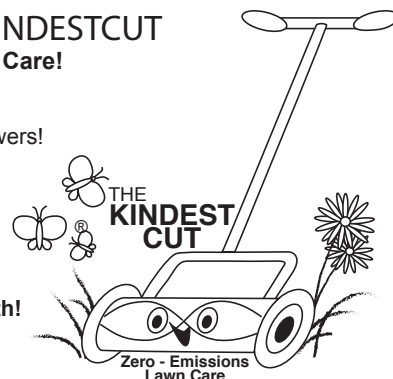


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# 2 Green Thumbs Up: How Your Houseplants Can Improve Your Health

*By Gail Turner-Cooper, Candler Park Resident and Certified Health Coach*

Sometimes when something becomes very trendy, it can be hard to tell if it's actually worth the hype or just a passing fad. We see the trends across our feeds and wonder if we should give in. Anyone with an Instagram account could tell you that right now, plants are having a moment. Fortunately for both the plants and us, this is way more than just a passing trend.

Keeping houseplants in your home has proven benefits to both your physical and mental health, while simultaneously cheering up your living space. What if your favorite home decor could actually help you sleep better at night? Well, here's a list of just a few ways your new plant buddies could help you start living better today.

## 1. Take cleaner breaths

Remember your elementary school lessons about photosynthesis? Let's recap! Plants absorb carbon dioxide from the air and release oxygen back into the air. Therefore, a plant in your home is like investing in a beautiful air purifier. With better oxygen levels, you'll notice your breathing might get a bit easier. Plants are particularly beneficial for those of us with conditions that affect our breathing, like asthma or allergies.

## 2. Enjoy better skin

Cleaner air doesn't just aid our lungs, it improves our skin too. When the air is filled with toxins, those toxins find their way into our pores and can cause skin conditions like dryness, dullness, acne, and more. Your beautiful plants want you to be beautiful too though, and that's why they clean the air while humidifying it too. Plants release 97% of the water they take in back into the air which can keep your rooms (and your skin) from becoming dry or musty. We can't guarantee that filling your home with plants will give you the dewy complexion of your dreams, but it can't hurt.

## 3. Sleep better

Many of us live in busy cities, neighborhoods and apartment buildings filled with the sounds of life going on around us. Whether it's traffic, conversation, or just footstep noises, all of those sounds can keep you from getting your best night's sleep. Plants can help to reduce background noise levels inside your home, though. Plants, and specifically their leaves, help absorb sounds that might otherwise bounce off of hard, solid surfaces.

## 4. Think better thoughts

Professional counselors often encourage patients experiencing depression or anxiety to



purchase a houseplant or two, and to even "talk" to their plants. This isn't to encourage the act of talking to inanimate objects regularly, but rather to establish patterns of wellbeing and consistency in their lives. Plants encourage you to notice them each day, to pay attention to their health and their beauty. This daily habit of checking in on something you care for can be a therapeutic experience, and one that will in time improve moods, focus, anxiety, and stress.

## 5. Live a better life

Many hospitals and doctors offices have begun introducing plants to their patient

spaces. According to researchers at Kansas State University, adding just one plant to hospital rooms can help speed the recovery rate of surgical patients. Patients with plants in their rooms routinely request less pain medication, report lower heart rates and blood pressure, experience less fatigue and anxiety, and find themselves back on their feet much quicker.

*Gail Turner-Cooper is a certified health coach and the founder of Align Health Coaching based in Atlanta. You can learn more about her and Align Health at [www.alignhealthcoaching.com](http://www.alignhealthcoaching.com).*

# CPNO Officer and Committee Report for June

## Communications and Membership - Jennifer Wilds and Roger Bakeman

As of June 12 we have 587 members, the same number we had at the end of 2018. Already a few more members have made donations as at the end of 2018 and the average donation has increased from \$39 to \$55. The majority of donations this year, 70%, came in April, a month during which our members were feeling particularly generous.

