MONTHLY REPORT OF THE CANDLER PARK NEIGHBORHOOD ORGANIZATION

Volume 10 Issue 4

April 1998

From The President

The vote concerning the Master Plan for Freedom Park East will take place in the April 13th general meeting. We moved to postpone the vote in order to allow more discussion on the issues. I would like to commend everyone who attended the March meeting on remaining respectful to the people whose opinions opposed their own and for maintaining order in the meeting. I believe everyone realizes that we are all working for a common goal.

To clarify the purpose of this vote, I would like to make an analogy for those of you that are concerned about adding new features to the park before fixing the existing problems, i.e. erosion. Please remember that this is a Master Plan, much as one would hire an architect to do a master plan of one's home. Because you only want to hire the architect one time, you have the complete plan put down on paper before you begin any work. That doesn't mean you will finish construction on all areas of the house at once. Additions and changes will be made as finances become available. Phase one of a house plan may address problems such as leaks and rotting wood, then eventually the new decks and landscaping will be added. The intent of the Master Plan for the park is to have our "architect" address all issues now so we only have to do this once.

Regarding maintenance, we will address the issue in the next meeting, however, park maintenance is a management issue and is not part of the vote for the Master Plan.

In attempts to make the next meeting go smoothly and to enable the vote, the CPNO board has compiled a list of the issues so that all residents may reflect on their own desires for the park and vote accordingly. We hope that this will eliminate any repetition of previously addressed topics. The issues as we understand them are as follows:

Calendar

MON.,4/13 - 7:30 CPNO Monthly Mtg.
TUE., 4/21 - 7:30 CPNO Exec. Com. Mtg.
Fri., 4/24 - Messenger Deadline
Thur., 4/23 - N.P.U. Monthly Meeting

CPNO Mtg., March 9th

The Candler Park Neighborhood Org. Meets on the second MONDAY of the month at Epworth United Methodist Church, 1561 McLendon Ave.

This month's agenda:

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7:00 PM:	Refreshments
7:30 -	- Officers' Reports
	- Vote for variance
	at 582 Page Ave.
	- Vote for Master
	Plan for Freedom
	Park East (see
	President's letter)
	- Vote for support of
	SHAPE (see article)

- 1. Erosion (to be addressed in Phase One)
- 2. Landscaping (to be addressed in Phase One) (Continued on Pg. 3)

CPNO Officers

Bob Rowley

Bert Skellie

President:

Dempsey HerlihyWerthman

1st Vice President:

VP Finances:

VP Special Events:

VP Communications:

Dan Benefield

Mary Alice Bray & Betty Knox

VP Zoning:

John Rick

Candler Park *Messenger*, P.O. Box 5418 Atlanta, GA 31107; 770-453-8255

VP Environment:

VP Safety:

Public Safety

Crime reports continued to be lower than average for the third month in a row. In the latest four week period, among Candler Park's approximately 1400 households and businesses, there were one motor vehicle theft, two thefts from vehicles, one damage to vehicle report, three burglaries, one other theft, one robbery and one assault.

I will have copies of a summary of crime reports by block for 1997 at the next neighborhood meeting; I can send you one by email if you want. I should have some further analysis of trends and crime rate comparisons as well. Please let me know about any crimes I miss so I can report them in an update the next month. And do call me at 378-5883 after you make a police report so I will know to check for it before I go to the precinct. Please get in touch if you are interested in working together to make our neighborhood a safer place. Between Messenger reports, check the CPNO number (770-453-8255) for updates on crime. Or send me an e-mail note to notify me or if you want to be notified of any unusual activity - bertskellie@mindspring.com.

Crime Report for 2/13/98 - 3/15/98 (includes earlier dates recently reported):

Date	Approx. Time	Incident Block
2/18 ex-wife	7:15 a.m.	Man threatened to kill 400 Page Ave.
2/20	10 p.m.	Person prowling outside house (arrest made) 300 Ferguson St.
2/21	8 a.m.	House burglarized 1200 McLendon Ave.
*2/22-3	9 p.m12 noon	Car broken into, hand tools stolen
2/23	10 a.m.	400 Clifton Rd. Truck broken into, pocket book stolen
2/24	12:35 p.m.	300 Brooks Ave. Suspect broke into pay phone
2/25-6	9:30 p.m1 a.m.	299 Moreland Ave. Residence forcibly entered, property taken
2/26	9:20 a.m.	1300 McLendon Ave. Apartment broken into 1300 McLendon Ave.
2/26	7 p.m.	Possessing alcohol in Candler Park 1500 McLendon Ave.

3/8	7:30 p.m.	Vehicle broken into, steering column pried open
3/8 -12	?	1400 Euclid Ave. Vehicle stolen from vacant lot
3/9	5 p.m.	300 Josephine St. Woman assaulted mother & damaged police car
3/11	1:30 a.m.	200 Ferguson St. Pedestrian robbery
3/12	.9:30 p.m.	1200 McLendon Ave. Person prowling, peeping outside house
3/15	3 a.m.	(arrest) 300 Ferguson St. Apartment window broken 1300 Euclid Ave.

