



December 2021

MESSENGER

Candler Park Celebrates!



INSIDE THIS MONTH'S MESSENGER

Guinness
Pyramid Progress
PAGE 4

Passing of Fall
Festival Musician
Tom Gray
PAGE 8

CPNO Remote
Voting Realities
PAGE 11

L5P Calendar
of Events
PAGE 12

Align Health's
Guide to
Groceries
PAGE 16



ADVERTISE IN LOCAL COMMUNITY NEWSLETTERS!

(770) 623-6220 | sales@kda-communications.com

MEET THE LOCAL REALTORS

Helping
you every
step of the way



JOHN MORGAN
OWNER / REALTOR



DREW JACKSON
OWNER / REALTOR

Office: (877) 249-8533 | info@parkrealtyatlanta.com
1651 McLendon Ave NE, Atlanta, GA 30307

PREFERRED LENDER



Angel Oak
HOME LOANS

LORI ROUSSEAU
LICENSED SALES MANAGER
678-520-7157



3060 Peachtree Rd NW Suite 500,
Atlanta, GA 30305

NMLS 506634 Licensed in AL, FL, GA, NC I-162376,
SC and TN 121242

**PARK
REALTY**

COMMUNITY FIRST

(877) 249-8533

• www.parkrealtyatlanta.com



**Atlanta's #1
Rated Plumber**



SUNDIAL PLUMBING

A LEGACY OF TRUST SINCE 1945

sundialplumbing.com • 470-681-2295





FROM THE PRESIDENT

By Jerry Tillery, President@CandlerPark.org

Welcome to the December issue of the Messenger. In this last address for myself, I want to thank everyone that has made serving as the CPNO President a success. It has been a pleasure to work closely with all of you. I hope we will continue to see each other as neighbors throughout the upcoming new year of 2022.

I want to extend my personal thanks to Emily Taff for filling in for me during some of the meetings under extenuating circumstances that kept me from these duties unexpectedly. It is her capabilities with team support that executed the tasks seamlessly. The best part of being a part of a neighborhood is to know that you are not alone. Let us welcome Emily as the new CPNO president of 2022. Emily will do a great job! CONGRATULATIONS!!!

FROM THE PRESIDENT

Many additional thanks to all newly elected & returning officers of the board. I appreciate the time and efforts that go into the tasks of representing the neighborhood of Candler Park immensely. It is the execution and dedication of these works that invite others to participate. The personal time volunteered in behalf of others is the greatest gift you can give yourself as somebody.

For those taking a little break from volunteering time, like myself; I Thank You! As Lily Tomlin said, "I always wondered why somebody didn't do something about that, then I realized I am somebody." Thank you for taking the time to be somebody! Happy New Year!

The mission of the **Candler Park Neighborhood Organization** is to promote the common good and general welfare in the neighborhood known as Candler Park in the city of Atlanta.

BOARD of DIRECTORS

PRESIDENT president@candlerpark.org	Jerry Tillery
MEMBERSHIP OFFICER membership@candlerpark.org	Roger Bakeman
TREASURER treasurer@candlerpark.org	Karin Mack
SECRETARY secretary@candlerpark.org	Bonnie Palter
ZONING OFFICER zoning@candlerpark.org	Emily Taff
PUBLIC SAFETY OFFICER safety@candlerpark.org	Kerry Dobson
COMMUNICATIONS OFFICER communications@candlerpark.org	Ryan Anderson
FUNDRAISING OFFICER fundraising@candlerpark.org	Matt Hanson
EXTERNAL AFFAIRS OFFICER externalaffairs@candlerpark.org	Amy Stout

Find a complete list of CPNO committee chairs, representatives and other contacts at www.candlerpark.org.

MEETINGS

CPNO Members Meetings are held every third Monday at First Existentialist Congregation, 470 Candler Park Drive.

Committee meetings take place at The Neighborhood Church, 1561 McLendon Ave., unless otherwise announced (enter from the street level door and ring the bell if you're late).

All are welcome. Only registered members are eligible to vote at monthly meetings. Membership applications must be received by Membership Officer by the first day of the month of meeting.

Find specific meeting information on page 6 and a complete list of CPNO meetings at www.candlerpark.org.

MEMBERSHIP

CPNO membership is free to Candler Park residents, property owners and businesses. Membership must be renewed annually.

Sign up at www.candlerpark.org or mail name, address, and email to

CPNO Membership
PO Box 5418, Atlanta, GA 31107

DATES TO REMEMBER

DECEMBER

- 8** CPNO Zoning meeting, 7 pm, Location ZOOM
- 12** 2021 World Peace Pyramid building event @ the First Existentialist on Candler Park
- 13** CPNO Board meeting, 7 pm, Location TBD
- 15** Deadline to submit content for The Messenger!
- 20-31** CPNO Members Meeting, 7 pm, ZOOM
20 thru 31~APS Winter Break ~ HAPPY NEW YEAR!

JANUARY

- 3** APS Teacher's Only Day
- 4** APS First Instructional Day of Semester 2
 - Midtown HS Bell 8:45a – 3:45p
 - Howard MS Bell 9:15a – 4:15p
 - Mary Lin ES Bell 7:45a – 2:45p
- 5** CPNO Zoning meeting, 7 pm, Location ZOOM
- 13** CPNO Board meeting, 7 pm, Location TBD
- 15** Deadline to submit content for The Messenger!
- 17** APS Martin Luther King, Jr. Holiday
CPNO Members Meeting, 7 pm, Location ZOOM
- 18** Free National Parks Day in Observance of MLK

FEBRUARY

- 1** Happy Chinese New Year of the Water Tiger
- 2** CPNO Zoning meeting, 7 pm, Location ZOOM
- 14** CPNO Board meeting, 7 pm, Location TBD
- 15** Deadline to submit content for The Messenger!
- 17-21** APS Break and President's Day Holiday
- 21** CPNO Members Meeting, 7 pm, Location TBD

Although usual meeting places are listed, COVID-19 pandemic may require meetings to be held by video to abide by social distancing protocols. In case of cancellations or changes, check CPNO's Upcoming Events list at candlerpark.org and watch for membership email notices. All CPNO meetings are open to the public.



December Update on 2021 World Peace Pyramid in Candler Park

By Bill Read, Candler Park Resident and First E Member

To celebrate the 40th anniversary of the establishment of World Peace Day on September 21, 1981 by the United Nations, a 2021 World Peace Pyramid is being assembled in the R. Lanier Clance Memorial Woodland Sanctuary at the First Existentialist Congregation of Atlanta on Candler Park Drive.

Assembly of the pyramid base of $40 \times 40 = 1,600$ balls occurred on September 21, 2021. Then on October 17th the first of three public events was held so that Candler Park neighbors and First E members and friends could participate in the pyramid-building process. On that day 10 people gathered to peacefully place several thousand more balls on the pyramid. Before long, the pyramid had grown to seven levels totaling over 8,000 balls. Then on November 14th the second public event was held, and 21 people came by to participate in the pyramid-building. Enthusiasm was high and soon the pyramid had grown to 16 levels totaling over 16,000 balls. It was a wonderful fun day in every way.

The third public event occurs on December 12th when the final 24 levels will add appx. 5,000 more balls to the pyramid core. This will include placement of multi-color golf balls at the pyramid peak, with a special ball at the apex. Since each successive level is smaller, the progress will be rapid. Later on, the final step will occur during the holiday season when a few First Existentialist folks add more multi-color balls on each of the four pyramid sides to create artistic arrays that depict words or symbols of peace.

Once the pyramid of 22,140 golf balls is finished, the peace pyramid will be 5' 6" tall/wide and it will weigh 2,242 pounds. And upon completion, the 2021 World Peace Pyramid will be a new Guinness World Record for number of balls used in a pyramid. The current pyramid record of 16,206 golf balls was set in 2014 by a school in Tyler, Texas...using new and donated balls.

Thus, it is noteworthy that all of the 22,140 golf balls in the 2021 World Peace Pyramid were actually played at Candler Park golf course over the years before being lost and then eventually being found. Hence a special thanks to the golfers and neighbors in Candler Park who have made the 2021 World Peace Pyramid possible.

If you'd like to observe or participate in the 2021 World Peace Pyramid process, then plan to come by First Existentialist Congregation on Sunday afternoon on December 12 between 1:00 and 3:00 PM. This date is reserved for Candler Park Neighbors as well as First E Members and Friends. Then just follow the Pyramid signs up into the Memorial Woodland. For community safety, masks will be available at the Pyramid if you forget to bring your own.

And May There Be Peace on Earth...



Welcome and Thanks!