## Candler Park Conservancy- Ken Edelstein

The Candler Park Conservancy is focused on next steps in implementing major projects on our community's shared Vision Plan for the park. In 2018, CPNO generously supported the development of designs for improvements to the Active Lawn and natural amphitheater. Our team worked with design firm Perkins + Will, which also has agreed to perform similar pro bono design of playground later this year. Through this process we've already gotten a better idea of the cost of the first two projects; each is expected to run around \$1.5 million.

In months since, we've gone through a strategic planning process to figure out how to best position the Conservancy — as a relatively new, volunteer-based nonprofit organization — to demonstrate capacity and raise funds at the necessary scale. Nonprofit fundraising consultants have advised us to hire an executive director to successfully execute a capital campaign on such a scale. So, last month, the Conservancy Board voted to explore funding for that position.

We also are redoubling efforts to drive organic revenue growth through memberships and other fundraising activities such as our successful May social event "Beavers, Bluegrass, & BBQ." We hope you'll join the Conservancy today at [candlerparkconservancy.org](http://candlerparkconservancy.org).

While we progress on the long-term Vision Plan projects, the Conservancy continues to expand its other activities. In addition to projects and events mentioned in previous Messenger articles, we are now:

- planning to install some refreshed landscaping at the pool;
- in discussions with the city about installing barrier at the edge of the parking lot to protect the park from people driving up on the curb;
- in discussions with the city and others about the opening the pool house bathrooms during athletic events (this remains a challenging issue, but there have been some promising developments);
- talking with Trees Atlanta about events to plant some conifers and remove the rampant invasives along the hillside above the sports fields; and
- organizing the Fall Fest 5K and Fun Run as part of a revenue share arrangement with CPNO

And our fun activities are continuing, too. Be sure to stretch yourself to attend our next event: Sunset yoga in the park on July 18 at 7 p.m. For full events calendar, please to [candlerparkconservancy.org](http://candlerparkconservancy.org).

Better yet, get involved in these and other great opportunities to improve and enjoy our neighborhood's number one amenity? If you're interested, please feel free to email us at [info@candlerparkconservancy.org](mailto:info@candlerparkconservancy.org)

The Conservancy also wishes to thank our latest Gold Level Business members: "Rosie's Roofing provides residential and commercial roof replacements and repairs. As long-time residents of



Lake Claire and Grant Park, the owners of Rosie's Roofing are your neighbors, and in many cases, your friends."

## Development - Emily Taff

The survey has been closed, we got over 200 responses and are in the process of coming up with a recommendation for CPNO.

## Zoning- Bill Morris

Because there was only one application on the agenda for June, the Committee elected to conduct discussions and vote electronically.

1627 Moreland Ave. NE, Park Atlanta Homes (the builders of the two new houses at the NE corner of North Ave. and Moreland Ave.) requested neighborhood support for the installation of a 4ft tall aluminum fence at 1627 same as the fence installed at 1621 Moreland Ave. The 4 ft. fence would extend around the side and rear yards of the property. Because the address is located in the special zoning district SPI-7, the owner was requested to obtain neighborhood support for the fence from the Atlanta Urban Design Commission. As noted, the proposed fence is similar to the one installed next door at 1621 by the same builder and is also similar to two other fences on North Ave. (within the SPI -7 zoning district). Of the approximately 11 existing fence, three are of the type proposed for 1627 (aluminum), the remaining fences are mainly steel although there is one that is wood and steel. Several of the steel fences are badly rusted. Following our general protocol, the owner provided copies of the site plan, copy of the application filed with the City and notified the surrounding neighbors of the application. Based on the above, the committee voted 4-0 to recommend support of the proposed 4 ft aluminum fence installation.

## Freedom Park Conservancy- Christina Moore

- FPC is organizing a monthly volunteer day on the second Saturday of the month. Our next project will be Saturday, July 13th starting at 8:30am. Neighbors are encouraged to RSVP online (it will be posted to our website). Each month we will move around the park and work on a variety of projects like mulching, weeding, invasive removal, and litter pick up. More information about where to meet will be posted to our website.
- FPC will host an Atlanta-themed Trivia Night Fundraiser on August 17th at Manuel's Tavern. Tickets will go on sale in July.