^{*} Supplement to reports in Beat 602 book at Zone 6.

Zone 6 Police Names and Numbers

Telephone: 404-371-5002

Major Carlos Banda, Commander
Inspector Ruby Naylor, Prevention
Officer Bud Watson, Beat 602 Evening Watch
Pager 404-225-7085)
Officer Craig Cooper, Beat 602 Day Watch
Officer Grady James, Beat 602 Morning Watch

From The President (Continued)

- 3. Whether or not to make Freedom Park East a "passive park" defined as a park dominated by open green spaces, trees, a natural landscape design, and limited hardscaping- and which does not offer off-street parking, athletic fields, or roads for vehicles.
- 4 Man-made ponds as an option for erosion control.
- 5. Playgrounds options:
 - Concentrated playground areas
 - Isolated structures
 - No playground equipment at all
- 6. Lighting options:
 - 24 hour lighting
 - Combination of timed and directional lighting
 - No lighting at all
- 7. Benches and drinking fountain locations (rest areas)
- Additional paths/ the reduction of currently proposed paths

It is important that we reach resolution on these issues and that we have the vote on the Master Plan. I ask that each person please limit his/her comments to the issues that are most important to him/her. There will be compromise, and I will limit discussion for those that have an opinion on every issue, in the interest of time.

Finally, I would like to extend special thanks to Don Bender, Walter Brown, Eric Dusenbury and all of the Freedom Park Conservancy members for putting in the vast amount of time necessary to get us to this point. We will all benefit greatly from your work.

- Dempsey Herlihy-Werthman

Messenger Article

Anyone can submit an article for publication in the Messenger. Editorials, announcements of events, stories of interest, etc. are welcome. Please drop your submission off with me at 1414 McLendon Ave or send them via E-Mail (compuserv@105164,472 - corrected address). Please include your name and phone number. If your article is not run in the next issue, it may be due to space constraints, but please feel free to call me about it.

- Karin Dusenbury

Get Out Your Running Shoes!

Planning is beginning for the 4th Annual Candler Park 5K. The race will be held on June 13th - rain or shine - hopefully shine this year! Volunteers are needed to help find sponsors, obtain prizes, distribute flyers, organize day-of-race volunteers, etc. If you are interested in helping, please call Karin & Eric Dusenbury at (404)522-7130.

- Karin Dusenbury

Attention 30307 Runners

In the mood to get in shape? SHEA & CAROL from Re/Max Metro Atlanta are sponsoring a 5K (3 mile) weekly running club for the 30307 neighborhoods. If you are looking for some moderate exercise and a friendly social gathering with your neighbors, the 30307 RUNNING CLUB is for you. Join Carol for an evening run every Tuesday night starting at 7PM at the corner or Page Ave. & McLendon Ave.

The club is open to all runners, joggers and walkers. Carol Bell brings a wealth of experience to both novice and expert runners. Having completed many marathons in her career, including winning the Baton Rouge Marathon in the early '80s, finishing 2nd in the '81 Atlanta Marathon, and qualifying and running the Boston Marathon.

Carol would like to emphasize that the 30307 Running Club is all about running/walking for fun and creating an opportunity to meet your neighbors. This community event starts on April 7th and continues through the month of October. Please park only on the streets, avoiding the parking lots at the Candler Park Grocery & Fellini's restaurant. If you have any additional questions, just give Carol Bell of SHEA & CAROL a call at (770) 849-2624.

- Carol Bell

(Editors note: A great way to get in shape for the Candler Park 5K!)

Variance at 582 Page Avenue

A request for a variance to complete an upstairs addition at 582 Page Avenue will be heard at the March CPNO meeting.

Pool Update

The Candler Park Pool is the best kept secret in the area - it gets a little better every year, but it's an uphill climb, so.... we're having a clean-up! Everyone interested please show up on April 18th from 9AM - 1PM. We will be cleaning and painting so wear old clothes and bring painting equipment if you can.

Officials from Parks & Recreation have agreed to hire local lifeguards if they apply at the city. Interested parties should call Peggy Coleman in Aquatics at (404)817-7904. The city will train if you apply in time (they are hiring now) and the YMCA has a spring break certification course.

The Candler Park Neighborhood Organization is forming a pool committee. Everyone, whether from Candler Park or not, is invited to join. We are looking for architects, artists, builders and general volunteers with a vision to beautify the pool. Please call Leslie Lowe at (404)659-4161 to sign-up.

- Leslie Lowe

Massage? Me?

At this time of year, we all want to get outdoors and enjoy the spring weather. We work in the yard or garden, do spring cleaning, go running, bicycling, or get back to the gym to get in shape for summer. After a winter of inactivity and holiday indulgences, it's no wonder we tend to overdo it and suffer from aches and pains.

Did you know that a massage could help? Well, often it can! Most of us know that massage is relaxing, but it can do so much more!