By Roger Bakeman, membership@candlerpark.org

CPNO welcomes new member:

David Manders and Olivia Moser

Carolina Ibarra

...and three others who wished to remain anonymous

CPNO thanks members for their donation:

Ashley and Jack Reed

...and three other who wished to remain anonymous



CONTACT US TODAY
770-623-6220
sales@kda-communications.com

The Messenger is a publication of KDA & Tlehs. Subject matter published is the opinion of the author and does not necessarily reflect the opinion of the publisher of this newsletter. Professional advice should be obtained before making any decision in which a professional is readily available. Advertisers assume responsibility for the content of the ads placed in this publication. Material published may not be reproduced without the written permission of KDA & Tlehs.

The contents of this newsletter are provided for the members of the Candler Park neighborhood as a courtesy only. No representations are made as to information presented, the quality of the goods or services advertised, or the veracity of the statements relating to the goods and services. The printing of opinions, information or advertisements does not constitute an endorsement by the neighborhood of such opinions, information, goods or services.

THE MESSENGER

EDITOR

Lynn Howard

editor@candlerpark.org

ADVERTISING

sales@kda-communications.com

770-623-6220

The Messenger is the monthly newsletter of the Candler Park Neighborhood Organization. Articles reflect the opinions of authors, and not necessarily those of CPNO, the CPNO Board of Directors, the Messenger or the editor.

Articles must be signed and submitted via email to editor@candlerpark.org by the 18th of the month prior to publication.

If you have a news tip or story idea, please email relevant information including contacts to editor@candlerpark.org or call the editor.

If you live in CP or own a business in CP, and aren't receiving the Messenger by mail, be sure to notify us! Send your name and address to editor@candlerpark.org. Place the words "Messenger Delivery" in the subject line.

CP ONLINE

For the most up-to-date information on Candler Park events and news, check us out on the Web at candlerpark.org.

JOIN CPNO TO GET EMAIL BLASTS



To receive informative email blasts, sign up online to become a CPNO member. We don't spam!

MESSAGES & CRIME ON NEXTDOOR



Join the Candler Park group at candlerpark.nextdoor.com to keep up on crime reports and other messages.

LIKE US ON FACEBOOK



You'll get the latest news and will be able to interact with 500 of your neighbors at facebook.com/CandlerPark.

FOLLOW US ON TWITTER



Our handle is your handle: twitter.com/CandlerParkATL



Thank You CPNO Fall Festival Committee 2021

Last fall, for the first time in 20 years, Covid prevented Candler Park from spending a weekend convening artists, musicians, and friends, and we missed the annual celebration. Over the past few months, a dedicated team of volunteers worked to reignite the community spirit of Fall Fest, held October 2nd and 3rd.

For all the necessary considerations of our “new normal,” Fall Fest 2021 felt like the familiar events of the past two decades. More than 90 artists and local sponsors hosted booths throughout the park, including a new loop at the top of the driveway. Children from the neighborhood played soccer and dragon ball led by the Contact Point team in the Kidlandia field, and more than a dozen food trucks served up everything from corn dogs to gourmet sandwiches and chocolate-filled pastries.

Friends from Candler Park and throughout Atlanta reunited on the beloved hill in front of the Fall Fest stage, listening to an eclectic mix of local bands like the bluegrass-tinged Dusty Roads, funk-infused Gurufish, and a special live cover of the album Tommy by I’m Free. Add a few cold cans of Sweetwater, and everyone felt the weekend signaled a return to what makes Candler Park stand out in Atlanta—relaxing family fun, a welcoming atmosphere, and an abundance of talent and creativity.

If you missed a band or didn’t grab that piece of art that caught your eye, visit candlerpark.org/fallfest for the full line-up of all vendors, performers, and food options.

Businesses throughout Atlanta contributed to Fall Fest, allowing us to reinvest proceeds into Candler Park projects like sidewalk restoration. A special thanks to our generous sponsors: Sweetwater Brewing Company, Park Realty, Edgewood Retail District, Keller Knapp Realty, Morningside Pediatric Dentistry, Perspire Sauna Studio, Beryl Firestone Design, Candler Park Market, Cynthia Baer Realty, Fried Bonder White LLC, Pure Barre, Intown Lutheran Church, Fresh Harvest, and Small Business Solutions. Show your gratitude to our sponsors for supporting their community.

Dozens of volunteers donated their weekend time to make Fall Fest a success. They sold t-shirts, refilled water, distributed masks and hand sanitizer, and showed up in the middle of a pop-up thunderstorm to close down the festival on Sunday night. If you haven’t yet volunteered during a Fall Fest, be sure to sign up next year! It’s a terrific way to spend time with neighbors, meet new friends, and grab a t-shirt in your size and color before it sells out!

The all-volunteer Fall Fest planning committee, led by Matt Hanson, spent many Zoom hours and evenings planning every detail of the festival. Thank you to

- Maya Abboushi,
- Rachel Bowser,
- Mark Clement,
- Kerry Dobson,
- Beryl Firestone,
- Holly Goldberg,
- Lee Lindsey,
- Jason Lindsey,
- Marcie Morse,
- Dima Nazzal, and
- Amy Wheeler

Before the end of winter, the committee will start focusing on next year’s fall, and we are hoping to make the 2022 festival the biggest event ever. Contact fallfest@candlerpark.org or any of the committee members to be part of Fall Fest.

Fall Fest Sponsors



PARK
REALTY





Fall Festival Musician Tom Gray

**Requested by Mark Clement;
Photos by Robert V. Giersch**

It is with great sorrow we join the family & friends of Tom Gray's passing after playing his Grammy Award winning song(s) for 2021 Candler Park Fall Festival on the corner of Iverson and Candler in a house they were renting.

A celebration of Tom's life was held at the Park Tavern near Piedmont Park on November 3rd after a beautiful article on his life's accomplishments was posted in the Atlanta Journal Constitution by Bo Emerson on October 19th. As reported, Tom collapsed on his way to the recording studio doing what he loved most; writing music and lyrics to perform. From the emergency room bed Tom posted to his social media accounts of "his eagerness to be back home." Musical partner Mark Johnson, announced the following Sunday that Gray had died "with his boots on" in light of the sayings from older days.

The indelible impact Tom Gray's artistry had on Atlanta's music scene and relentless determination to let two bouts of cancer or any befallen accidents stop the show weaves permanently into the fabric of Georgia's resurgent tapestry. We will always miss the sense of Tom Gray, but every Fall Festival into the future celebrates alongside his widow, Janet Gray, who stated, his was a "philosophy [of living] a full life until the very end."



Memories of Fall Festival

Mark Clement, who was born in Candler Park in the early 1960s and witnessed the origins of Fall Fest from his home on Benning Place, continues to lead the Fall Fest music program from the early line-up decisions to the last t-shirt cannon on Sunday night. He shared some of his memories with fellow volunteer Lee Lindsey.

Growing up, neighborhood events and festivals were very important to us. Most surrounding neighborhoods had their own events, which I thought was due to civic pride, but later learned had an economic reason. Because of the widespread practice of redlining in Atlanta, banks would not readily issue mortgages in certain areas, leaving those communities with abandoned houses and depressed home values. To demonstrate that the areas could be vital communities and valid investments for banks and homeowners, intown neighborhoods started holding parades and festivals.

I think 1975 was the last Candler Park Halloween parade, festival, and Great Pumpkin Race. I remember this because I was 14 and won the teenage division at the Great Pumpkin 5K. My trophy was an old sneaker spray painted gold and nailed to a piece of wood. It was something I treasured for quite a while!

Through the 70s and 80s, there was a dramatic decrease in the number of school-aged children in Candler Park. During that time, it seemed like festivals in Lake Claire, Candler Park, and Little Five Points kind of faded away.

In 1997, a group of us got together and decided to revive the Candler Park Halloween tradition. Our plan was to do a one-day festival, parade, and road race with arts, music, and food. As we started working through the permitting process, we learned that Little Five Points had the exact idea and was starting their own Halloween parade. We regrouped, and the fall festival was born. We got so busy planning the first festival that we never landed on a name, so we simply became the fall festival. It started small (the neighborhood organization had an average balance of around \$300) but grew consistently through the years.

Eventually, our fall festival became the largest financial engine for CPNO--and the envy of other

neighborhoods. We've provided funding for the Clifton Men's Shelter and the Little Five Points police precinct, improved sidewalks, and funded projects for Mary Lin Elementary and Midtown (formerly Grady) High School.