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# June 17 CPNO Members Meeting – draft minutes

*These minutes are presented for review. They may be amended before being considered for official adoption at the July CPNO members meeting.*

The meeting was called to order at 7:04 pm by Dana Fowle, President. The motion to adopt the agenda passed. The motion to approve the May Minutes passed. Thank you to the Brewhouse for providing dinner. Dana Fowle explained the rationale for the Board's decision regarding the zoning vote on 1660 DeKalb Avenue.

## Guest Speakers:

- Sgt. Jones invited all Candler Park residents to a meet and greet on June 29th at 10 am. The event will be held at the Zone 6 office-2025 Hosea Boulevard. The email address for submitting videos of crime is [zone6CID@atlanta.ga.gov](mailto:zone6CID@atlanta.ga.gov).
- Mulberry Fields-Stephanie Van Parys requested CPNO to donate to "Mulberry Fields Gone Wild", 20th anniversary, September 7th. Motion to donate \$500 to the 20th anniversary passed.
- Wendy Heaps proposed the establishment of a dog park on a parcel of land near the Jackson Hill Baptist Church.
- Curlfest- no one from that event was present.
- MARTA development- The parking lot on the south side of The Candler Park-Edgewood Station will be closed for 24 months for further development of that land.

## Financials:

Rohini Kukreja, Treasurer, reviewed the P and L sheet for May.

## Announcements:

- Susan Rose, Editor of The Messenger, requested photos of Candler Park gardens for the July issue.
- Little 5 Point Alliance - Joseph Hacker provided an update on that group's activity which includes a beautification program, study of Euclid Avenue, and the renovation of Findley Plaza.
- Zoning- Motion to support the installation of a 4ft. aluminum fence at 1627 Moreland Avenue passed.
- Intersection of Oakdale Road and Iverson St.-Saira Draper and Sarah McGrath led a discussion concerning pedestrian safety. Petition for same is available for your signature. Vote to be taken next month.
- Connie Weimar spoke on her concern about the voting procedure that was utilized for the zoning vote last month.
- New Board members are needed for next year. Please start thinking about possible nominees.

The meeting was adjourned at 8:35 pm.

Submitted by Bonnie Palter, Secretary

June 17, 2019

# CPNO Membership Application

All who live in Candler Park, or own property or a business in Candler Park, are eligible to join. Mail this application or visit our website to join [www.candlerpark.org](http://www.candlerpark.org) register or renew. [www.candlerpark.org/renew](http://www.candlerpark.org/renew)

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Email: \_\_\_\_\_ Date: \_\_\_\_\_

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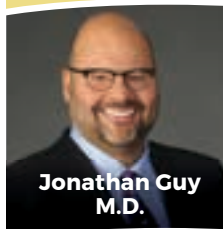
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## Optional contributions

Membership in CPNO is free, but we welcome optional contributions. To contribute, please visit our website [www.candlerpark.org/contribute](http://www.candlerpark.org/contribute) or mail a check with this application. Typical contributions range from \$10 to \$100.

**If sending by mail, please address to:**  
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# 12 Packing Tips for Your Summer Travels

Submitted by Mary Rose Providence

Summertime brings with it some of the best memories of the year. But even fun times bring some dilemmas. Whether you're going to the beach, on a long road trip, or out of the country it's hard not to overpack your suitcase. What if you get cold at the beach? You definitely need to pack a winter parka just in case. Or what if you lose a pair of sandals? It's probably better to bring a pair for every day. Yes, it sounds silly, but truly, it's hard to know how much is too much. Can you relate? Look through these packing and travel tips to help you pack more lightly and organized for your upcoming summer travels.

## 1. CHECK IF THE HOTEL HAS A HAIRDRYER

Hairdryers are bulky and large and take up so much space in your bag. Save space by checking ahead to see if your hotel already has a hair dryer. It may not be as nice as your hair dryer at home, but it can definitely get the job done for a short amount of time.