When we overuse our muscles, waste products (such as lactic acid) tend to accumulate in them. Since these substances are irritating to nerve endings, we experience pain. Plus, real damage is done to the muscles in the form of microtears or other problems, adding to the pain, weakness and tightness. Adhesions may form as muscles repair themselves, and muscles can become chronically shortened. If we take care to rest, use ice etc. this usually goes away by itself in time.

But, did you know that recovery time and pain can be decreased significantly with massage? Massage can increase the circulation to tightened muscles to reduce the accumulation of wastes. It can also stretch the muscles, allowing a quicker return to full mobility and flexibility. Since the lymphatic system is also affected, inflammation and swelling are minimized. There are other benefits of massage for the 'weekend warrior' too. You can prevent injury, speed healing, remove restrictions in joints, improve your posture and decrease fluid retention. Plus, it is relaxing and feels great!

So, now that you've decided to give it a try, what do you do next? There are a number of qualified massage therapists in this area, both in private practice and working for spas. Either CMT or LMT (Certified Licensed Massage Therapist) means that the therapist has had appropriate training. (Georgia does not offer professional licensing for massage)

Why hurt when massage can help?
- Anne Coffey, CMT



S.H.A.P.E Your Community

SHAPE (Shaping the Historic Atlanta and Ponce de Leon Environments) is an organization of in-town residents and business owners which former in 1997 to encourage the development of the Ponce de Leon corridor consistent with Atlanta's unique history and design. The initial development site that SHAPE is concerned with is the former Great Mall of China (site of 'Cracker Stadium') across from City Hall East. This property spans some 22 acres and, because of its size and location, is sure to be an anchor for the future development along the Ponce de Leon corridor.

The Sembler Company has plans to build a 'big box' development on the property, with possible tenants being Home Depot, Publix and Target. SHAPE is taking offensive action against this development in order to protect in-town neighborhoods from traffic and environmental risks, including flooding, storm water run-off, and inadequate sewers which cause 'fecal geysers' in the area. Within the next two weeks we expect Sembler to propose to that City*Council vote to abandon part of Lakeview, St. Charles, and Greenwood Avenues and redirect the streets so that they may develop the property in a way more profitable to them. We urge the City Council to take no action unless and until Sembler commits to plans which satisfactorily address the traffic, design and environmental problems.

We ask that you join us in our efforts by becoming a member of SHAPE. We also ask that you contact your city council representative and the Mayor (404/330-6030) and express you concerns regarding the problems that this development, as proposed, would cause. Finally, we ask that you consider voting for the Candler Park Neighborhood Organization to pass the resolution that follows:

WHEREAS, development on the 22 tract of land on Ponce de Leon Avenue immediately north of City Hall East (the 'Cracker Stadium Site') will involve significant issues affecting both the surrounding neighborhoods and the City of Atlanta:

WHEREAS, development of the Cracker Stadium Site will be the cornerstone for future development on Ponce de Leon, especially between Peachtree and Briarcliff/Moreland Avenues; and

RESOLVED, the Candler Park Neighborhood Organization supports quality development on and careful planning for, Ponce de Leon Avenue and the Cracker Stadium Site especially to ensure that design/use issues, traffic/transportation issues, storm/sewer issues, and all other issues are properly addressed:

FURTHER RESOLVED, the Candler Park Neighborhood Organization requests that the City of Atlanta comprehensively and carefully review all issues raised by any major development on Ponce de Leon in general and the Cracker Stadium Site in particular,

FURTHER RESOLVED, the Candler Park
Neighborhood Organization urges that no action be
taken by the City of Atlanta on any proposed
development of the Cracker Stadium Site until: (1)
detailed development plans for the site are
available and have been reviewed by interested
parties, including neighborhood and civic
associations, and (2) a workable plan exists to
ensure compliance with the agreed upon
developmental plan.

To join SHAPE, please detach this form and mail to Hillary Dunson, 550 St. Charles Avenue, Atlanta GA 30308. For donations, please make checks to SHAPE. No fee is required to join. For more information please call 404/347-8656 or 404/874-0140.

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- Denise de La Rue

Classified Ads

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-Advertising - How To -

Classified ads are \$2/line. One line equals 35 characters or spaces per line. The first two or three words will be capitalized and bold faced. Bold or all caps elsewhere in the ad are \$1 each place.

Print or type your ads. Deliver ad and check made out to C.P.N.O. to Jack Hammond, 1429 McLendon Ave. (ph. 688-2916) no later than the 18th of the month for publication in the next edition. Include your name and phone number in case there are any questions.

Classified ads may not be phoned in or bought on credit. For multiple months, pay in advance or pay before each deadline

Display Ads (those in boxes or with art) are \$10/column inch in height. Ads should be camera ready (desktop laser printer is OK). Help with ad preparation is at additional cost. To purchase this type of ad, contact Jack Hammond, 688-2916. Ads must be ready by the 18th of the month for the following months edition.



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