Music is so important to the success of Fall Fest. It's the best way to bring people together and get them out of their houses. We have a very aggressive music program at Fall Fest, and no other neighborhood festival has the production resources that we do. We have extremely diverse music, and I'm always on the lookout for something new and interesting. When booking bands, I listen to what people in our community are interested in, take suggestions from the community, and share programming ideas with our planning committee. It's a team effort, but when a music selection becomes a huge hit, of course I take full credit for it. :-)

One of the special music moments at Fall Fest has been seeing the Legends of the Blues year after year. This is where we select senior members of our blues-performing community and award them with a city council proclamation naming them one of the Atlanta Legends of the Blues. Many of these people have been keeping the blues alive without receiving recognition, and Fall Fest has been able to acknowledge their work.

For me personally, the Fall Fest brings a flood of special moments. I love the idea of getting the community together for this shared experience, but the biggest kick is meeting the challenge of putting on 12 bands over a weekend. The changeover between bands requires perfect planning and quick thinking--it's a mad dash to get one band off stage while setting up the next. I almost feel like I'm in an action movie, when the star walks in slow motion into the camera while everything explodes behind them. That's how I feel when I'm walking off the stage as the next band plays their first note.

I'm still here to participate in Fall Fest thanks to my anonymous organ donor who made it possible for me to be alive and healthy. Receiving the life-saving gift of a new liver in 2019 was a reminder not to take any year for granted, and I'm grateful we were able to return to the festival in 2021.

Be a light
to those who
are waiting

NATIONAL DONOR SABBATH
Communities of faith embrace
organ, eye and tissue donation



CREEMOS en dar vida
después de la vida.

 **HRSA**
Health Resources & Services Administration

donacionde
organos.gov

Inscríbese



The strength
of a soldier
The hands
of a donor

Learn more about vascularized
composite allografts (VCAs).

 **HRSA**
Health Resources & Services Administration

organdonor.gov/vca

Bird Cams ~ TheCornellLab

editor@candlerpark.org



Fall begins the great migration of our feathered friends as the weather turns fowl. Our mother who passed unexpectedly this month after losing my brother and her husband of 37 years loved to watch and feed all the wild visitors here in Atlanta. We continue the tradition with comforting memories of her care for wild life and the eco system many in this neighborhood share.

I have noted a few wise residents who have the ability to grow and maintain wild life stability, unlike myself and perhaps most of us who struggle to find the equilibrium. Diligently I have tried to create a safe space for any plant (even my Las Vegas desert cacti) from the acrobatic circus of “flying rats” known as native squirrels until giving into their demands with dried corn on the cob and sunflower seeds. After our fourth maybe fifth generation of frustration, they quickly became as cute as a bunch of newborn kittens to observe chasing each other.

Like my tour through most cities I have resided, these squirrels are the ones here in Atlanta who have attracted what my adult children call my totem, the peregrine falcon. The Peregrine on the stump by Candler Park Pool was taken our first year in this neighborhood. The other is a fledgling learning how to fly starting from the top of our 40 story domicile we resided in Chicago. Chicago maintenance crews always provided status that the roof top went from one nest to seven after we moved in tossing the cat's left over bits of food over the balcony several times a day. Friends told me this little buddy got a visit to the spa at the bird rescue shelter soon after I left. Don't tell the others, but the food is more frequent there... just not forever.

Another little buddy who sits with me as I toil in the soils of our backyard is known as the Caroline Chickadee. Among all the cardinals, blue jays, woodpeckers, robins and morning doves; this little chickadee stands out fearless of the human risk in me. None get closer than the little chickadees for the worms I uncover. In Las Vegas we had a family of hummingbirds by day and mocking birds by night that frequented our residence.

If you find that you are missing the frequency of bird wild life or wish to share an excessive amount with others; please consider surfing down to the Cornell Lab Bird Cams (<https://www.allaboutbirds.org/cams/>). At the very least the visit will expand personal ideas for 2022.

Independent Pharmacist of the Year

Requested by Jesse & Richard Bathrick; Published 11/22/2021 in the Atlanta Jewish Times by Fran Putney

For Ira Katz, owner of the Little Five Points Pharmacy, it's all about community. That's why being the 2021 recipient of the National Community Pharmacists Association's (NCPA) highest honor, the Willard B. Simmons Independent Pharmacist of the Year Award, means so much to him.

"I was really shocked by it. It's the highest, most coveted award from colleagues at a national level," said Katz. "I was really bowled over."

Raised in the Bronx, Katz, 67, attended Emory University as an undergraduate, returned to New York to earn his pharmacy degree at St. John's University, and came back to Atlanta with his wife, Dr. Mindy Wertheimer, to begin his career. He first worked with the Reed drugstore chain at several stores; but all along, Katz said, he knew he wanted to open his own pharmacy.

He and Mindy would drive around various suburban areas in search of a location. Nothing seemed right until about two years later, in 1980, when he connected with Kelly Jordan, who, along with his business partner, was redeveloping a retail center on Moreland Avenue as part of the Little Five Points revitalization plan. According to Jordan, local pharmacies were part of the neighborhood's history since the 1920s. "We knew if the neighborhood was to be revitalized, we needed an independent pharmacy," Jordan said. He and Katz met in the back room of the old L5P Pub and discussed plans.

Little Five Points is a small business district known for its bars and pubs, small theaters, music venues, tattoo parlors, and other offbeat establishments. It's surrounded by historic intown neighborhoods like Candler Park, Inman Park, Druid Hills and Edgewood, whose demographics range from students to families.

Katz says his upbringing in the Bronx gave him a real appreciation of the value of community and that he immediately saw a fit with the neighborhood. "When I got home, I said to my wife, 'I think I found what I want to do.' I knew that this



Pharmacist Ira Katz holds a box of Narcan (naloxone), a nasal spray that reverses opioid overdose.

is a community and a neighborhood unlike anything else I was looking at."

Now 42 years later, the busy pharmacy employs a staff of eight, including some who have been with Katz for more than 20 years.

"I love the diversity and have pretty much seen everything," said Katz, who made headlines in June 2018 after he used Narcan to revive a man overdosing in the parking lot. (Narcan is a popular brand of naloxone, a medicine used to quickly reverse opioid overdose.) Since then, Katz has rescued others and become a champion of combatting opioid abuse. He works with Atlanta Harm Reduction to train people to administer Narcan and gives it out free of charge in hopes of saving more lives.

As a community pharmacist, Katz says interacting directly with his clients and doing advocacy is gratifying. In keeping with the changes of his profession, Katz administers immunizations, works with patients on medication therapy management, and attends classes so he can counsel his clients on health and wellness issues such as diet and nutrition.

"We really love and appreciate him," said Kelly Stocks, president of the Little Five Points Business Association. "Ira is a great asset to our neighborhood. The pharmacy is one of those legacy businesses we have in Little Five Points that we cherish that other neighborhoods don't have."

As an essential business, Katz managed to keep the pharmacy open during the worst of the COVID-19 pandemic. For 14 months, staff would allow one person in the store at a time or bring

medicine and orders to customers outside. Now the pharmacy is fully open again, although masks are mandatory in the store.



Katz received the coveted Independent Pharmacist of the Year award in Charlotte last month.

Among his many honors and awards, Katz was recognized with a resolution at the Georgia Senate after he saved the young man's life in the parking lot. In a show of affection from the community in 2013, Katz was asked to be the Grand Marshal of the Inman Park Festival parade, that year riding in front of his friend, Congressman John Lewis.

Katz and Wertheimer live in East Cobb, where they raised their two now-adult daughters, both of whom attended Jewish day schools. Wertheimer is a past president of JF&CS and recently retired after 30 distinguished years on the faculty of the Georgia State University School of Social Work. For his part, Katz, who is also an adjunct professor at Mercer University, often speaks to local media, and serves in leadership roles in professional organizations, says he has no plans to retire.

"I love my profession," says Katz, an active member of Congregation B'nai Torah. "Not too many people can say that. Every day I make a difference. That's what sets independent pharmacies apart."

Katz received the award at the NCPA's annual convention in Charlotte, N.C. on Oct. 11. "Ira's leadership, dedication and commitment to community make him a deserving recipient of this year's Willard B. Simmons Independent Pharmacist of the Year Award," said NCPA CEO B. Douglas Hoey.

"Ira's service to his community has saved lives and is unwavering. He is a prime example of the importance of community pharmacies to people in cities and towns across America."



Katz made headlines in June 2018 after he saved a young man from a drug overdose.



Rocket Fuel Fund Takes Off!

By Shari Gunnin

Have you noticed the “Proud Supporter of the Mary Lin Education Foundation” signs around the neighborhood? If you don’t have a child in elementary school, you may not be aware of what exactly the Mary Lin Education Foundation is. The Foundation is a 501(c)(3) non-profit that provides funding for professional development, curriculum enrichment, new technology and environmental upgrades not covered by the district budget.