## 2. THINK BEFORE PACKING ITEMS YOU'LL ONLY WEAR ONCE

Unless it's a special case, if there's an item you will only use once, it may not deserve a spot in your bag. Try to stick to items you can wear more than once during your trip that you could wash instead. However, if the item is necessary, chances are it may be easier to buy that special item at your destination rather than hauling it across state lines.

## 3. WEAR BULKY ITEMS TO THE AIRPORT

By wearing your bulkiest items to the airport, you can save valuable suitcase space. For instance, wear your bulky

running shoes and pack your sandals or wear your sweatshirt and pack your tank top. Another trick is to pack your heaviest items at the bottom of the bag near the wheels because it makes it easier to haul through an airport.

## 4. PACK ALL THE DIRTY CLOTHES IN ONE SUITCASE

If you are able to unpack clothes into drawers while on the trip designate one person's suitcase for dirty clothes. On the way back they can put their clean clothes in a suitcase with someone else's clean clothes. This way when you get back from the trip you can simply unload the dirty clothes suitcase to wash instead of searching through everyone's bags for their dirty clothes.

## 5. STUFF YOUR SHOES

If you are packing a pair of tennis shoes or a hat, consider putting little things inside them. For instance, you could stick a pair of socks or a phone charger in your shoes to make it so there is no wasted space in your suitcase.







**It's hard to know how much is too much.  
Look through these packing and travel tips to  
help you pack more lightly and organized**

#### **6. WRAP FRAGILE ITEMS WITH SOFT CLOTHES**

If you are bringing an item that could easily break, make sure to place it in the middle of the bag and wrap t-shirts or other soft clothes around it to protect it from breaking in your suitcase.

#### **7. PACK IN ADVANCE**

Don't put off packing until the last minute. If you pack a couple days ahead, you won't feel as rushed and will be able to think through what you are packing rather than frantically throwing everything in the bag at the last minute. Packing last minute can often times lead to overpacking or forgetting important items.

#### **8. BUNDLE WRAP YOUR CLOTHES**

This technique is similar to rolling your clothes but is said to keep your clothes less wrinkled. Bundle wrapping is a technique where you wrap clothes around each other, with the least wrinkle prone items in the core such as pants and sweaters and the most wrinkle prone

items wrapped around the outside of the stack such as dresses and jackets.

#### **9. DON'T BRING CLOTHES YOU HAVEN'T WORN**

A new outfit that seemed fine when you tried it on at the store could be uncomfortable if you are wearing it for a whole day. Also, remember to wear new shoes for several days before packing them to make sure they won't cause blisters before your travels.

#### **10. BRING TISSUES WHEN TRAVELING INTERNATIONALLY**

If you are traveling out of the country this summer, not all countries provide toilet paper in their bathrooms. To be safe, you may want to bring along a travel size pack of tissues in your purse or backpack to have just in case of an emergency.

#### **11. PACK NEUTRAL COLORS**

Colors like tan, black, and white all match with each other. So instead of bringing a separate outfit for each day, you can

mix and match these pieces to create a whole new outfit. One day wear a white top with black shorts and the next day wear a tan top with the same black shorts. Add some different accessories and this can create a whole new outfit without so much extra clothing.

#### **12. BRING A PAIR OF JEANS**

If you're traveling on the east coast it most likely will rain at least one day so it's best to have a pair of jeans in case it's chilly or windy outside. Plus, you can also wear jeans to a nice dinner out or if it's cold. For those traveling to Europe, bringing a pair of jeans and a light sweater is important, too, if you are planning on touring any churches or cathedrals. They may not allow you entrance if your knees or shoulders are showing.



*Article by Mary Rose Provence.  
I am a current sophomore at the  
University of Georgia studying the  
field of Advertising with the pursuit  
of a Master's in Journalism.*

*Contact me at [mrprovence@gmail.com](mailto:mrprovence@gmail.com).*

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