The Foundation is in the midst of its Annual Rocket Fuel Fund giving campaign. Mary Lin is one of six schools in APS that does not receive Title 1 funding (federal funds allocated to districts that qualify as disadvantaged). Mary Lin is fortunate to be in this position, but still needs to fill the sizeable gap between the resources needed to reach every student and the budget allocated by the district. At non-Title 1 schools, such budget deficits must be filled by parents, relatives and/or the local business community. To meet that need, the Mary Lin Education Foundation (MLEF) started the Rocket Fuel Fund, a traditional “check-writing” style annual fundraising campaign, in 2016.

This year, the Foundation is holding a competition within each grade level to see which teacher’s class has the most participation. (Amount doesn’t matter for the participation contest!) Many local businesses have donated to our “teacher prize packages,” and we have six packages, one for a winning teacher in each grade, all valued at approximately \$300. Some of the local merchants donating to the prize packages are Align Heath, AKT Fitness, Aurora Coffee, Candler Park Market, Honey Next Door, Monk’s Mead, and Revolution Doughnuts. Thank you so much for supporting our teachers!

Mary Lin is a hub for the Candler Park community. Many of the Mary Lin teachers, staff, and administrators live in Candler Park! Please consider making a tax-free donation to the Mary Lin Education Foundation. What better way to support your local community? Donate at www.marylinfoundation.org.

CPNO Member Meetings: The Reality of Voting Remotely

Roger Bakeman (Membership) and Ryan Anderson (Communications)

The October CPNO meeting brought a few realities to light about the merits and pitfalls of Zoom poll voting. As most of you know, only current CPNO members are allowed to vote; membership is free and easy to update online at candlerpark.org. If you’ve attended in-person meetings you know that we kept a list of members at the meeting each month and if your name was on the list, you would get a slip of paper to signal your vote. During Zoom meetings, a membership officer keeps that list handy and marks off attendees at each meeting.

Most CPNO members—even those who share a street address and often a last name with another member—are listed individually in our membership file, each with a unique email address. Some members, however, provide a compound name (e.g., Chris and Pat Jones) with a single email address. In the days of in-person meetings, each member who signed in was given a ticket to display when voting. If both members included in a compound name attended, each was given a voting ticket.

Anyone, members and nonmembers alike, could attend in-person meetings. The same is true for online meetings: anyone who has the Zoom link can join the meeting. But voting online still presents some challenges.

For online Zoom polls we rely on an honor system, reminding attendees that only those who were members as of the first day of the month are eligible to vote. However, there is no easy way to check this and if more than one member is attending the Zoom meeting on one device (i.e., one Zoom square) they will get only one tally and one vote in a Zoom poll. If this matters to them, each should sign in separately

on separate devices. This system—one tally for attendance per sign-in and honor-system voting—works well enough as long as the poll results aren’t close.

In the event that Zoom poll results are close, we have had to come up with a new system, which we tried for the first time in October. We disregard the Zoom poll results and, to get an accurate count, vote instead using the CPNO website. To record their votes, members login to our website (just as they do when renewing) using a unique URL we provide specifically for that vote. For their vote to count, members must vote before the deadline we give (usually by 6 pm the next day) and—just as with in-person meetings—must have attended the meeting.

Because the membership committee keeps a list of who attends Zoom meetings, we are able to check that those who voted online were present at the Zoom meeting and are current members. For members with a compound name, with a single email and thus only one login, we will count your vote double IF both of you attended the meeting. (This assumes you both agree on your votes, if not, let us know by email and we will make adjustments.) All this explains why it is important to let the membership officer know via the chat your actual name and who is on the call if there is more than one member attending via one device. (There is always a reminder about this at the beginning of Zoom meetings.) As you can imagine, this is a fair bit of work for our CPNO volunteers, so please keep this in mind and be respectful of the process. If you have any questions, please email membership@candlerpark.org.



SAVE THE DATE

Nov 27, Small Business Saturday

Wear your most festive holiday sweater for discounts and prizes on Small Biz Saturday! Look for our SBS video on social media.

Dec 4, at L5P Community Center

A Special Bizarre Bazaar Kids Vendor Market, kids apply at BizBazL5P@gmail.com

Dec 4, L5P Krampus Krawl with Wreck the Halls

Dec 5, Family Portrait with Krampus at Junkman's Daughter, 1-4pm

Waiting for an answer from SantaCon. It would usually be December 18.

Dec 22, Last Minute Holiday Street Market on Euclid with Bizarre Bazaar

Vendors apply at <https://forms.gle/T2QzAFpXHE9cuEmD6>

January

the L5P Business Association will be selling hearts with messages to go on a mural in L5P. Email hello@l5pba.com if interested Jan 8, ELVIS and BOWIE Birthday celebration

Jan 17 -Clean up-- Service Day

In honor of MLK—meet in Findley Plaza at 10am

Feb 13/14, Mural unveiling

Surprise your sweetheart with a message on a L5P mural!

March 1, Tues - Fat Tues celebration with Seed and Feed

March 5-27 Phoenix Flies, self Guided Historical Walking Tour of L5P

March 9, Phoenix Flies Guided Historical Walking Tour (only one Guided tour)



Little 5 Points

Last Minute Holiday Street Market with L5P BIZarre Bazaar

Dec 22, noon-7pm

On Euclid Ave at Moreland



ENGRAVE A BRICK FOR SOMEONE SPECIAL

PERFECT GIFT for that person who has everything

DONATE \$100 for 3 lines of Text to be part of a piece of art in L5P

GO HERE to donate for a Brick >>>>>>>>



go to l5pcac.square.site

Dr. Roof

OFFICIAL ROOFER OF

Hairy's Dawg House

Roof Replacement | Roof Repairs
Siding | Windows

(770) 450-8853



SCAN ME



SHUMATE



Dr. Roof
Roofing – Siding – Windows



CELEBRATING 29 YEARS

During these uncertain times,
HammerSmith is here for you.
Start planning today for how to
live better in a changed world.



HammerSmith
Live Brilliantly

HAMMERSMITH.NET

404.377.1021

Cheers to All of Our Clients!

COMPASS

In celebration of our 20th year in real estate, we want to thank all of our past clients for entrusting us not only in helping them but also for referring us to help their friends and family find their home in the world.

Whether buying or selling, we have always been committed to serving our clients with exceptional first class service, true advocacy and resources that result in their real estate dreams coming true!

We are proud to say that we have helped over 300 clients find their place in Atlanta and beyond...For us home has been in Lake Claire where we have lived in 4 different homes over the last 25 years.

We truly love working and living Intown and sharing everything our beautiful city of Atlanta has to offer!



Lee & Darlene Real Estate Team
Your Atlanta Neighborhood Realtors

404.932.3003 | 404.668.6621
leeanddarlene@compass.com

L&D
TEAM

BankSouth
BANKING • MORTGAGE
Alex Williams | 678.229.8058

Compass is a licensed real estate broker and abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. No statement is made as to the accuracy of any description. All measurements and square footages are approximate. This is not intended to solicit property already listed. Nothing herein shall be construed as legal, accounting or other professional advice outside the realm of real estate brokerage. Rules & Exclusions apply. Compass offers no guarantee or warranty of results. Subject to additional terms and conditions.

Halloween 2021



Halloween 2021



Navigating the Aisles with Wellness in Mind

By Gail@AlignHealthCoaching.com

OUR ALIGN GUIDE TO GROCERIES

Though it's something most of us do several times per month, going to the grocery store can still be pretty intimidating for many people trying to improve their well-being through healthier food choices. That's why we've created our Align Guide to Groceries! With these tips on your side, you can shop stress-free.

KNOW BEFORE YOU GO

Meal planning and making a grocery list ahead of your trip will help ensure your shopping stays on track. Whether you go analog and write your list down on paper, or prefer to use your phone to keep track of needs, plan everything in advance to avoid snack aisle temptations or impulse buys.

FIRST UP - PRODUCE, PRODUCE, PRODUCE

Did you know the key element missing in most diets today is fresh fruits and vegetables? Eating plenty of produce guarantees your body is getting all the phytochemicals, nutrients, and vitamins it needs to be healthy. Here are our favorite tips for navigating the produce aisle:

- **Shop SLO**

Whenever you can, choose fruits and vegetables that are seasonal, local, and organic. Food that's in season will always taste better, and is more likely to be fresh. Shopping local means there is less time between your produce being harvested and you eating it. That means you can get more nutrients out of every bite. We've talked about the importance of eating organic before, but choosing certified-organic groceries means you can make sure you're getting the proper levels of phytonutrients.

- **Eat your rainbow**

The secret to getting all the nutrients you can out of your produce is making sure your fruits and veggies are made of as many colors as possible. Deep greens, like kale or collards, will help strengthen your immune system, nourish your nervous system, and ward off depression or anxiety. Red fruits and veggies, like pomegranate or radishes support heart and brain function, especially memory. Orange fruits and vegetables are full of beta carotene and vitamin C—great for improving eye health. Yellow fruits and vegetables improve circulation. White fruits and vegetables reduce blood pressure and

LDL cholesterol. Blue and purple foods are rich in antioxidants and can prevent early signs of aging and heart disease.

- **Get your flavors naturally**

Rather than loading up on salts or artificial flavorings, opt for rich flavors that come from whole foods. Garlic, ginger, and onions are known for their anti-viral and anti-bacterial properties and they are often used as natural antibiotics. Keep fresh herbs, garlic, onions, and ginger in your kitchen year-round. In addition to offering a wide variety of nutritional benefits, these staples can take a healthy dish from bland to bravo.

- **Switch up your sweets**

There are few things more tempting than the aisles of candy and cookies in any American grocery store. While the occasional sugary sweet is well-deserved... the key word there is occasional. Instead of artificially sweetened treats, get your sweet craving fix through sweets from the earth. Eating sweet vegetables helps reduce sweet cravings. Sweets like cookies, cakes, and ice cream can be crowded out by naturally sweet cooked vegetables like delicata squash, butternut squash, carrots, yams, sweet potatoes, and onions.

GET YOUR PROTEIN ON

We all need protein in our diets from some form. Whether you get your protein from animal or plant sources, it's crucial for building cells, maintaining

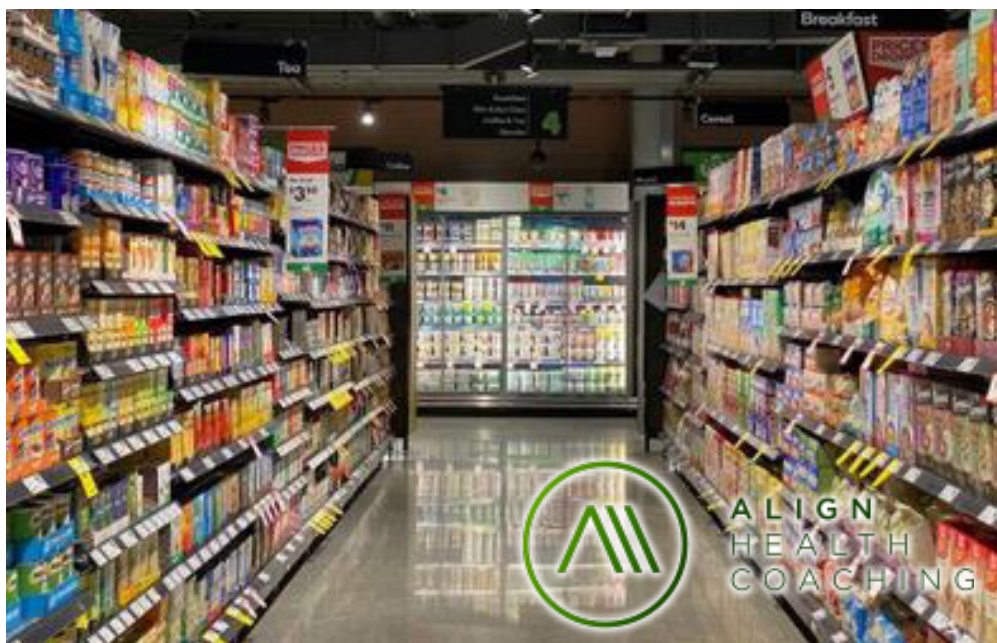
tissue integrity, and producing critical enzymes and hormones.

- **Getting protein from animals**

Be sure to check the dates when buying fresh animal products, and look for the terms organic, pasture-raised, and certified humane on labels. Animal products and byproducts that are certified-organic come from animals raised on organic feed without antibiotics or hormones. Pasture-raised means that the animals are allowed to roam freely and eat what is natural to them. Certified humane typically means the animals are free to behave naturally, have sufficient access to the outdoors, and slaughterers are held to higher standards, minimizing the animals' pain.

- **Getting protein from plants**

It's easy to resort to highly processed imitation meat products when cutting down on animal protein. These products may seem helpful for someone transitioning from a meat-heavy diet, but it's important to focus on natural, whole products. If you're looking to decrease the amount of animal protein in your diet, quinoa or chia seeds may be what you're looking for. Lentils also pack a punch of protein, standing in at 18 grams of protein per cooked cup. Chickpeas and other beans are an easy way to add protein to salads and soups. Oatmeal is a great way to start your day with a plant-based protein.



Navigating the Aisles with Wellness in Mind

- **Getting protein from seafood**

Seafood is another important source of protein. It's a great source of omega-3 fatty acids, which keep our heart and brain healthy. You might want to experiment with fresh fish and seafood like salmon, cod, sardines, and mackerel. There are a few things to keep in mind though when buying and eating seafood. First, smaller fish are a better bet usually. They tend to swim closer to the surface of the water, which means they typically carry less mercury. When buying whole fish take a good look at the eyes and the gills—the eyes should be clear (not glazed over) and the gills should be red. Fish should also have tight skin and a clean smell. Fish fillets and steaks should be bright and clean in color—not murky. Always ask when the fish came into your store. If it's been sitting on display for more than a day don't buy it. And most importantly, buy wild caught and not farm raised fish.

- **Getting protein from eggs**

Eggs boast a great balance of protein and fat. They're a complete protein, which means they provide all the essential dietary amino acids the body needs. They also contain healthy amounts of vitamin D. Eggs are a great, quick, and easy way to add protein to a meal of grains and vegetables, especially if you're on a budget! When buying eggs, look for the terms certified-organic and pasture-raised. When it comes to white eggs versus brown eggs, there's no real difference in the quality or nutritional value. So eat the ones you like!

LET'S TALK ABOUT DAIRY

Dairy is a topic that provokes a lot of conversation. Many people argue that dairy can lead to digestive issues, allergies, and/or mucus, while others enjoy dairy symptom free. The truth of it is that some people react badly to dairy, while some people can eat with no problems at all. Some people can't eat any dairy whatsoever, while some of you might realize you can only eat certain kinds or need to watch your consumption levels.

If you can eat dairy, there are some guidelines to follow.

- **Once more with feeling—opt for pasture-raised, certified-organic, and grass-fed**

Choose dairy that's high-quality and follows our golden rule for shopping. Healthy cows,

and other dairy producing animals, produce healthy dairy. A cow that's pasture-raised and grass-fed will get ample time outdoors, which gives them lots of time to absorb the sunshine—a source of Vitamin D.

- **Ghee whiz—ghee is delicious!**

Ghee is clarified butter. It can add a delicious nutty flavor to vegetables, and you can also add it to grains after they've been cooked.

If dairy isn't a friend of yours or your digestive system, you still have plenty of options!

- **Dairy-free milk has never been better**

We are living in the boom-times of alternative milks. Nut milks are all the rage. At most grocery stores, you can find almond milk but consider trying more nut milks too like hazelnut milk or pistachio. You can also find and enjoy milk from rice, oat, or coconut. When looking for non-dairy milk, choose one that has certified organic ingredients, has the fewest number of ingredients on the label, and make sure it's unsweetened – sweeteners can add up to 25 grams of sugar per cup!

WE HAVE MUCH TO GAIN FROM GRAINS

Most supermarkets carry a variety of grain options, including gluten-free and/ or wheat-free items. Grains get tricky though (like most things) when it comes to marketing. Many products boast that they're chock-full of whole grains, but a quick glance at the label reveals that very minimal grains were included in the food product. This is where your detective skills come into play! The key is finding products made from whole grains.

What are whole grains? They're grain products where all parts of the grain are left intact.

Here are a few more tips:

- **Take a grain-first approach**

When you're checking your grain's ingredient list, you want to make sure a whole grain is the first ingredient. If the ingredients listed first look like, wheat, enriched wheat, or enriched flour—they're trying to trick you!

Check the ingredient list on a product claiming to be whole grain. A whole grain should be listed first in the ingredients – not “wheat” or “enriched wheat” or “enriched flour.”

- **Know the whole story on whole grains**

To identify a whole grain as the first ingredient in your grain, you need to

know your grains! Wheat grains include bulgur, cracked wheat, spelt, and wheat berries. Wheat-free and gluten-free grains include amaranth, buckwheat, corn, millet, rice and quinoa – which is technically a seed. Oats are inherently gluten-free, but cross-contamination during growing and processing is common so check the label if you have gluten sensitivity.

FATS ARE GOOD FOR YOU - HEALTHY

FATS, THAT IS

Healthy fats are essential to good health. Fats are needed for everything from brain function to vitamin absorption. You can get great healthy fats from oils, nuts, seeds, coconut, and avocados.

When choosing oils at the store, there are a few things to keep in mind. Avoid hydrogenated and bleached oils. Select olive oil with an expiration date, olives are sourced from one country, and has a lot number. Look for brands that are cold pressed and unrefined.

Don't be afraid to switch it up! Olive oil is delicious drizzled directly onto salads and grains. Sesame oil lends a unique, nutty flavor – you can get hot sesame oil or toasted sesame oil to mix it up and suit your taste. Coconut oil lends a smooth coconut taste. There's also almond, avocado, and hazelnut.

Heat and light speeds up the rancidity of oils, so you never want to keep them near a window or hot stove. Keep them in a cupboard that stays cool and doesn't get light. Also, look for oils in dark bottles when possible. Oils are great natural body moisturizers too. You can use coconut oil to prevent stretch marks and smooth the skin, avocado oil to revive dry, brittle hair, and sesame oil for a healthy massage.

GET ON TOP OF CONDIMENTS

Who doesn't love condiments? The condiment aisle is your go-to source for whatever you need to make your food taste exactly how you want. Stocking up on condiments is a great way to make sure you can always host a memorable dinner part. When cooking for a group, let guests personalize their plate by adding flavors from all the condiments you have. Condiments can be adjusted so easily, and they keep well in the fridge so you don't have to constantly replace them. Win-win!

We do have a few suggestions, though, for shopping condiments.

- **Tamari**

Tamari is a gluten-free soy sauce that can be

Navigating the Aisles with Wellness in Mind

used on grains, soups, vegetables, and pretty much any recipe that calls for salt.

- **Seaweed flakes**

Salt is delicious, but not particularly great for you. Seaweed flakes, however, are a great salt alternative.

- **Apple cider vinegar**

Try apple cider vinegar for a sour, tangy flavor, or balsamic if you want something a little sweeter.

- **Nutritional yeast**

Nutritional yeast is a great condiment that adds a cheesy flavor to foods and contains a lot of protein and B vitamins.

- **Looking for spice or nutty flavors?**

Hot peppers, sesame oil, or cayenne pepper sauce are great options for adding heat. If you're looking for a nutty flavor, try sesame salt, tahini, or nut butters.

FLAVOR TOWN: HERBS, SPICES, AND

SWEETENERS

Let's get into flavors.

Herbs and spices taste great and have many powerful health benefits. Well, they have powerful health benefits when they're unprocessed and

organic. Experiment with spices and seasonings to determine which ones you prefer. Here are our tips:

- Herbs like basil, oregano, thyme, and bay

leaves complement everything from lighter fish and chicken to meats like steak and lamb. They're also great on whole grain bread with garlic and olive oil.

- Coriander, cumin, and ginger help to reduce gas caused by beans.
- Cinnamon, cloves, coriander, ginger, cardamom, and nutmeg enhance the flavors of sweet vegetables and make them more digestible. They can also improve the digestion of dairy, fruit dishes, and desserts.
- What about salt? When shopping for salt, look for naturally harvested sea salt, which has a gray-ish tint and looks almost damp because it hasn't been bleached and therefore retains many of its important natural qualities.

What about sweetening? We recommend that you get whole, naturally sweet foods in your diet – this way you can satisfy a sweet tooth without deprivation. There are tons of all-natural sweeteners that can add a sweet, nutritious touch without all the chemicals. Honey is delicious, and is a great way to combat seasonal allergies, especially if you buy the local raw, unrefined type. Maple syrup is a great way to add minerals to your diet, and can add a unique flavor to more than just pancakes and waffles. Many people

enjoy baking with maple syrup. Keep in mind to keep your sugar consumption to under 20 grams of sugar a day.

FEEL EMPOWERED TO EXPLORE YOUR STORE

As you investigate the products your store has to offer, keep an open mind, experiment, and don't be afraid to try new things. Each time you visit the supermarket, act as if it's your first time and try something new. Check out what other people have in their carts. If it looks interesting, ask them about it – what it is, what it tastes like, and how to prepare it.

The organic and natural food industry is growing so rapidly, it's likely you'll find a new product every time you step into the store. We hope you've enjoyed our top tips for exploring the supermarket. Now it's your turn! We challenge you to take your very own supermarket tour and develop a list of your favorite tips and tricks to share with your classmates, family members, friends, and of course your future clients. by Gail@AlignHealthCoaching.com

ONE MINUTE YOU'RE 21, STAYING
UP ALL NIGHT DRINKING BEER,
EATING PIZZA AND DOING SKETCHY
STUFF JUST FOR FUN.

THEN...

IN A BLINK OF AN EYE YOU'RE 60,
DRINKING WATER, EATING KALE
AND YOU CAN'T DO ANY SKETCHY
STUFF, BECAUSE YOU PULLED A
MUSCLE PUTTING ON YOUR SOCKS.

CPForever@CandlerPark.Org



CLEAN CAR CAMPAIGN

Please assist our community,
as we attempt to manage our crime!



We are having a tremendous increase in thefts from automobiles. This is primarily a result of motorists leaving valuables inside of their vehicles. The only "fool-proof" initiative to combat such thefts is for motorists to ensure they leave zero valuables inside of their vehicles!

DIAL 911 TO REPORT SUSPICIOUS ACTIVITY



WE ARE AVAILABLE FOR ALL YOUR PLUMBING REQUIREMENTS

- ✓ Home Plumbing Repair
- ✓ Leak Detection and Water Line Repair
- ✓ Commercial Plumbing and Repair

Please call our 24-hour emergency hotline number if you have any plumbing emergencies.



(404) 721-1196

atlantaplumbersguild.com
corey@atlantaplumbersguild.com

10 Executive Park West, 567, Brookhaven, GA 30329



USE YOUR PHONE'S CAMERA TO INTERACT WITH US

APPLICATION DEADLINE:

Half Day
3 - 5 year olds
January 10, 2022



APPLICATION DEADLINE:

Kindergarten - 12th
February 1, 2022

THE PAIDEIA SCHOOL

Celebrating 50 Years

"School should be a place one looks forward to going to in the morning and is somewhat reluctant to leave at the end of the day."

Dr. Newt Hodgson

PAIDEIASCHOOL.ORG

1509 Ponce de Leon Ave. Atlanta - 404/270-2312

Paideia does not discriminate on the basis of race, religion, ethnic group, gender, or sexual orientation.

For all your real estate needs...



Sherry Warner Homes



Sherry Warner COLDWELL BANKER REALTY
Associate Broker & Lake Claire resident

404 784 8848 mobile

404 874 2262 office

sherry@SherryWarnerHomes.com



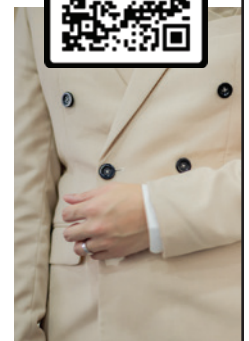
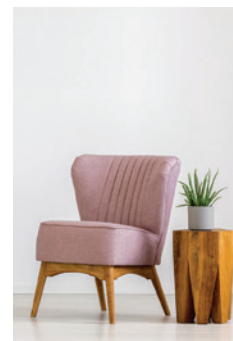
Affiliated real estate agents are independent contractor sales associates, not employees. ©2020 Coldwell Banker. All Rights Reserved. Coldwell Banker and the Coldwell Banker logos are trademarks of Coldwell Banker Real Estate LLC. The Coldwell Banker® System is comprised of company owned offices which are owned by a subsidiary of Realty Brokerage Group LLC and franchised offices which are independently owned and operated. The Coldwell Banker System fully supports the principles of the Fair Housing Act and the Equal Opportunity Act.

FINDERS  KEEPERS
CONSIGNMENT
WOMEN . MEN . FURNISHINGS

CONSIGN WITH US
YOU LIKE THE FINER THINGS
SO DO WE!

CONSIGN YOUR FINER THINGS IN YOUR COMMUNITY.
OFFERING FINE FASHIONS AND ACCESSORIES FOR YOU AND
YOUR HOME AT OUR FOUR LOCATIONS.
FINE FASHIONS & ACCESSORIES FOR HER, FOR HIM,
AND FOR HOME

www.fkconsign.com
AVONDALE ESTATES & DECATUR



October Neighborhood Crime Reports

By Kerry Dobson (safety@candlerpark.org)

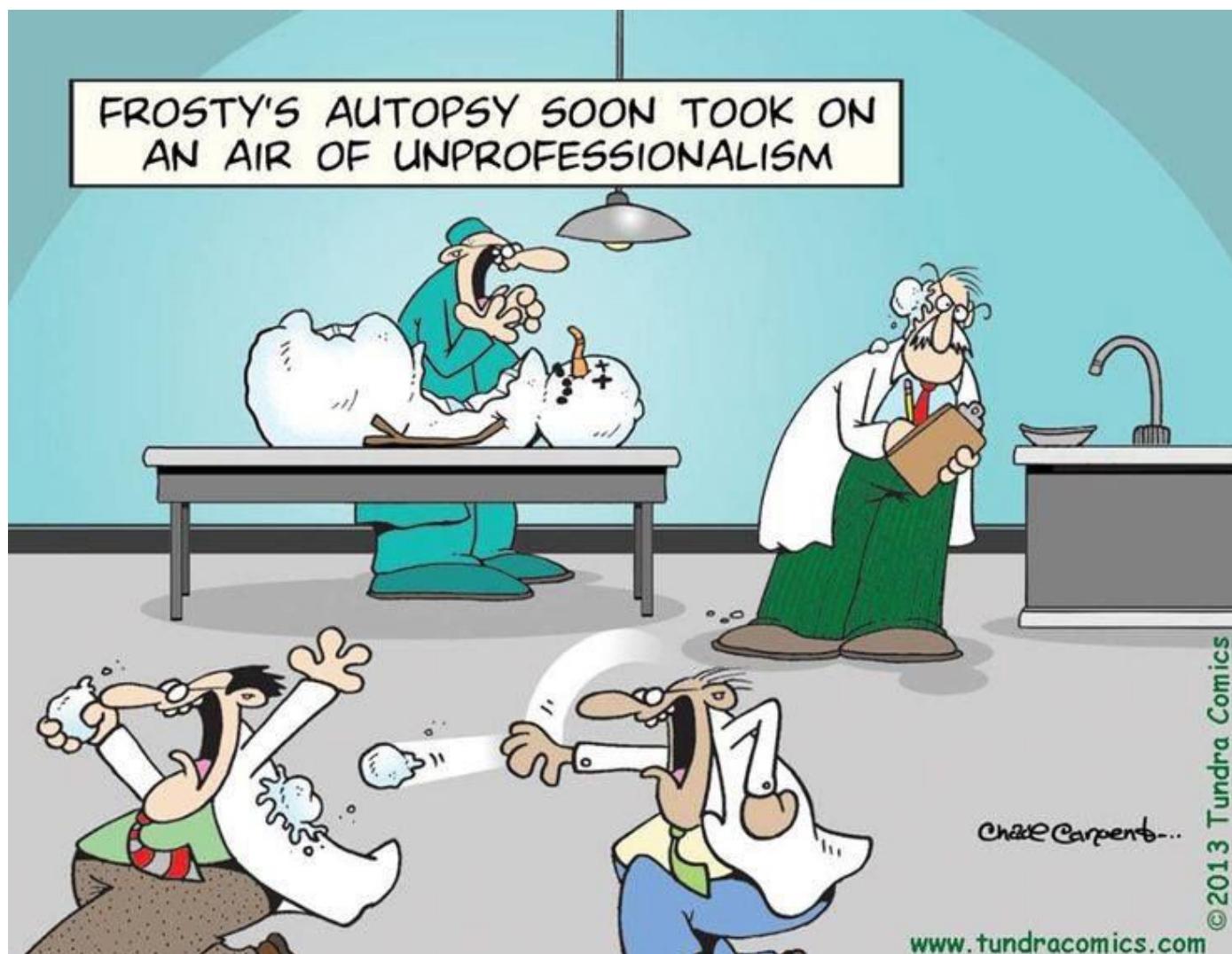
A long-time and popular feature in the Messenger was the neighborhood crime reports. They were discontinued in May 2017 when the Atlanta Police Department (APD) stopped providing us the information. Now they are back and available on-line. Here's the link: <https://www.atlantapd.org/community/apd-zones/zone-6-542/-/folder-48>

The information for Candler Park for July and August, extracted from this file, is below. Look for similar reports in future issues of the Messenger.

It's worth noting that most crimes are larceny from vehicles, a reminder to maintain a clean car—leave nothing visible—and that neighbors should tell guests and visitors to do the same.

SEPTEMBER CRIME REPORT, CANDLER PARK

Date	Day	Time	Location	Description
10/2/2021	Saturday	18:49	Josephine/Dekalb Ave	larceny-from vehicle
10/7/2021	Thursday	15:32	1200 block of Dekalb Ave	larceny-from vehicle
10/9/2021	Saturday	17:00	400 block of Page Ave	larceny-from vehicle
10/12/2021	Tuesday	17:30	400 block of Moreland Ave	larceny-from vehicle
10/13/2021	Wednesday	13:02	400 block of Moreland Ave	larceny-from vehicle
10/16/2021	Saturday	18:45	1600 block of McLendon Ave	larceny-from vehicle



Novembr 15 CPNO Members meeting (Virtual)

- Draft Minutes

The meeting was called to order at 7:01 pm by Emily Taff, Vice President. The motion to adopt the corrected agenda passed. The motion to approve the October minutes passed.

Guest Speakers:

- Zone 6 Officer-not present
- Lauren Welsh-Executive Director of CID and Little Five Point Alliance
Lauren shared the accomplishments of these organizations over the past two years. She is requesting a \$2500 donation for 2022.
- Christine Hodgen-Infrastructure Committee
 1. The 25mph speed limit on McLendon Avenue will be implemented by the end of the year.
 2. The DeKalb Avenue construction will take a year; it will remain open to traffic; the middle lane will be removed.

Announcements:

- Kelly Stocks announced the dates

for events in Little Five Points- Nov 27-Christmas Bazaar ;Dec 4 Children's Bazaar; Dec 5- Family Photo Day; Dec 22-last minute Christmas shopping.

- Erica Gonzalez announced the Paideia Annual Field Day will be April 15, 2022. Motion to support the Paideia Field Day on 4/15/2022 passed.
- Freedom Park Conservancy will have a day of planting around the Chimney Swift Tower at the corner of Oakdale and North on November 20th at 1 pm.
- Amy Stout, External Affairs Officer, announced the results of the NPU N voting on Z-21-74 and Z-21-85. NPU did not support either ordinance.

Election of Officers

Motion to elect the 2022 Slate of Officers passed.

The Officers for 2022 are:

President-Emily Taff;

Treasurer - Amy Wheeler;

Secretary - Bonnie Palter (incumbent);

Membership - Roger Bakeman (incumbent);

Fundraising - Hallie Meushaw;

Zoning - DJ Roedger;

Public Safety - Kerry Dobson (incumbent);

Communications - Ryan Anderson (incumbent);

External Affairs - Amy Stout (incumbent)

Treasurer Report: Karin Mack

There was \$780 in donations in October. \$4,000 was paid out to the Little Five Points Alliance.

Fundraising and FallFest Update: Matt Hanson and Amy Wheeler

The Festival lost \$15,000 due to fewer sponsorships, smaller artist market, increase expenses for security and sanitation.

The meeting was adjourned at 8:14pm.

Submitted by Bonnie Palter, Secretary

CPNO Membership Application

All who live in Candler Park, or own property or a business in Candler Park, are eligible to join. Mail this application or visit our website to join or renew candlerpark.org

Name: _____

Address: _____

Email: _____ Date: _____

Business applicants

Name of business: _____

Address of business: _____

Name of designated agent: _____

Agent's Email: _____ Date: _____

Optional contributions

Membership in CPNO is free, but we welcome optional contributions. To contribute, please visit our website candlerpark.org/donate-to-cpno or mail a check with this application. Typical contributions range from \$10 to \$100.

If sending by mail, please address to:
CPNO Membership
P.O. Box 5418, Atlanta GA 31107

CPNO Officer and Committee Report for November

Zoning-Emily Taff

Due to a lack of agenda items, the Zoning Committee did not meet for the regularly scheduled meeting on November 3. A revised variance request for 1312 McLendon (V-21-202) was received too late for the Zoning Committee to review and will be deferred to the December 8 Zoning Committee meeting.

fun fitness

Biz Card

Sponsors eager for your business!

The following are sponsors* in other community newsletters published by KDA & Tiehs Publishing. **BOLD LISTINGS** have an advertisement in this publication. (* Included sponsors have met purchase criteria.)

CP87N

A/C & Heating

Anytime Heating & Cooling, Inc.	678-606-9020
Dayco Systems	770-919-9509
Neesse-Jones Heating and Cooling	678-856-4785
Precision Heating & Air	770-445-0870
Shumate Air Conditioning & Heating	678-584-0880
Superior Indoor Comfort	770-664-9098
Zen Air	678-883-7868

Accountants

Signature Accounting Services, LLC.	770-975-1609
-------------------------------------	--------------

Alarm Systems

EMC Security	770-963-0305
--------------	--------------

Assisted Living

Manor Lake BridgeMill	678-990-5055
Tapestry House Assisted Living	678-234-1074
The Arbor at Bridgemill	770-545-6736

Auto Detailing

Polished Peach Car Wash	770-592-8102
-------------------------	--------------

Automotive Sales

Cory Sims "Big, Tall, Bald Guy"	706-618-0811
---------------------------------	--------------

Bathroom & Kitchen Remodeling

Affinity Kitchen & Bath/Affinity Stoneworks	770-346-9888
Miracle Method-North West Atlanta	888-545-6516

Concrete Leveling

Advance Concrete Lifting & Leveling	678-235-9322
-------------------------------------	--------------

Concrete Replacement

McKerny Concrete & Hardscapes	678-914-2576
-------------------------------	--------------

Consignment

Finders Keepers	404-296-0285
-----------------	--------------

Dentist

Acworth Dental	770-974-4146
Acworth Family Dentistry	770-974-8211
BridgeMill Dentistry (Scott Merritt, DMD)	770-704-1812
Cumming Dental Associates	404-408-9811
Distinctive Dentistry	770-445-6606
Esthetic Dental Solutions	678-352-1333
Family Dentistry at Seven Hills	678-574-4837
Northpoint Dental	678-274-6987
Roswell Dental Care	770-998-6736
Swords & Phelps Dentistry	770-479-3713

Design & Build Services

HammerSmith, Inc.	404-377-1021
-------------------	--------------

Electrical Service

Arc Angel Electric Corp	470-239-5568
Mr. Electric of Canton	678-408-7174
Rocket Electric	770-288-5855
ServiceWise Electric, LLC	404-704-4903
Shumate Electrical Services	678-584-0880

Eye Care

Pearle Vision-Woodstock	770-790-0000
-------------------------	--------------

Fitness Centers

Senergy Fitness	470-282-5225
-----------------	--------------

Funeral Homes

In Their Honor of Jasper Funerals &	706-253-5060
-------------------------------------	--------------

Garage Doors

Platinum Overhead Door	678-329-3100
------------------------	--------------

Golf Courses

Club Corp Golf Clubs	770-389-2000
Club Specialists Bentwater LLC	770-769-3749

Golf Equipment & Supplies

Golf Cars of Canton	678-880-1156
---------------------	--------------

Handyman

Shumate Handyman Services	678-584-0880
---------------------------	--------------

Hardware Stores

Ace Hardware of Toco Hills	404-325-8000
----------------------------	--------------

Home Exterior Makeover

Exovations-Home Exterior Makeover	770-205-2995
-----------------------------------	--------------

Home Furnishings

ARIANA Home Furnishings & Design	678-807-7422
----------------------------------	--------------

Home Improvements

Exovations	770-205-2995
GHIR Construction	404-922-7379

Insulation

Koala Insulation-NW Atlanta	770-765-1580
-----------------------------	--------------

Insurance

State Farm-Matt Cresap	770-982-0064
The Upton Agency	770-361-6570

Lawn Care

Turf Technologies	470-772-2362
-------------------	--------------

Mortgages

Loan Depot Jeff Zulauf	770-597-2160
------------------------	--------------

Nursery

Autumn Hill Nursery	770-442-3901
---------------------	--------------

Painting

360 Painting	770-213-5071
Chris Brown Painting & Home Repair	770-323-3148
Earthly Matters Painting and Contracting	770-346-0203
Verge Painting and Siding	678-331-1102

Performing Arts

Schwartz Center For Performing Arts	404-727-8769
-------------------------------------	--------------

Pest Control

Breda Pest Management	770-466-6700
Legacy Pest Control	770-423-0160

Plumbing

Bryan Plumbing Services	770-826-5277
Plumbwise, Inc.	678-862-7758
Serv'all Plumbing & Rooter Service	770-917-1852
Shumate Plumbing Services	678-584-0880
Sundial Plumbing	770-427-1998
The Plumbers Guild	404-694-5128

Pre-Schools & Kindergarten

Omega Learning Center-Acworth	770-792-7431
Primrose School of Acworth Bentwater	770-529-3925

Propane Service

Gas Incorporated	770-720-1378
------------------	--------------

Real Estate

Atlanta Communities-Carl Hawthorne	404-403-1789
Atlanta Communities-Jennifer and Associates	770-403-5639
Berkshire Hathaway Home Services-Blumer	678-858-4927
Coldwell Banker Realty-Jimmy Payne	404-432-0466
Coldwell Banker-Sherry Warner	404-784-8848
Compass Realty-Gipson and Co.	404-405-5363
Compass Realty-Lee and Darlene Team	404-932-3006
Compass Realty-Natalie Gregory Team	404-373-0076
Cory & Co. Realty	404-564-5561
Harry Norman Realtors-Pam Hughes	404-626-3604
Keller Williams Realty-Cynthia Baer	678-358-3369
Keller Williams-Linda Jacobs	770-337-2006
Park Realty-John Morgan	770-655-9423
Remax Around Atlanta-Falkin	770-330-2374
ReMax-Sarah Terrell	770-928-6525
Russ Robinson Atlanta Communities	770-335-7677
Sever Group Properties/State Farm-Grant	678-849-6884

Remodeling

GCI Basements	404-569-8794
Serv'all Plumbing-Remodeling	770-917-1852

Restaurants

Beau Monde Cigar Bar & Restaurant	770-559-1987
Luna Maya	770-720-4999

Retirement Community

Holbrook/Dogwood Forest	404-445-7777
-------------------------	--------------

Roofing

Dr. Roof	770-552-7663
Earthly Matters Painting and Contracting	770-346-0203
Exovations-Roofing	770-205-2955
M&A Roofing and Restoration	404-632-8381

Schools-Private

McGinnis Woods Country Day School	770-664-7764
The Friends School of Atlanta	404-373-8746
The Paideia School	404-271-2312
Woodward Academy	404-765-4001

Security Systems

Classic Entry Systems	678-330-1111
-----------------------	--------------

Siding

Exovations-Siding	770-205-2995
-------------------	--------------

Tree Service

The Davey Tree Expert Company	770-451-7911
-------------------------------	--------------

Water Heaters

Serv'all Plumbing-Water Heaters	770-917-1852
---------------------------------	--------------

Window Replacement

Exovations-Window Replacements	770-205-2995
Visionaire Windows	404-543-9306



PEST CONTROL



MOSQUITOES



WILDLIFE



TERMITE

Check out your Local Pest Index.
We are here to help, because with Breda,
You **NEVER** have to be Afraid'a...Bugs.



Scan the QR code to view your area's Pest Index
or visit us online at www.BredaPest.com

470-317-7335



WE LIVE, LOVE, AND **SELL** CANDLER PARK



SOLD! \$31,000
ABOVE LIST PRICE!

CYNTHIA'S AVERAGE
LISTINGS IN 30307

4 DAYS ON MARKET
105% OF LIST PRICE



SOLD! \$15,000
ABOVE LIST PRICE!

"I've bought and sold four houses with Cynthia - and I truly couldn't recommend her more! Cynthia sold both of my homes in Candler Park for well above asking price and helped me buy two under asking price. She is a talented negotiator, but never pushy - she really listens to her clients and at the same time has incredible instincts for the market"
- Sloan Smith, Candler Park



315 W PONCE DE LEON AVE SUITE 100
DECATUR, GA 30030

KW METRO ATLANTA
KELLER WILLIAMS REALTY



678.358.3369
WWW.CYNTHIABAER.COM
CYNTHIA@CYNTHIABAER.COM



COMPASS

Thinking of Selling?

Is now the best time? What should you do to get the highest price and reduce the stress?

Looking to Buy?

Let us share our secrets to "getting a good deal" in this fast-paced market.

Give us a call anytime!

Jo Gipson, Candler Park Resident since 1995; Realtor since 2002



UNDER CONTRACT 334 Brooks Avenue NE | 3 Beds | 1 Bath | \$545,000

GIPSON GROUP ATL

direct 404.405.5363 | main 404.668.6621

jo@gipsongroupatl.com

@gipsongroupatl f @GipsonGroupATL

JULIE BEATY

Vice President & Mortgage Banker

direct 404.456.1725

julie.beaty@amerisbank.com



AMERIS BANK



Member
FDIC

Compass is a licensed real estate broker and abides by Equal Housing Opportunity laws. All material presented herein is intended for informational purposes only. Information is compiled from sources deemed reliable but is subject to errors, omissions, changes in price, condition, sale, or withdrawal without notice. No statement is made as to the accuracy of any description. All measurements and square footages are approximate. This is not intended to solicit property already listed. Nothing herein shall be construed as legal, accounting or other professional advice outside the realm of real estate brokerage.